

Mazamet / Saint-Pons-de-Thomières

La Vélocitanie



Départ
Mazamet

Arrivée
Saint-Pons-de-Thomières

Durée
2 h 24 min

Distance
36,97 Km

Niveau
I begin / Family

Thématique
Old railway, Nature & small heritage

Your PassaPaïs cycling adventure begins at Mazamet, a town tucked under the mighty Montagne Noire. Before setting off, take a walk out onto the spectacular passerelle (pedestrian bridge) over the Arnette Valley, affording fine views of the perched medieval village of Hautpoul nearby.

Continue peacefully through the heart of the Thoré Valley, along a stretch of greenway marked by steep meadows, delightful villages and prominent mountains. Thanks to the tunnel under the Col de la Fenille Pass, you shift from Tarn landscapes, with their southwestern French feel marked by the Atlantic's influence, to Hérault landscapes characteristic of Mediterranean lands.

Towards the end of the stage, in order to appreciate the geological riches of the area, consider exploring the Grotte de la Fileuse de Verre before arriving at Saint-Pons-de-Thomières.

PassaPaïs from Mazamet to Saint-Pons-de-Thomières

This stage is signposted all the way along its length, starting from Mazamet, close to the railway track. Almost all along, you cycle on a greenway reserved for non-motorized vehicles.

The route runs more or less parallel to the D612, just distancing itself from this road in certain parts.

You pass through several tunnels, all equipped with lighting triggered as soon as you're detected entering them.

There is just a short portion that's signposted along the D907 road itself (lasting c.600m), a shared stretch that only has light traffic, before you reach Saint-Pons-de-Thomières, a town for a stage stop.

The surface is firm, in the main consisting of compacted sand or asphalt, depending on stretches. There's one very short pebbly portion (just c.150m long), soon after you've left Labastide-Rouairoux.

SNCF train stations

Mazamet train station:

- regional TER service to / from Castres (c.15mins)
- regional TER service to / from Toulouse (c.1hr 30mins)

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- The map displays the Haut-Languedoc region with a green route connecting Pont-de-l'Arn to Saint-Pons-de-Thodouze. Key locations and elevations include:
- Towns and Villages:** Pont-de-l'Arn, Saint-Amans-Valtoret, Rouairoux, Lacabarelle, Saint-Pons-de-Thodouze, Hautpoul, Roquefère, Citou, Cassagnoles, Boisset, Vélieux, Ferrals-les-Montagnes, Le Vintrou, Angles, Le Soulié, Clapou, Col des Bœufs, Col de Cousines, Le Ploch, Puech Balmes, Col du Fraisse, Roc du Nouret, Mont Sarraz, Roc de Peyremaux, La Bourrasse, Fraissinède Crespy, Mont Cayrou, and Boisset.
 - Elevations (m):**
 - Puech du Fau: 383 m
 - Puech Balmes: 740 m
 - Le Ploch: 824 m
 - Col de Cousines: 968 m
 - Col des Bœufs: 963 m
 - Col du Fraisse: 529 m
 - Roc du Nouret: 1073 m
 - Mont Sarraz: 925 m
 - Roc de Peyremaux: 1008 m
 - La Bourrasse: 937 m
 - Fraissinède Crespy: 858 m
 - Mont Cayrou: 672 m
 - Clapou: 1054 m
 - Other Features:** The map shows the Parc naturel régional du Haut-Languedoc, various rivers, and a network of roads.

A detailed map of the Parc naturel régional du Haut-Languedoc. The map shows the L'Agnès river flowing through the region, with several tributaries like L'Arnette and L'Arrière. Key towns and villages labeled include Montpellier, Lunel, and various smaller settlements like Les Aigues, Bonnacombe, and La Motte. The map also shows major roads (D 118, D 53, D 54) and the Languedoc Canal. The terrain is marked with elevation points (e.g., 230m, 220m, 210m, 200m, 190m, 180m, 170m, 160m, 150m, 140m, 130m, 120m, 110m, 100m, 90m, 80m, 70m, 60m, 50m, 40m, 30m, 20m, 10m). The map is oriented with North at the top.