

# Sarthe by bike : Alençon / Mamers

## La Sarthe à Vélo d'Alençon à Beaumont-sur-Sarthe (V44 variante Est)



**Départ**  
Alençon

**Arrivée**  
Mamers

**Durée**  
2 h 08 min

**Distance**  
32,16 Km

**Niveau**  
I cycle a lot

**Thématique**  
Nature & small heritage

The alternative eastern loop of the V44 cycle route takes you from Alençon, via quiet roads, to Mamers in the Saosnois area. After casting a final eye on Alençon Cathedral, enjoy the green countryside of the Parc Régional Normandie-Maine as you enter Perseigne Forest. Take in the view from its belvedere, at the highest point in the county of Sarthe, reaching 340m (just over 1000ft).

### The route

The route is signposted between Alençon and Le Chevain. The rest of the way is on quiet roads. Note the steep slope to reach Perseigne Forest.

### SNCF

Train at Alençon  
Line: Caen – Alençon – Le Mans – Tours  
Line: Alençon – Le Mans – Paris

### BUS

TIS network  
[Line 12: Mamers → Le Mans \(12 Express\)](#)  
[Line Alençon/Mamers](#)

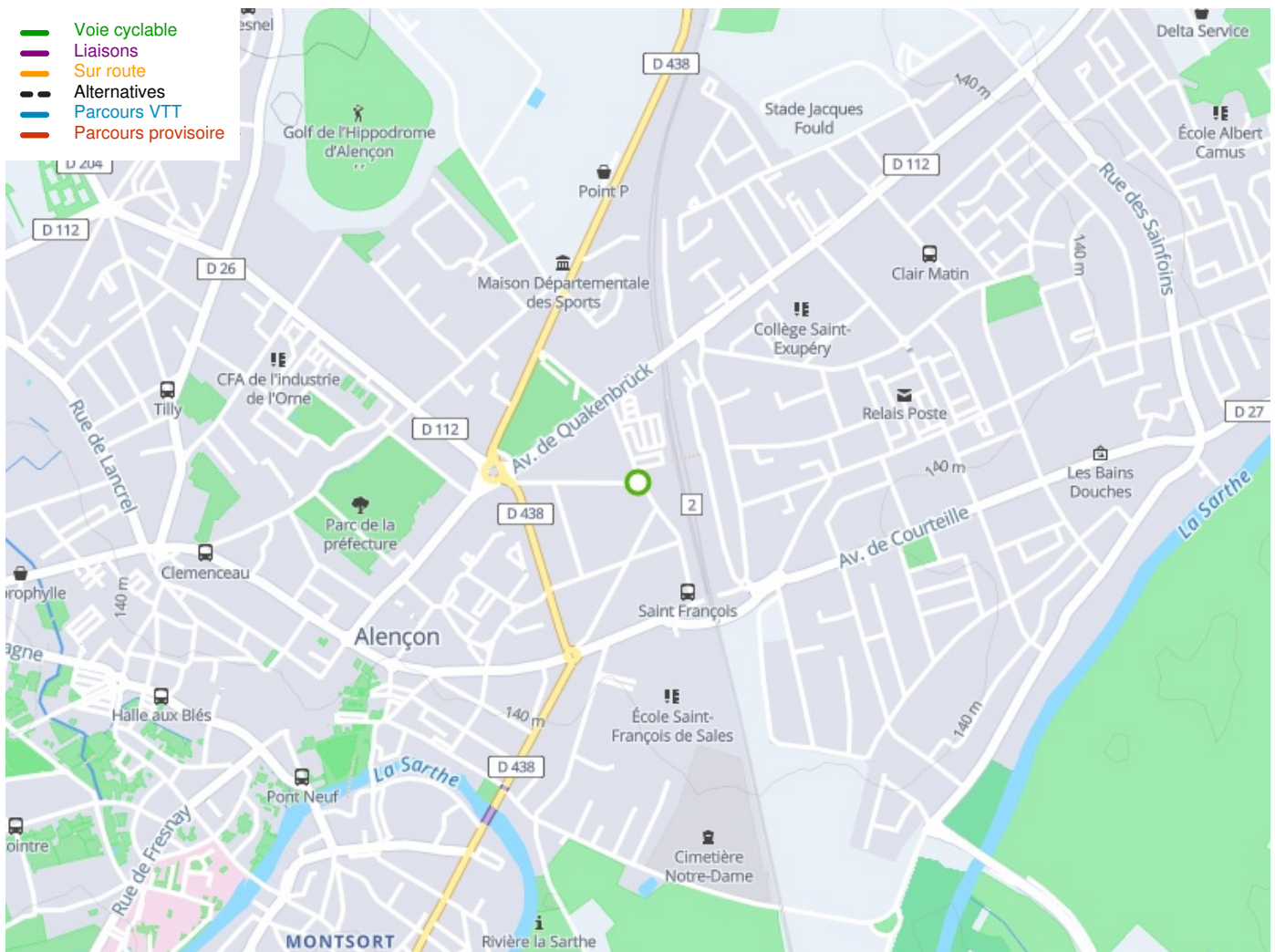
### Tourist Information

[Office de Tourisme du Pays d'Alençon](#)  
Tel: 02 33 80 66 33

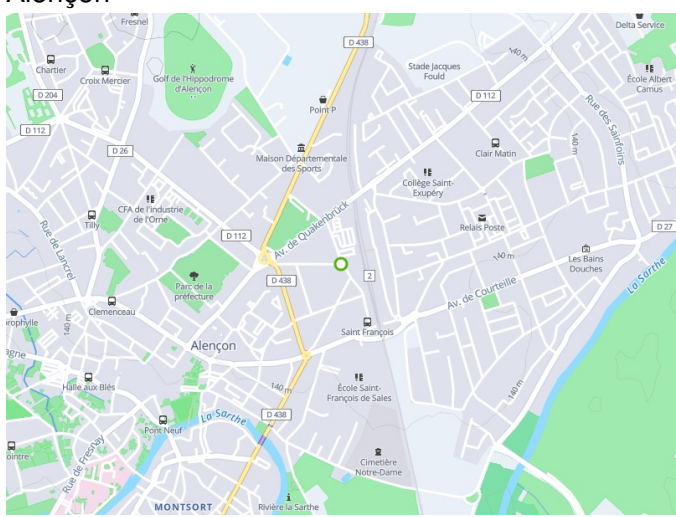
[Office de Tourisme de Mamers et du Saosnois](#)  
Tél: 02 43 97 60 63

### Don't miss

The Bike museum "La Belle Echappée" at La Fresnaye-sur-Chédouet - Perseigne belvedere



**Départ  
Alençon**



**Arrivée  
Mamers**

