

# **Rocamadour / Cahors**

## La Vagabonde

**Départ** Arrivée Rocamadour Cahors

DuréeDistance4 h 19 min64,82 Km

Niveau Thématique I cycle often Castles & Monuments La Vagabonde cycle route gradually distances itself from the Dordogne Valley, leading cyclists into the Parc Naturel Régional des Causses du Quercy with its distinctive, rocky atmosphere - this park has been classified a UNESCO Geopark for its exceptional geology. As well as the extensive limestone plateaus that characterize the area, it also boasts steep green valleys enclosed by high cliffs. Having tackled a stretch along the Causse du Quercy by bike, crossing several villages, you then ride down into the secretive Vers Valley. Cutting north-south through its causse, this tributary of the Lot River has carved out a path from Labastide-Murat to its confluence with the Lot River at the village of Vers. Along the way, crossing the villages of St-Martin de Vers and St-Sauveur la Vallée, stop to drink in their atmospheres. Finally, follow the Lot Valley to reach Cahors, designated a Ville d'Art et d'Histoire for its cultural riches, and capital of the département, or county, of the Lot. This little city boasts a southern atmosphere, rich historical vestiges and many culinary treats!

#### The Route

Hillier in the early parts of the stage, easier nearer the end.

#### **Practical information**

## **Tourist offices**

Offices de tourisme Vallée de la Dordognerue Roland le Preux 46500 Rocamadour - 05 65 33 22 00 Offices de tourisme de Labastide Murat 9 Place de la Mairie 46240 Coeur de Causse - 05 65 21 11 39 Offices de tourisme Cahors-Vallée du Lot Place François Mitterrand 46000 Cahors - 05 65 53 20 65

#### **SNCF train stations**

- Gare de Rocamadour
- Gare de Cahors

### Don't miss

- Rocamadour: with the sacred religious shrine at its core and the medieval village built around it, all clinging to terraces built into a dramatic cliffside, the natural and architectural stone lit in particularly fiery colours by the setting sun, Rocamadour rises 120m above a canyon through which the Alzou, a tributary of the Dordogne River, flows.
- **Carlucet**: a character-filled village surrounded by magnificent green hills, Carlucet offers visitors a true haven of peace.
- Saint Martin de Vers: a picturesque village close to the river, known for its Romanesque church dating back to the 12th century and a listed historic monument.
- Vers: located at the confluence of the Vers and Lot Rivers, the village of Vers is backed by dramatic limestone cliffs but conceals secretive little corners, such as a Roman aqueduct carved into the rock, beautifully colourful waterfalls and a little chapel, Notre Dame de Velles.





