

Étel / Quiberon

La Littorale



This stage of La Littorale cycle route begins at the peaceful port of Étrel. Ride on south to the ria's wide estuary to look out to the Barre d'Étel, a sand bank in the sea that's permanently on the move. Continuing eastwards along the coast, you cycle alongside the major line of dunes that stretches so prominently all the way from Gâvres to Quiberon; it's so exceptional that it's been designated a Grand Site de France, so a natural site of national importance. Riding along to Erdeven, stop to contemplate the impressive, mysterious lines of standing stones of Kerzerho, bearing witness to the major activities of neolithic people for millennia in Brittany.

The cycle route

Riding from the port of Étrel to the Quiberon Peninsula, you alternate between cycle paths and minor roads. La Littorale guides you across a line of dunes, going via the historic village of Sainte Barbe. After the Dunes du Bégo, a cycle path runs beside the D768 road for 6km, taking you across the narrow Penthièvre Isthmus, with sand sometimes blowing across the path. At Kerhostin, ride along the greenway that follows the route of the old Tire-Bouchon railway line; after 1km, you leave it to join the coast along a wild stretch known as the Côte Sauvage; starting on a section along a road, you then move to a greenway taking you all the way down to the port of Quiberon, a fishing port that's also the ferry port for the large, splendid island of Belle-Ile... and more.

Link

V45 at the level of the Boulevard de l'Atlantique, allowing you to cycle north for the fine historic town of Auray.

Practical information

Office de Tourisme de la Baie de Quiberon 14 rue de Verdun 56170 Quiberon - 02 44 84 56 56
<https://www.baiedequiberon.bzh/>

SNCF

- Gare de Quiberon (served by the seasonal, small Tire-bouchon line from Auray)

Don't miss

- **Étel:** the port itself and its Musée des Thoniers (on tuna-fishing traditions); the Barre d'Étel, an underwater sandbank formed by currents that clash at the entrance to the Étrel Ria, as the river's waters at the estuary encounter those of the Atlantic, affected by the tides. Saint Cado Island, an iconic spot in the midst of the Étrel Ria, most famous for its little house with blue shutters, making a picture-postcard image.
- **Auray:** the medieval heart of the old town; the gorgeous timberframe Port de Saint-Goustan down a steep valley
- **Quiberon:** the Château Turpault, an iconic 20th-century castle on Beg ar Lann Headland; the Grande Plage, the resort's central beach; the Pointe du Conguel, the unspoilt headland at the very south of the Quiberon Peninsula; Port Maria,

