

# Auray / Vannes

## La Littorale



**Départ**  
Auray

**Arrivée**  
Vannes

**Durée**  
2 h 09 min

**Distance**  
32,31 Km

**Niveau**  
I cycle often

**Thématique**  
Seaside

The best way of exploring the great enclosed bay of the Golfe du Morbihan (Little Sea in Breton) is by bike. You start by negotiating the enchanting waterside village of Le Bono, with its old suspension bridge and old oyster-farming areas. Close by, the neolithic burial mound, the Tumulus de Kernours, takes you back 5,000 years! Riding on in the direction of Vannes, stop at the Pointe d'Arradon, a headland boasting fabulous views of the little islands dotted around the Golfe du Morbihan, and with places at which to savour local oysters. You finish this stage by arriving at the Port de Vannes, just beyond the old city walls. It makes for a lovely ride, going from the marina into the historic town centre.

### The cycle route

Leaving Auray, you follow a cycle path towards Vannes that takes you across the Auray River, after which you cycle beside the D101 road for some 3km. Before reaching Le Bono, you need to dismount to push your bike across the suspension bridge. Next, continue along quiet country roads and stretches of greenway to the inland town of Baden, then on almost to Larmor Baden, a bay-side resort. After La Saline, you follow a path, then you have to cross to county roads before you reach the Moulin de Pomper, where you'll need to put a foot to the ground. In Arradon, you ride beside the D127, then the D101 road up to the city of Vannes, aided by a network of cycle lanes.

### Practical information

- **Office de Tourisme d'Auray** 3 Rue Louis Billet  
56400 Auray - 02 44 84 56 56  
<https://www.baiedequiberon.bzh/>
- **Golfe du Morbihan Vannes Tourisme** -  
Bureau de Vannes Quai Eric Tabarly 56000  
Vannes - 02 97 47 24 34  
<https://www.golfedumorbihan.bzh/>

