

# Bayonne / Biarritz

## La Vélodyssée, the Atlantic Cycling Route

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La Vélodyssée now heading north, advances to a few hundred yards from the Côte d'Argent, gradually getting closer to Moliets-et-Mâa and Messanges. The route finally meets the powerful ocean at Vieux-Boucau, the former port (until the river Adour was re-routed to Bayonne in 1578) and today a very pleasant stopping point.

### Itinerary

Good cycle lanes from Bayonne to Anglet, despite being a little narrow, even out of season. Shared lanes while crossing Biarritz. In Biarritz, bicycles and cyclists aren't well catered for, hence the one-way system along the shoreline... If you are following the Vélodyssée from south to north, do this loop anyway. There are several hills to contend with.

### Connection

The connection towards Biarritz station is on a steep incline.

**Départ**  
Bayonne

**Arrivée**  
Biarritz

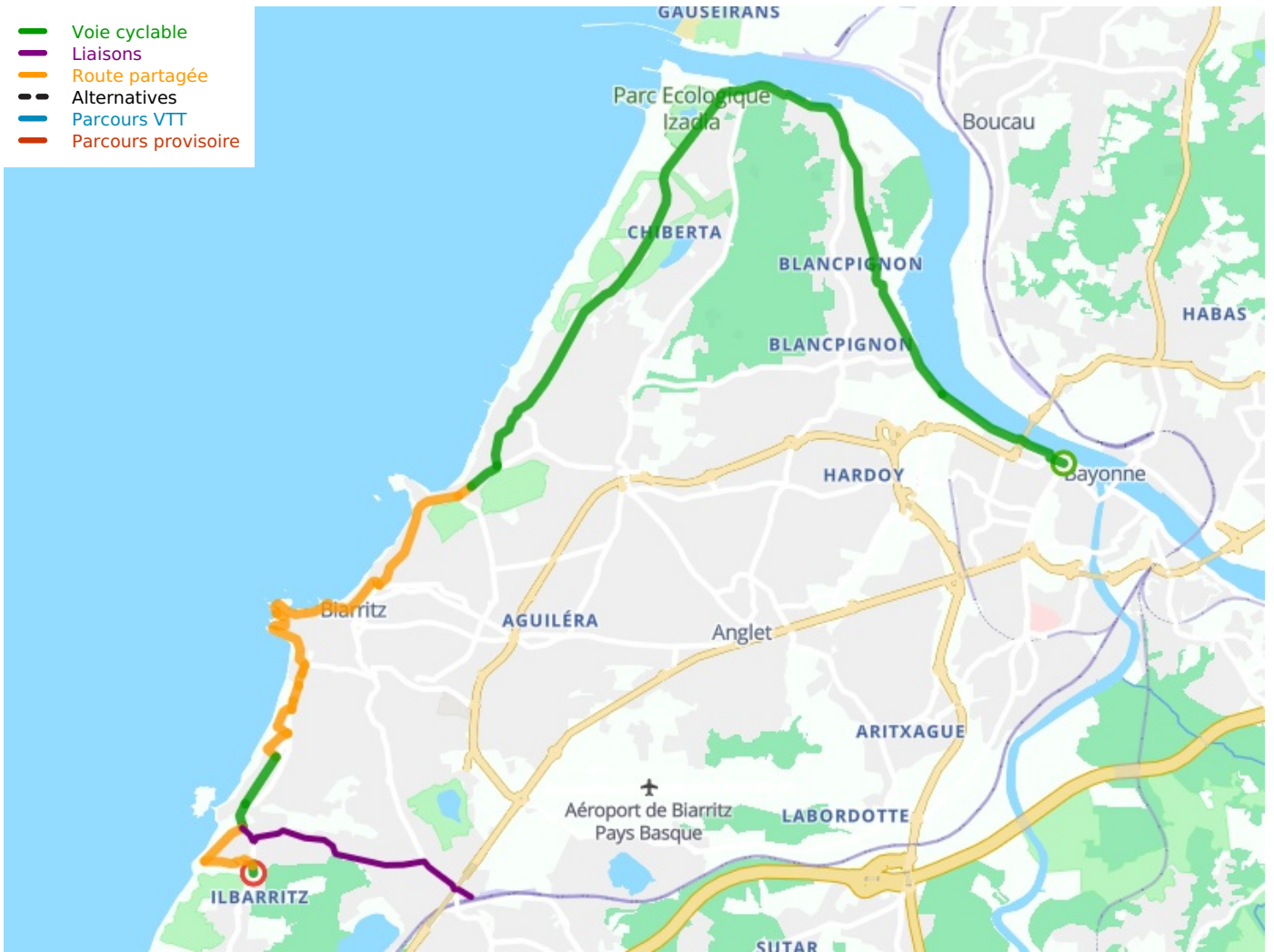
**Durée**  
1 h 03 min

**Distance**  
16,28 Km

**Niveau**  
I cycle often

**Thématique**  
Seaside

- Voie cyclable
- Liaisons
- Route partagée
- - - Alternatives
- Parcours VTT
- Parcours provisoire



**Départ  
Bayonne**



**Arrivée  
Biarritz**

