

Vannes / Port Navalo

La Littorale



Départ
Vannes

Arrivée
Port Navalo

Durée
1 h 56 min

Distance
44,26 Km

Niveau
I cycle often

Thématique
Seaside

From Vannes to Port-Navalo, enjoy the maritime atmosphere of the Golfe du Morbihan by bike. Thanks to its network of cycle paths, you can discover the Rhuys peninsula at your own pace. Its many islands and coves shape this picture-postcard setting. Depending on the season and the tides, you'll be treated to a different spectacle every time.

The cycle route

From Vannes to Theix, the itinerary is provisional, starting at Theix and continuing to Port-Navalo.

After Noyal, follow the V5 greenway along the D780 to Saint-Armel, then follow the small signposted roads to Saint Colombier.

Between Saint Colombier and Sarzeau, the itinerary follows paths. Join the cycle path in Sarzeau to reach the town center, then continue on small, low-traffic roads to the Kerpont pond, where the route follows a greenway to Arzon and Port Navalo.

Alternatives

- At Saint Colombier, cycle along the Marais de Duer, then up to Kerhouët (path).
- The Presqu'île de Rhuys cycling network offers many possible variants and links:
- From Saint-Armel to le Tour-de-Parc
- From Sarzeau to pointe de Saint-Jacques
- From Etang de Kerpont, a greenway leads to Saint-Gildas-de-Rhuys.

SNCF stations

Vannes station

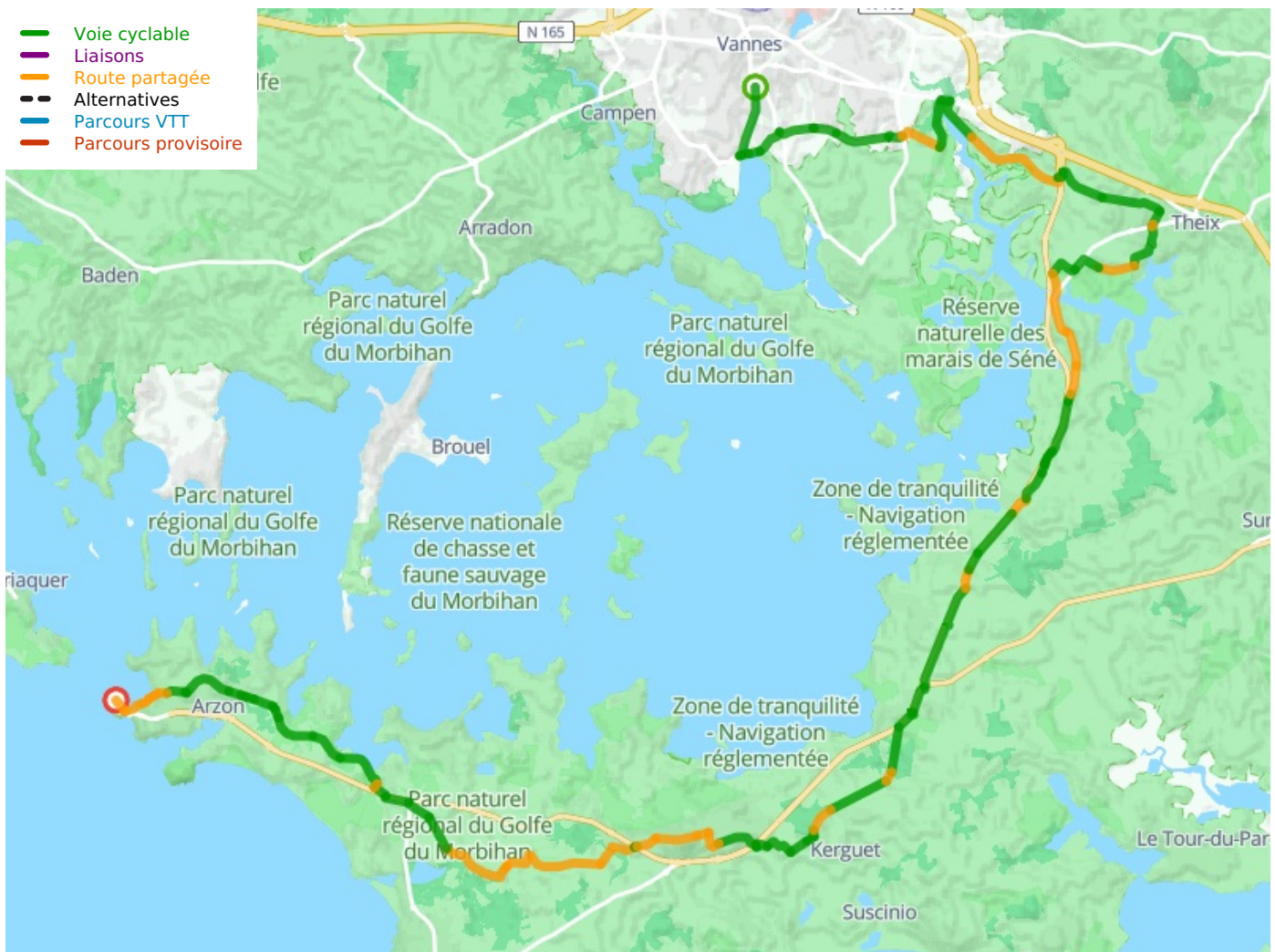
TGV line Paris Montparnasse -Vannes: 3h15 (10 daily connections)

TER: Rennes and Nantes - Redon - Vannes - Lorient - Quimper

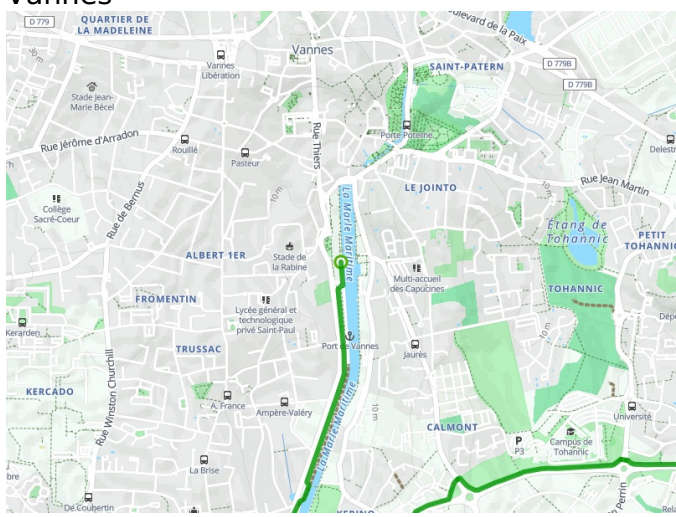
Maritime connections

If you wish, ferrymen can take you (on foot or by bike) from one side of the Gulf to the other: Locmariaquer, Damgan, Séné and the islands. Your tour will be enhanced by a short boat trip...

- Voie cyclable
- Liaisons
- Route partagée
- - - Alternatives
- Parcours VTT
- Parcours provisoire



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