

Penmarc'h / Pont-L'Abbé

La Littorale



Départ
Penmarc'h

Arrivée
Pont-Labbé

Durée
1 h 20 min

Distance
32,71 Km

Niveau
I cycle often

Thématique
Seaside

This stage of the coastal cycle route is unique in that it follows the coastline and passes through several fishing ports. The first of these, Le Guilvinec, comes alive in the late afternoon, when the boats arrive. The panoramic terrace of the Haliotika discovery center is a good place to observe this impressive activity. Further on, the cycle route passes through the port of Lesconil, then Loctudy, where the "demoiselle de Loctudy" is fished. You then arrive in Pont-l'Abbé, capital of the Pays Bigouden. Its castle houses the town hall and a museum presenting traditional local society. The town is particularly lively on Thursday, market day.

The cycle route

The cycle route is flat, with no particular difficulties. For those in a hurry, there's a ferry (for a fee) [between Loctudy and Ile-Tudy](#).

Connections to Quimper and Douarnenez

From Pont-l'Abbé, there's a bicycle link to the port of Douarnenez, via Quimper, a city of Art and History. This link is mainly on greenways, except in and around Quimper.

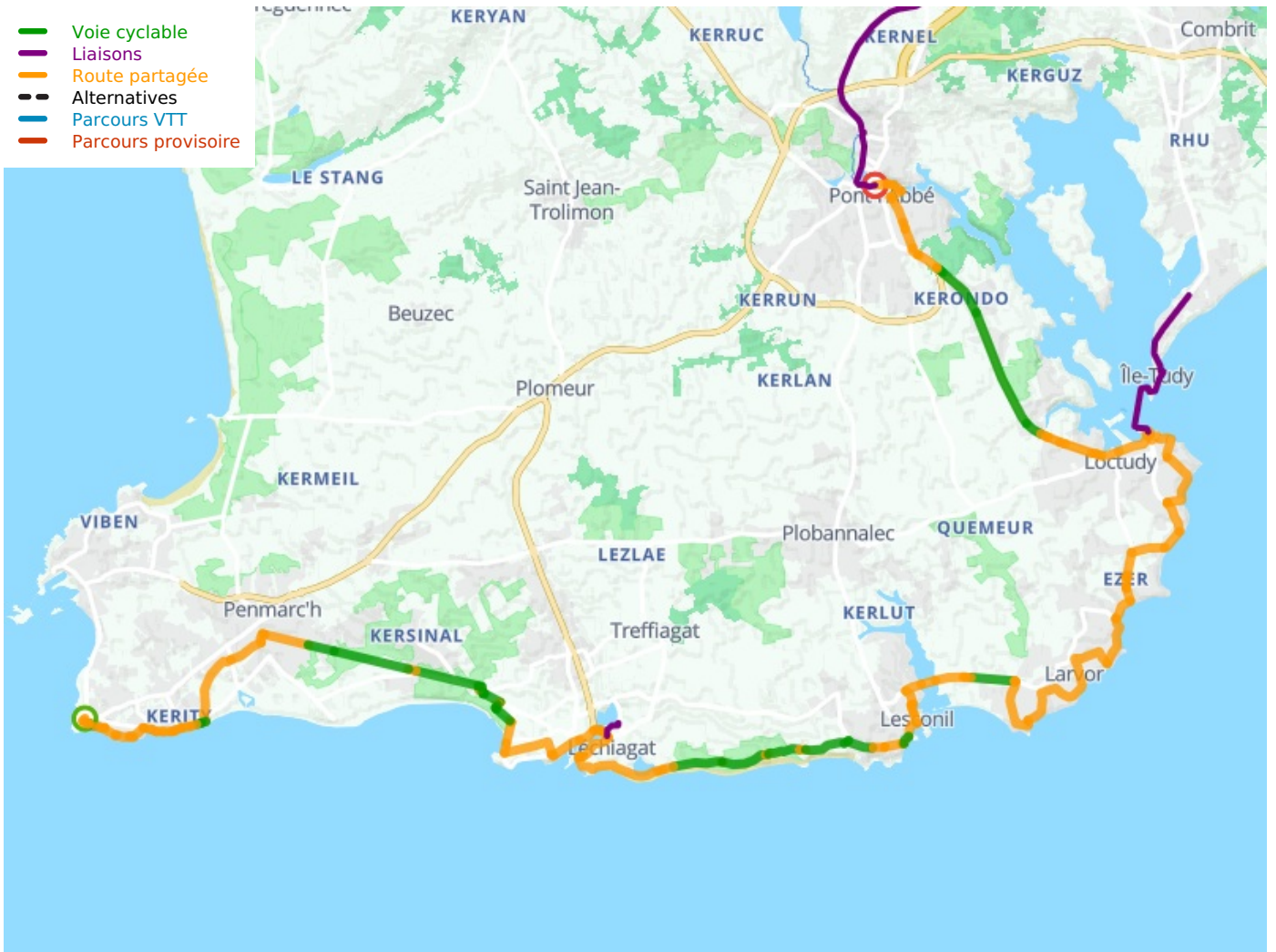
Car + Bicycle

[BreizhGo network](#) car+bike service lines equipped with bike racks.

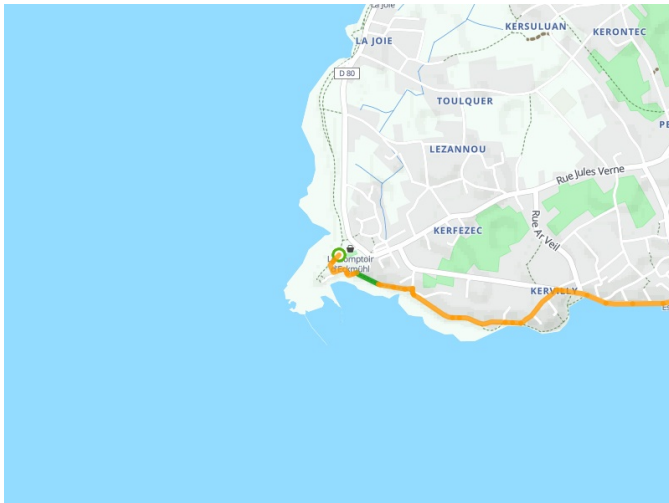
Do not miss

- **Le Guilvinec** : witness the arrival of the fish (end of am, visit the fishing town of Haliotika)
- **Lesconil**
- **Loctudy**
- **Pont-l'Abbé**

- Voie cyclable
- Liaisons
- Route partagée
- - - Alternatives
- Parcours VTT
- Parcours provisoire



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