

St-Léonard-des-Bois / Beaumont-sur-Sarthe

La Vélobuissonnière



Départ
St-Léonard-des-Bois

Arrivée
Beaumont-sur-Sarthe

Durée
2 h 06 min

Distance
33,05 Km

Niveau
I cycle a lot

Thématique
Nature & small heritage

At Saint-Léonard-des-Bois, take the time to drink in the beautiful landscapes. If you're running out of steam, fuel up on the terrace of a "gastrobistro", where you will find good food and a friendly welcome. Freewheel down to Fresnay-sur-Sarthe, into the mysterious atmosphere of this former walled town with its ruined castle and narrow lanes. Seek out a quiet spot by the River Sarthe, which runs through the town, and dip your feet in the water to cool off before you continue your ride through the countryside. Deserve a treat? Stop off at the Quincaillerie Café in Sougé-le-Ganelon for a coffee and, while you're there, taste some of the local specialities. With your energy levels restored, head on to Beaumont-sur-Sarthe, a medieval town that will take you back through the centuries. Don't miss the stunning view of the ruined castle from the Romanesque bridge over the River Sarthe.

The route

The route is along quiet roads, but steep slopes, notably after Saint-Léonard-des-Bois, mean there are some difficult stretches. The V44 cycle route is well signposted, taking you along county roads and quiet country lanes. Take care on the D 21 road leaving Fresnay-sur-Sarthe. After Saint-Aubin-de-Locquenay, be prepared for a steep slope lasting 1.5km.

Bus

[Réseau Aléop](#) :

- **Ligne 204** : Alençon – Fresnay-sur-Sarthe
- **Ligne 210** : Fresnay-sur-Sarthe – Le Mans

Tourist Information

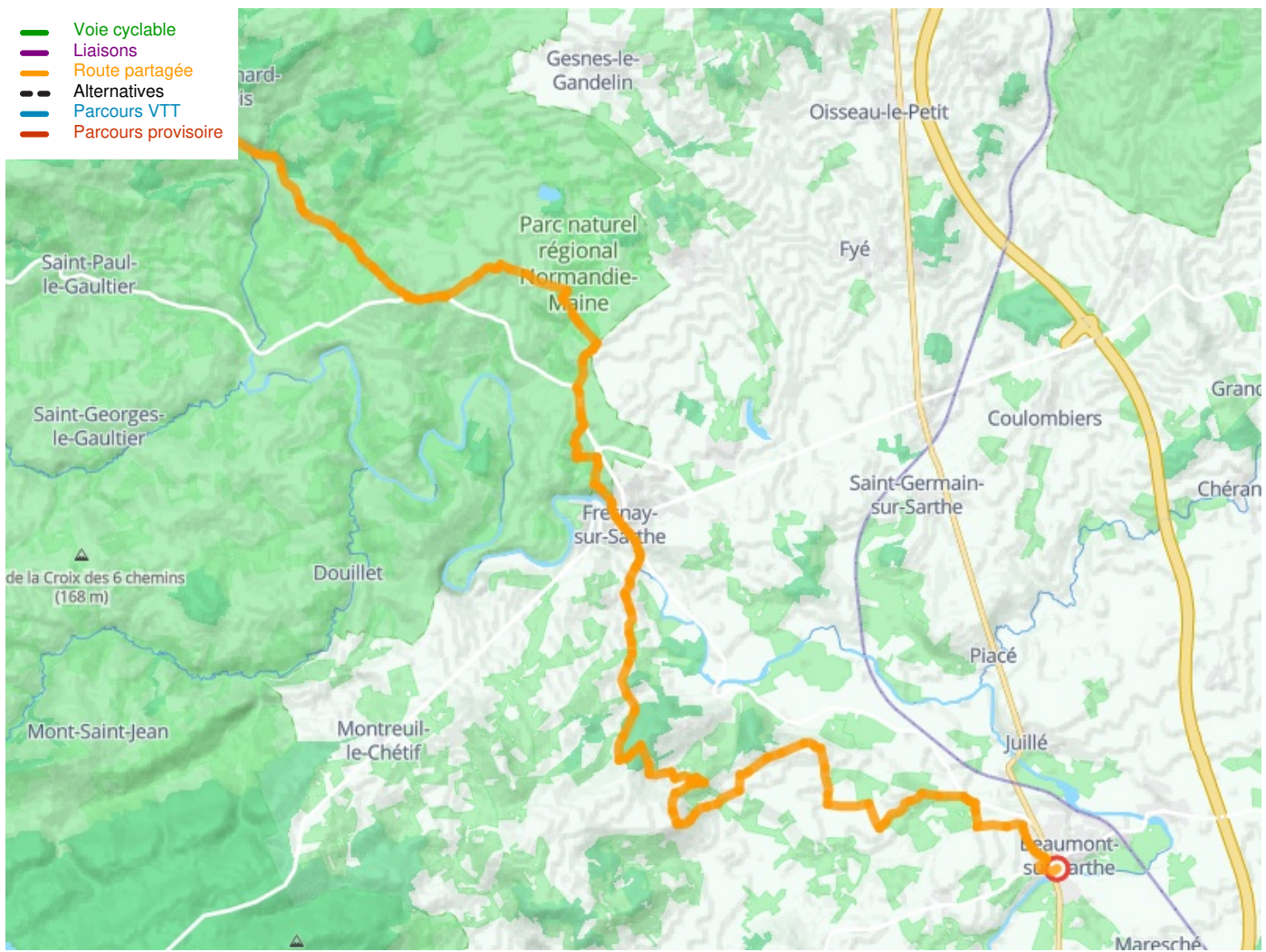
- [Office de Tourisme des Alpes Mancelles](#) - +332 43 33 28 04
- [Antenne à Beaumont-sur-Sarthe](#) - +332 43 33 03 03

Don't miss

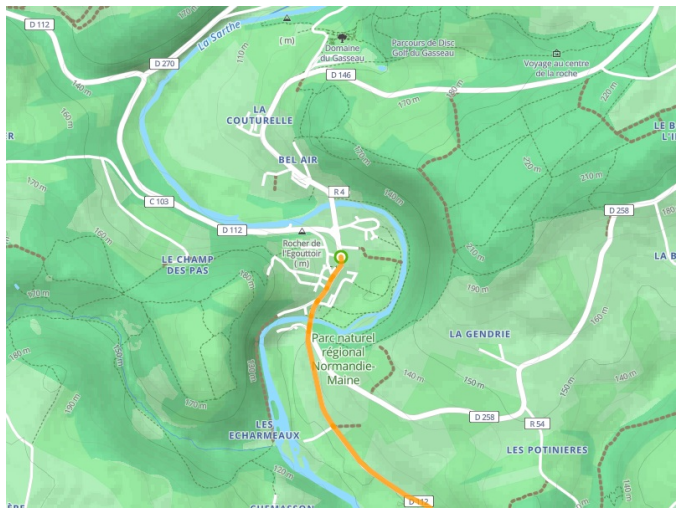
Saint-Léonard-des-Bois - Fresnay sur Sarthe - Beaumont sur Sarthe

Markets

Fresnay sur Sarthe : Wednesday and Saturday morning.
Beaumont sur Sarthe : Every Tuesday morning at place des Halles.



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