

La Colle Saint-Michel / Saint-André-les-Alpes

Grande Traversée TransVerdon by mountain bike



Départ
La Colle Saint-Michel

Arrivée
Saint-André-les-Alpes

Durée
3 h 09 min

Distance
47,38 Km

Niveau
I cycle a lot

Thématique
Mountains

A demanding stage through rewarding, varied natural settings, alternating between significant climbs and technically challenging, playful descents. Here, the mountain-biking route leads you away from the Verdon Valley for a lovely 30km detour into the Issole Valley, tackling the slopes of Cordeil and Maurel Mountains. This valley also presents a rich array of green hues, thanks to dense forest dominated by conifers, including Scots pine, black pine, mountain pine and larch.

The route from La Colle Saint-Michel to Saint-André-les-Alpes by mountain bike

The route heads up northwards on the shoulder of La Coueste, then across the Plateau de Champlatte, before leading you down a long descent to the Verdon River, which you cross at Le Pont Clot. From Thorame-Basse, a track that can be used by cars passes around Le Petit Cordeil and climbs due south towards Maurel Mountain, via summer meadows. A rapid descent takes you to the Issole River and Saint André.

Don't miss

- Thorame Basse
- Panoramic views from Maurel's summit
- Saint-André les Alpes

