

# Excideuil / Thiviers

## La Flow Vélo



**Départ**  
Excideuil

**Arrivée**  
Thiviers

**Durée**  
1 h 43 min

**Distance**  
20,46 Km

**Niveau**  
I begin / Family

**Thématique**  
Nature & small heritage

This stage of the Flow Vélo plunges you into the heart of the natural beauty of the Dordogne and Périgord Vert. In Excideuil, you ride along the banks of the Loue. You'll need to put your feet up to stroll through the medieval town. Built by the Viscounts of Limoges, the Château d'Excideuil is a strategic site from which to watch over the passage from Périgord to Limousin. On Thursdays in Excideuil, the heart of the town becomes pedestrianized, and the colorful market is a must for lovers of local gastronomy. Continue into the heart of Périgord Vert! You'll cycle uphill and downhill, taking in many viewpoints and river banks... Once you're in Thiviers, stop to enjoy the town's many shops. A stopping-off point on the Chemin de Compostelle, Thiviers was surrounded by ramparts in the Middle Ages, its elevated position making it a sentinel, and a few buildings from this era still stand scattered along its narrow streets.

### The cycle route

Only on small shared roads with moderate relief. The end of the stage is uphill to reach Thiviers.

### Practical info

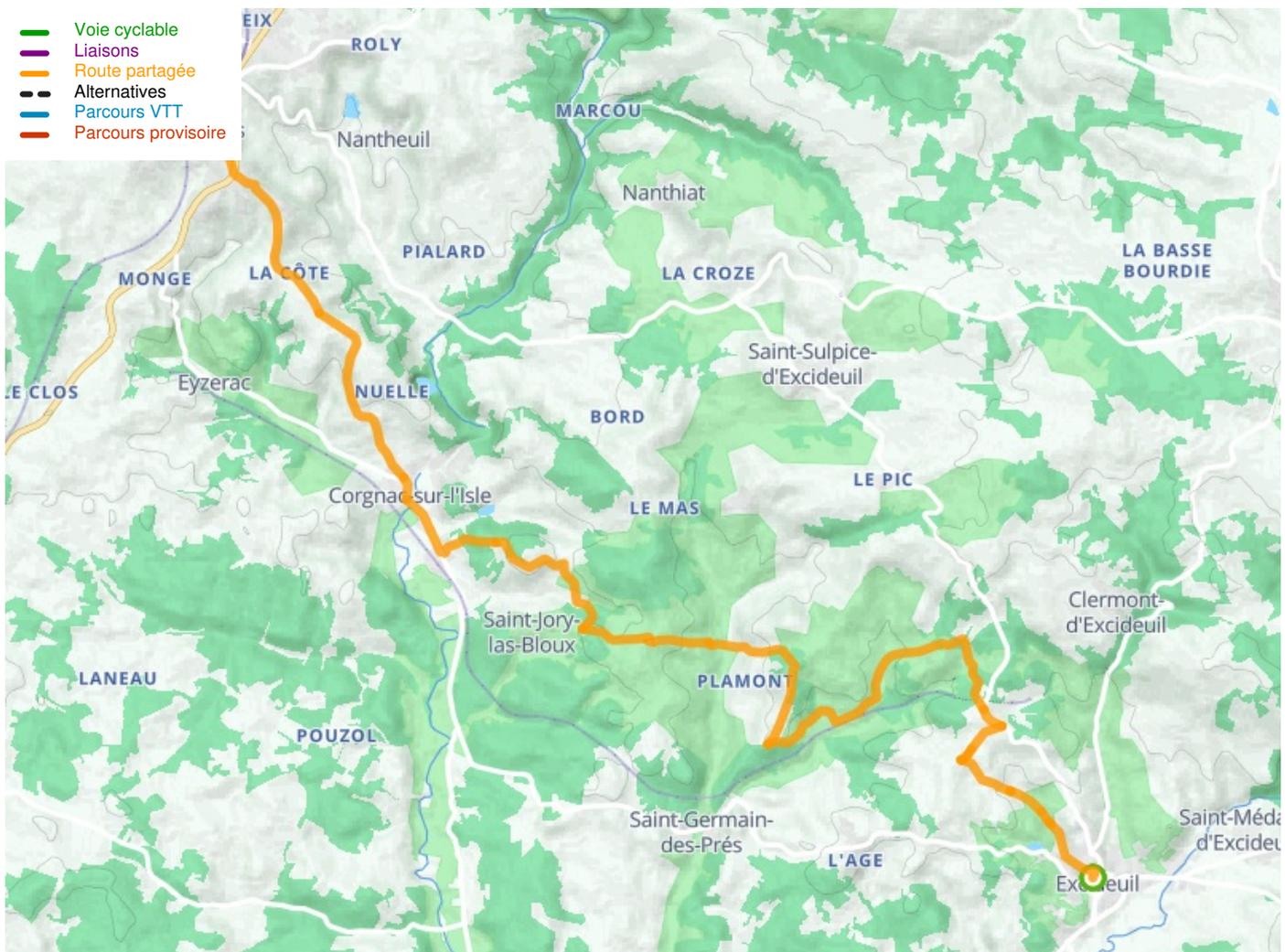
- Naturellement Périgord Tourist Office, 1 Pl. du Château, 24160 Excideuil - 05 53 52 29 79
- Thiviers Tourist Office, 8 Pl. du Maréchal Foch, 24800 Thiviers - 05 53 55 12 50

### SNCF

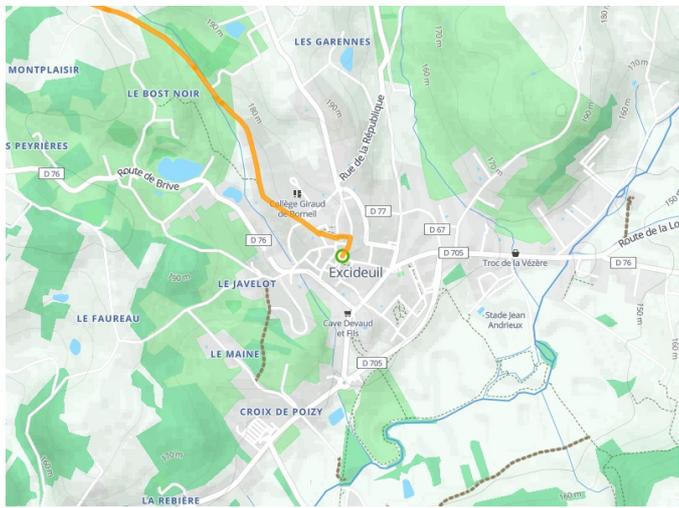
- Thiviers train station

### Don't miss

- Cognac sur l'Isle: its village, the bicycle rail system
- Thiviers: market, "Le curieux de Mr P." escape game
- Excideuil: market, family gold-digging courses, Terra aventura geocaching trail



**Départ  
Excideuil**



**Arrivée  
Thiviers**

