

# St-Léonard-des-Bois / Beaumont-sur-Sarthe

## La Vélobuissonnière



**Départ**  
St-Léonard-des-Bois

**Arrivée**  
Beaumont-sur-Sarthe

**Durée**  
2 h 06 min

**Distance**  
33,05 Km

**Niveau**  
I cycle a lot

**Thématique**  
Nature & small heritage

At Saint-Léonard-des-Bois, take the time to drink in the beautiful landscapes. If you're running out of steam, fuel up on the terrace of a "gastrobistro", where you will find good food and a friendly welcome. Freewheel down to Fresnay-sur-Sarthe, into the mysterious atmosphere of this former walled town with its ruined castle and narrow lanes. Seek out a quiet spot by the River Sarthe, which runs through the town, and dip your feet in the water to cool off before you continue your ride through the countryside. Deserve a treat? Stop off at the Quincaillerie Café in Sougé-le-Ganelon for a coffee and, while you're there, taste some of the local specialities. With your energy levels restored, head on to Beaumont-sur-Sarthe, a medieval town that will take you back through the centuries. Don't miss the stunning view of the ruined castle from the Romanesque bridge over the River Sarthe.

### The route

The route is along quiet roads, but steep slopes, notably after Saint-Léonard-des-Bois, mean there are some difficult stretches. The V44 cycle route is well signposted, taking you along county roads and quiet country lanes. Take care on the D 21 road leaving Fresnay-sur-Sarthe. After Saint-Aubin-de-Locquenay, be prepared for a steep slope lasting 1.5km.

### Bus

#### [Réseau Aléop](#) :

- **Ligne 204** : Alençon – Fresnay-sur-Sarthe
- **Ligne 210** : Fresnay-sur-Sarthe – Le Mans

### Tourist Information

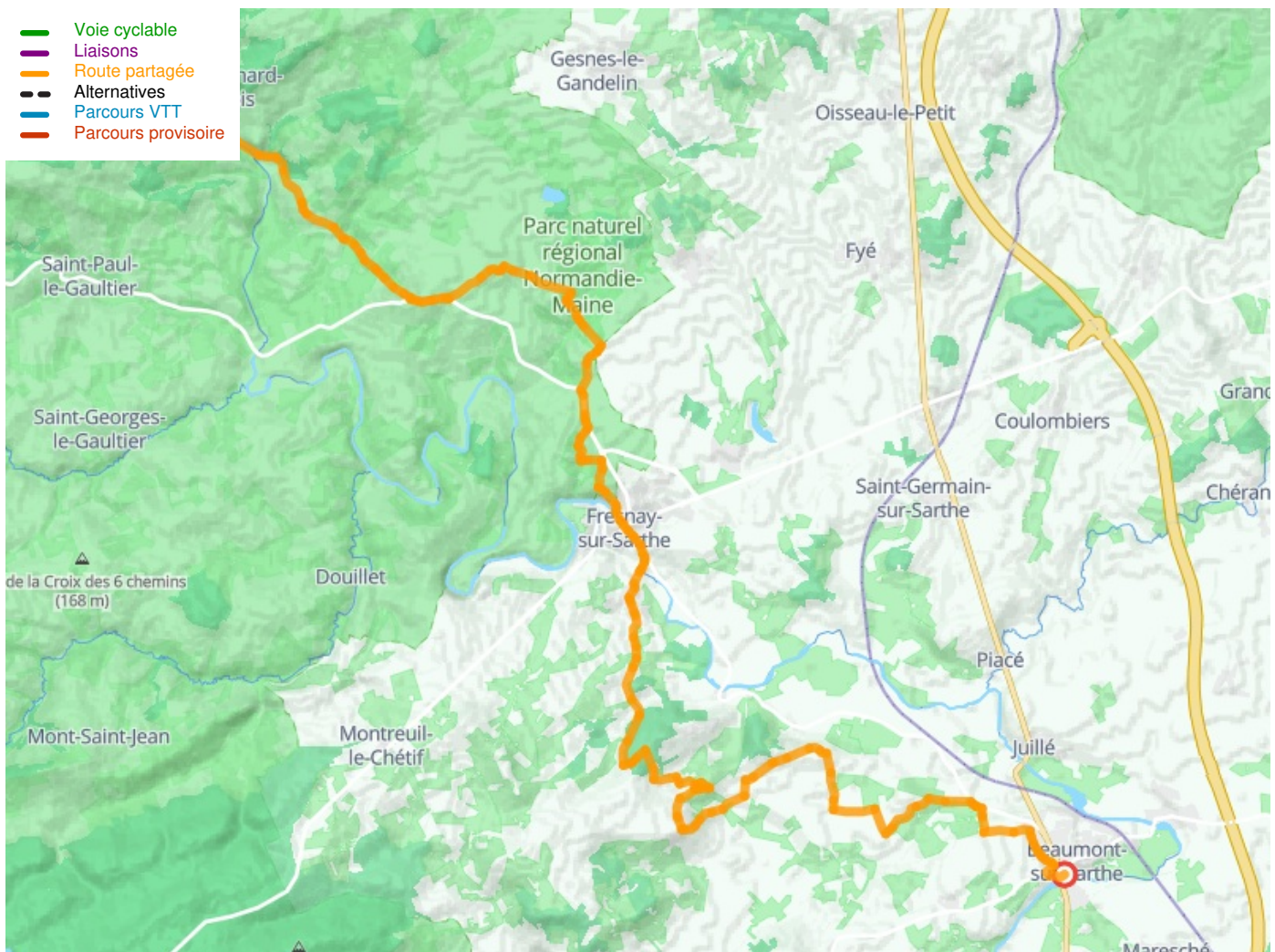
- [Office de Tourisme des Alpes Mancelles](#) - +332 43 33 28 04
- [Antenne à Beaumont-sur-Sarthe](#) - +332 43 33 03 03

### Don't miss

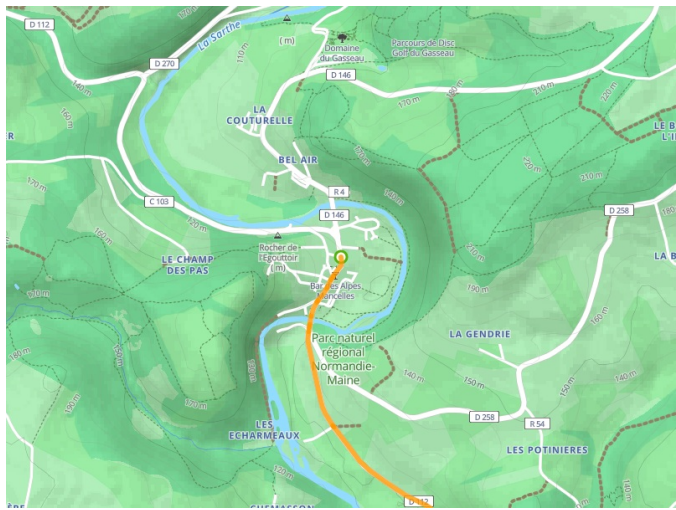
Saint-Léonard-des-Bois - Fresnay sur Sarthe - Beaumont sur Sarthe

### Markets

**Fresnay sur Sarthe** : Wednesday and Saturday morning.  
**Beaumont sur Sarthe** : Every Tuesday morning at place des Halles.



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