

# La Tranche-sur-Mer / Marans

## La Vélodyssée

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La Belle-Henriette Lagoon, separated from the sea by a narrow band of sand, and then your arrival into La Fautte-sur-Mer which stretches endlessly towards the point of Arçay, mark this stage of La Vélodyssée. The route then heads into St-Michel-en-l'Herm through the dried marshes of Marais Poitevin a great expanse of marshes and cultivated land dotted with farms and sheds. The crossing of the Pont du Brault takes us into Charente-Maritime in the ancient district of Aunis. Marans, the capital of the dried Marais marshes, was once a very important look-out point.

### Itinerary

Mainly on small roads with sections on designated cycle lanes. An easy section.

**Départ**  
La Tranche-sur-Mer

**Arrivée**  
Marans

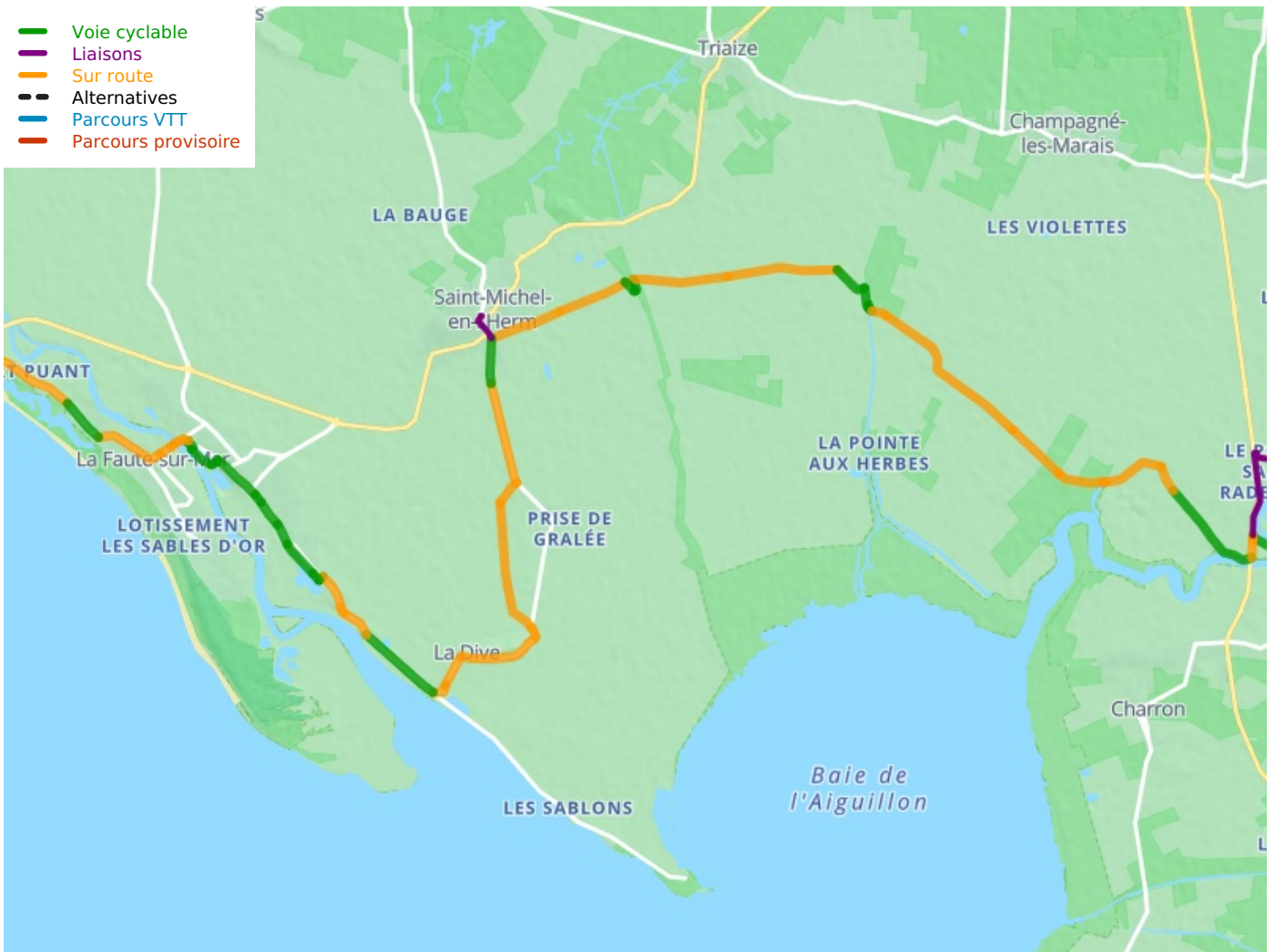
**Durée**  
3 h 05 min

**Distance**  
46,27 Km

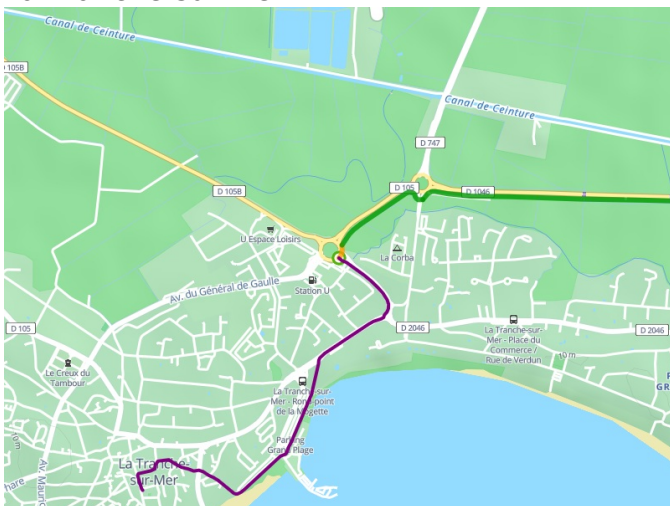
**Niveau**  
I cycle often

**Thématique**  
Seaside

- Voie cyclable
- Liaisons
- Sur route
- - - Alternatives
- Parcours VTT
- Parcours provisoire



**Départ**  
La Tranche-sur-Mer



**Arrivée**  
Marans

