

# Pont-Aven / Guidel-Plage

## La Littorale

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**Départ**  
Pont-Aven

**Arrivée**  
Guidel-Plage

**Durée**  
2 h 12 min

**Distance**  
26,34 Km

**Niveau**  
I cycle often

**Thématique**  
Seaside, Castles &  
Monuments, Nature &  
small heritage

Leaving Pont-Aven, the city of painters, you pedal towards Riec-Sur-Belon, the capital of the flat oyster. Welcome to the Pays de Quimperlé, with its unspoilt landscapes around the "rias", rivers invaded by the sea. The coastal cycle route then reaches Doëlan and its charming little port nestled in a deep, narrow ria. A former fishing and trading port, Doëlan is still home to a few fishing boats. The stage ends at Le Pouldu for a well-deserved break in this seaside resort with its three beaches. A great place to watch the tide turn against the Morbihan dunes.

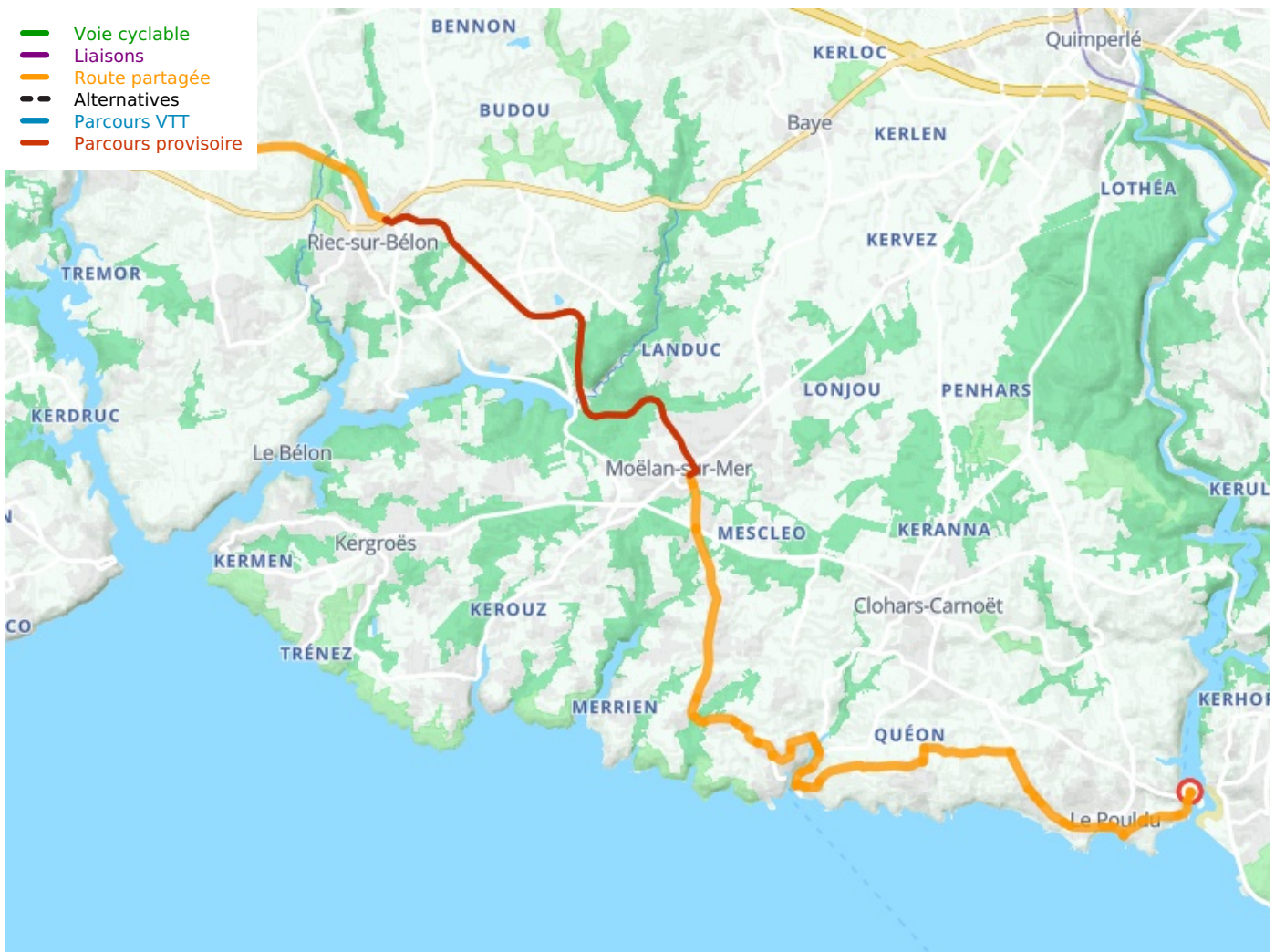
### The cycle route

The provisional, unmarked coastal cycle route between Riec-sur-Belon and Moëlan-su-Mer follows a dirt track for around 2 km.

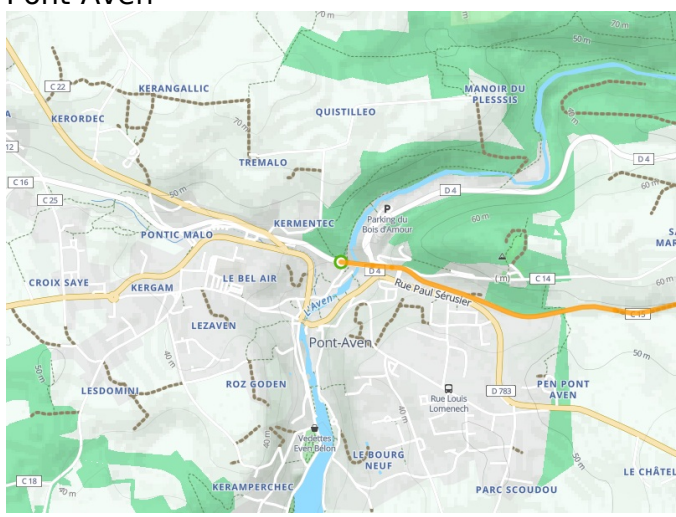
To reach Guidel by road and the Saint Maurice bridge, take the D49 and D224 departmental roads. Take extra care, as the route is not safe for bicycles.

### Crossing the Laïta between Le Pouldu and Guidel

[Laïta Croisières](#) currently runs the Laïta crossing between Le Pouldu and Guidel at weekends in May, June and September, and every day (except Monday mornings) in July and August. Please contact the company to organize your crossing.



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