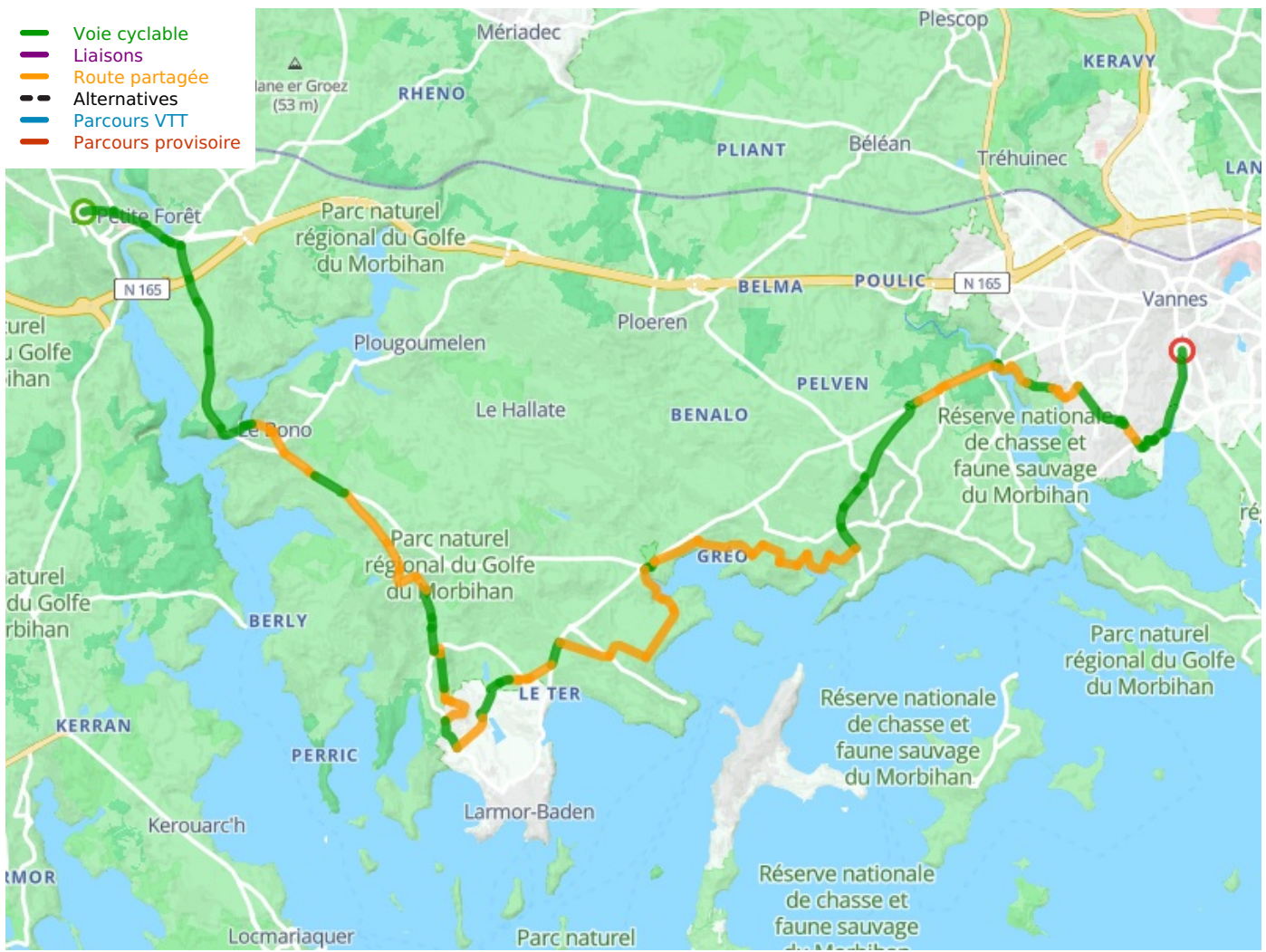
### SNCF

- Auray and Vannes train stations

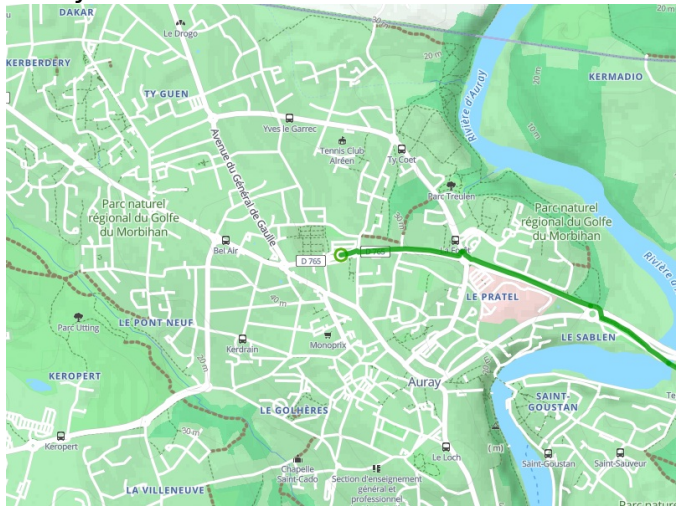
### Don't miss

- **Auray** : the medieval heart of the old town; the gorgeous timberframe Port de Saint-Goustan down a steep valley; the Gâvres-Quiberon Dunes, an exceptional, impressive line of dunes designated a Grand Site de France, running along the coast to the south of Auray.
- **Le Bono**: the port, marked by its old suspension bridge and old oyster farms  
The Tumulus du Rocher, known as the Tumulus de Kernours, an impressive neolithic burial mound.
- **Arradon**: the headland with views over the islands in the Golfe du Morbihan
- **Vannes**: designated a Ville d'Art et d'Histoire for its remarkable heritage, including its ramparts, its cathedral and its half-timbered houses; the marina just outside the city gates.

- Voie cyclable
- Liaisons
- Route partagée
- - - Alternatives
- Parcours VTT
- Parcours provisoire



**Départ Auray**



**Arrivée Vannes**

