

Bayonne / Biarritz

La Vélodyssée, the Atlantic Cycling Route



DépartArrivéeBayonneBiarritz

DuréeDistance1 h 03 min16,25 Km

Niveau Thématique I cycle often Seaside

La Vélodyssée now heading north, advances to a few hundred yards from the Côte d'Argent, gradually getting closer to Moliets-et-Mâa and Messanges. The route finally meets the powerful ocean at Vieux-Boucau, the former port (until the river Adour was re-routed to Bayonne in 1578) and today a very pleasant stopping point.

Itinerary

Good cycle lanes from Bayonne to Anglet, despite being a little narrow, even out of season. Shared lanes while crossing Biarritz. In Biarritz, bicycles and cyclists aren't well catered for, hence the one-way system along the shoreline... If you are following the Vélodyssée from south to north, do this loop anyway. There are several hills to contend with.

Connection

The connection towards Biarritz station is on a steep incline.