Départ
Étel

Arrivée
Quiberon

Durée
1 h 07 min

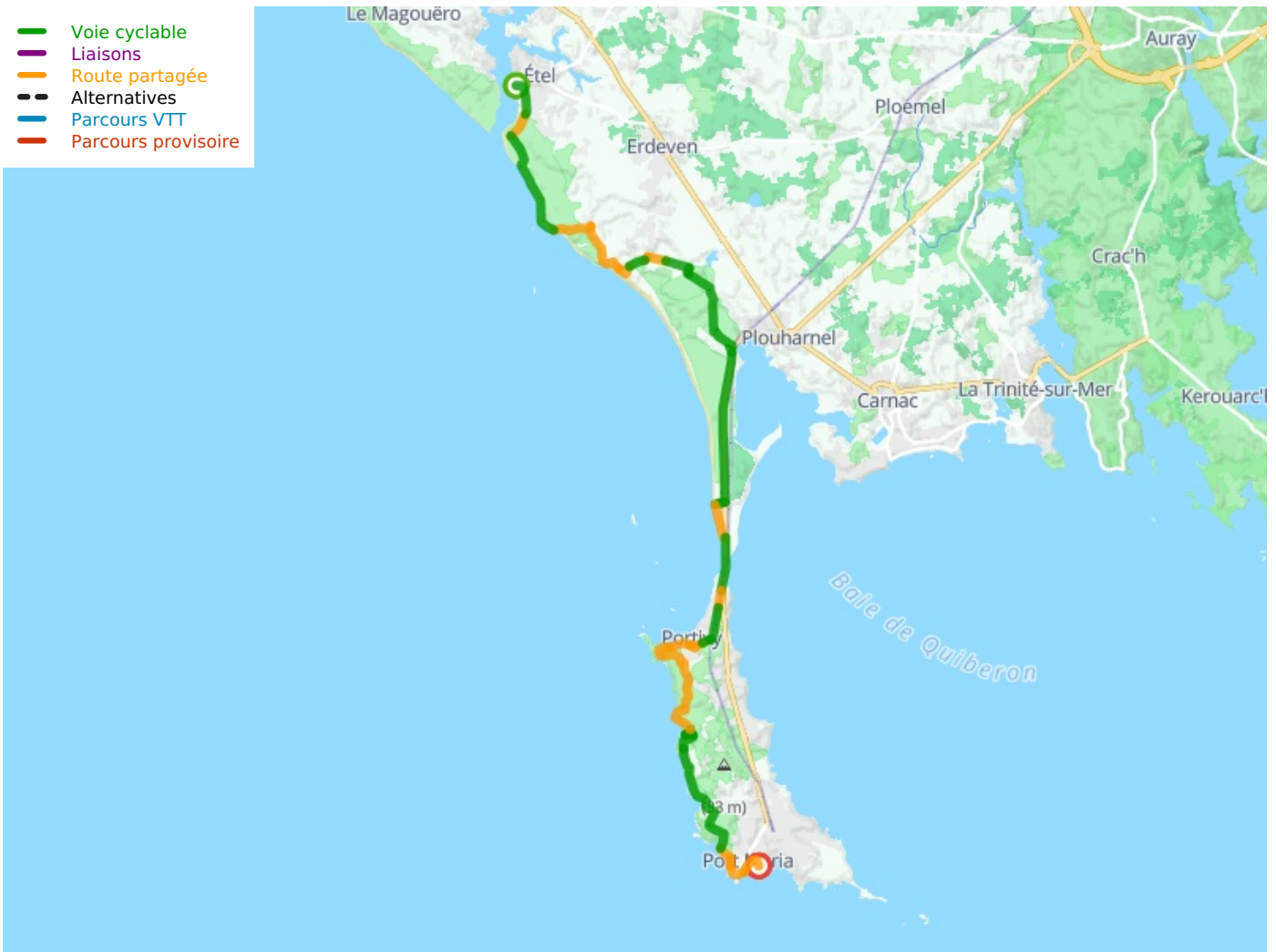
Distance
30,12 Km

Niveau
I begin / Family

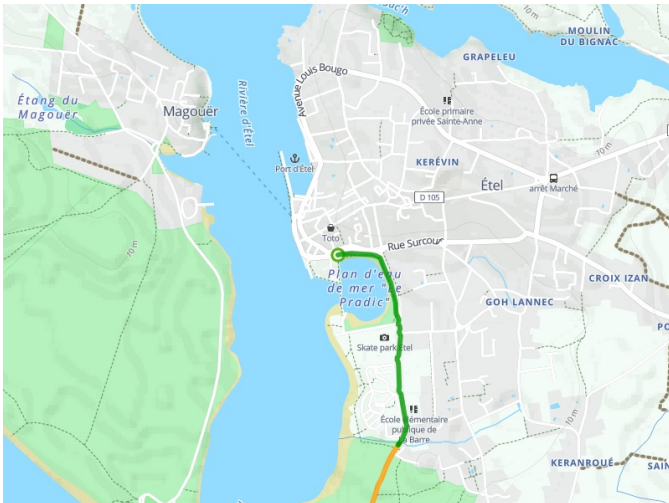
Thématique
Seaside, Nature & small heritage

the lively central port and marina; Port Haliguen, a separate modern port on the east side of Quiberon; the Gâvres-Quiberon Dunes, an exceptional, impressive line of dunes designated a Grand Site de France, ending in the south in the municipality of Quiberon. Note that Quiberon acts as the main ferry port for three islands a short way south, Belle-Ile-en-Mer, Houat and Hoëdic.

- Voie cyclable
- Liaisons
- Route partagée
- - - Alternatives
- Parcours VTT
- Parcours provisoire



**Départ
Étel**



**Arrivée
Quiberon**

