

# Mareennes / Royan

## La Vélodyssée, the Atlantic Cycling Route



The Mareennes Country, home to the leading oyster farms in Europe, spreads over salt marshes and the Seudre estuary. Here cycle paths are numerous and a truly memorable part of the route takes you through the forest of Coubre as La Vélodyssée reaches La Palmyre. This part is fit for a king, with splendid sea views. Following cycle lanes throughout, it weaves through the coastal forest and array of pretty beaches, one of which is the charming St-Palais, along the coast road to reach the striking cliffs and sandy beaches either side of the beautiful streets of Royan. All you have to do is to catch the boat!

### Itinerary

Leave Mareennes on a designated track which follows the length of the RD 728E. Take care when crossing the bridge over the Seudre. Cycle lanes continue through the national forest. There is a magnificent track along the section coming into La Palmyre. Upon leaving the Palmyre, the route crosses the pine forest to very quickly rejoin the coast: the greenways stretching along the coastline can in places be covered by sand. Take care when crossing Saint-Palais-sur-Mer and Royan, with cycle lanes often on busy pavements. Be prepared to have to move onto the road, particularly when traffic is heavy. At Royan there is a SNCF train station connection : be careful as some intersections can be tricky, notably Boulevard de la République, Cours de l'Europe and La Place du Docteur Gantier.

**Départ**  
Mareennes

**Arrivée**  
Royan

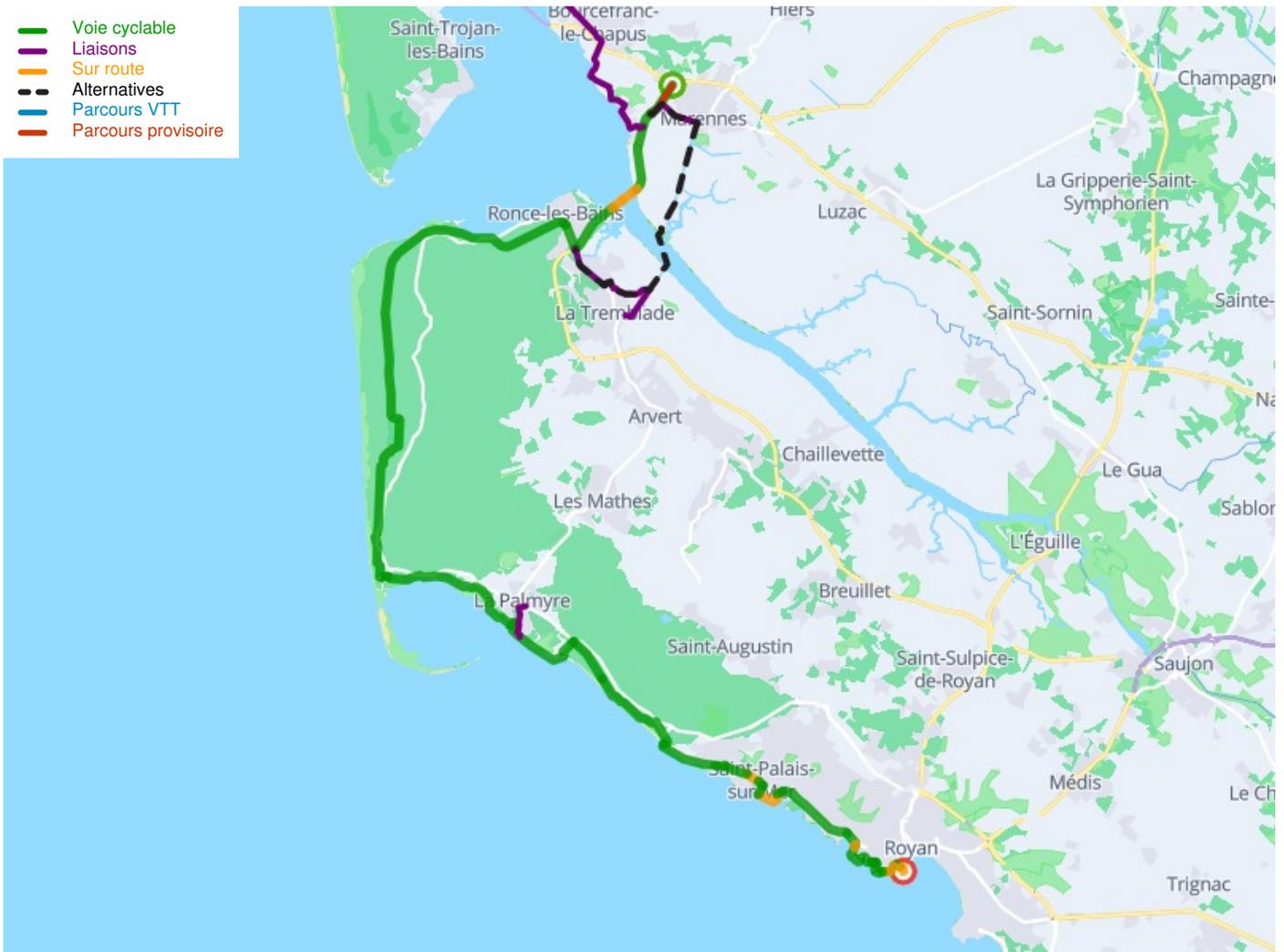
**Durée**  
3 h 01 min

**Distance**  
45,38 Km

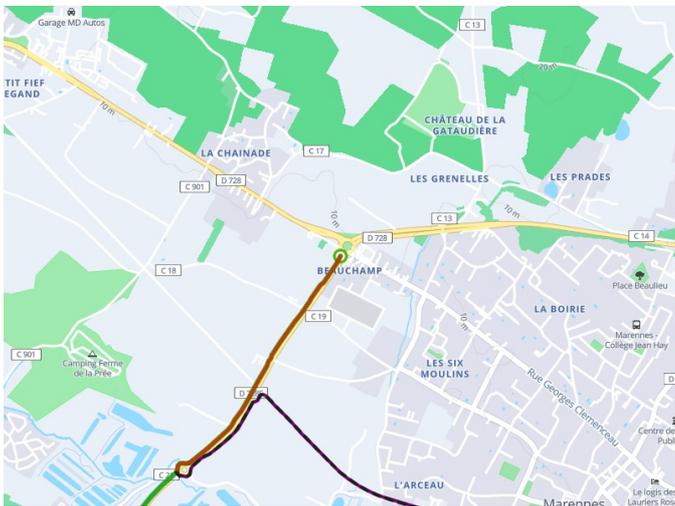
**Niveau**  
I begin / Family

**Thématique**  
Seaside

- Voie cyclable
- Liaisons
- Sur route
- - - Alternatives
- Parcours VTT
- Parcours provisoire



**Départ  
Marennes**



**Arrivée  
Royan**

