

# Marthon / Angoulême

## La Flow Vélo



**Départ**  
Marthon

**Arrivée**  
Angoulême

**Durée**  
2 h 23 min

**Distance**  
32,15 Km

**Niveau**  
I begin / Family

**Thématique**  
In the vineyards, Canals & intimate rivers, Nature & small heritage

La Flow Vélo now heads for Angoulême, French capital of comics and drawing. Following Le Bandiat's valley, the Coulée d'Oc greenway provides a tranquil route through the countryside and little villages embellished with beautiful Romanesque churches. At Chazelles, the Grottes du Quéroy provide a refreshing stop, with their underground maze of caves. The cycle route then meanders towards Angoulême, going along the Touvre – it's worth exploring this river's surprising sources.

### The route

La Flow Vélo continues along La Coulée d'Oc greenway, its surface tarmacked up to Angoulême. Then you alternate between stretches on greenways and on little-used streets, taking you to the Charente River and its banks, laid out as a 'coulée verte', or green corridor.

### Connection with EuroVelo 3 - La Scandibérique

From Marthon station, head north towards Montbron to follow the Scandibérique. To the south, La Scandibérique and La Flow Vélo follow the same route to Châteauneuf-sur-Charente.

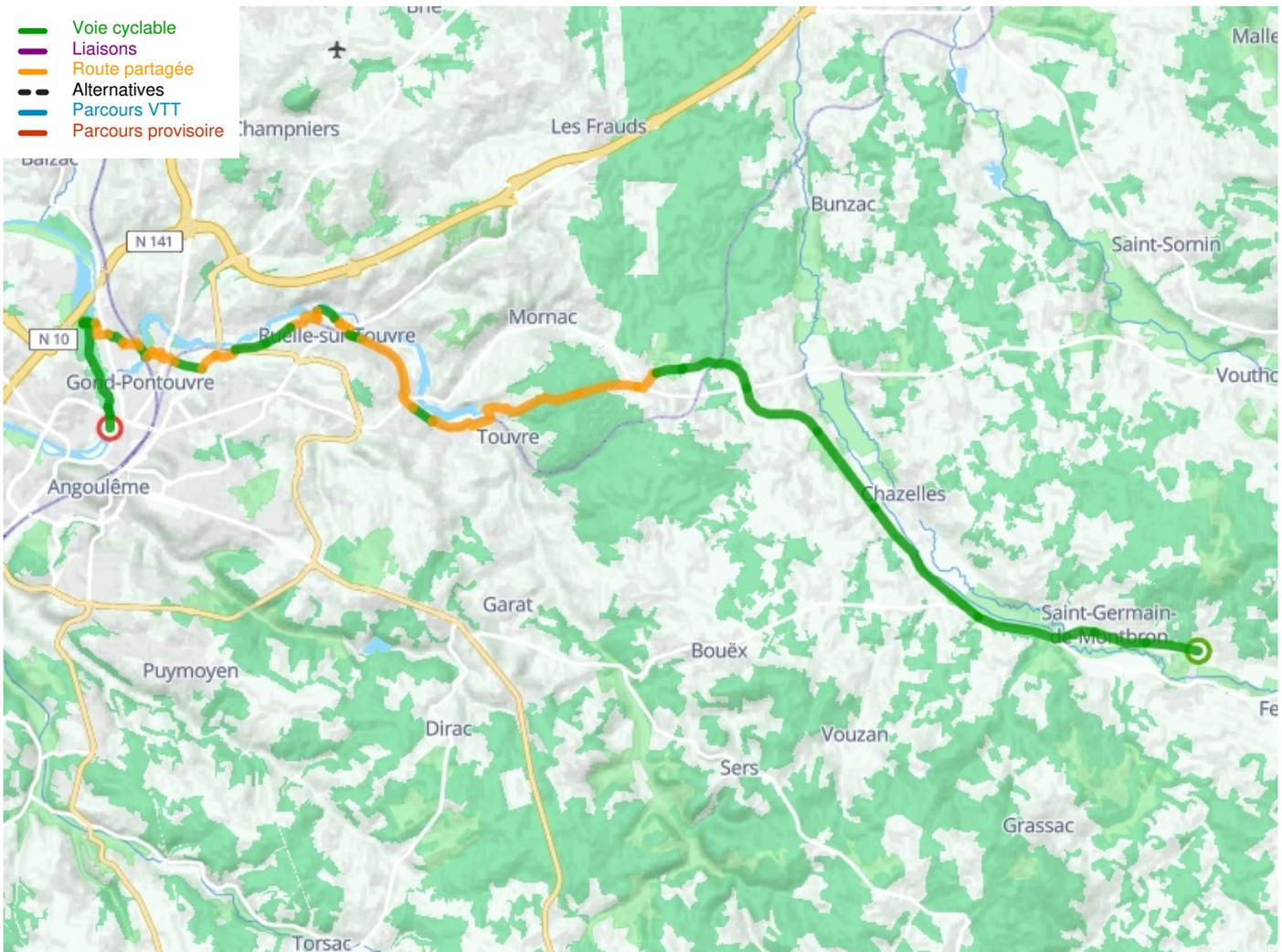
### Train stations

#### At Angoulême

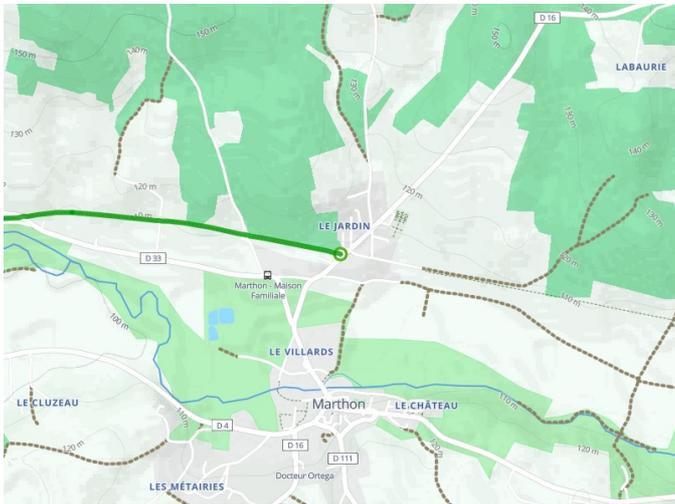
- Regional train line (TER) Angoulême - Châteauneuf-sur-Charente - Jarnac - Cognac - Saintes - Saujon - Royan
- Regional train line (TER) Angoulême - Poitiers
- Regional train line (TER) - Angoulême - Bordeaux
- Fast-speed train (TGV) Angoulême - Bordeaux, Angoulême - Paris; Angoulême - Poitiers

### Don't miss

- **Marthon:** Donjon de la tour du Breuil, la chapelle porte st jean
- **Saint Germain de Montbron:** Moulin de la chaume, watermill producing flour and artisanal oils, Jeux me régale, resto-games concept
- **Chazelles:** water mill - craft brewery, Quéroy caves - ancient prehistoric shelter,
- **Touvre:** the sources of the Touvre
- **Angoulême:** painted walls, comic strip museum, international city of comic strips and images, paper museum, drawing table, Poitou-Charentes regional contemporary art fund, Angoulême museum, Saint Pierre cathedral



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