

Lannion / Plestin-les-Grèves

La Vélomaritime - EuroVelo 4



Départ
Lannion

Arrivée
Plestin-les-Grèves

Durée
1 h 39 min

Distance
24,77 Km

Niveau
1 cycle often

Thématique
Seaside

After Lannion, this final Tour de Manche stage in Côtes d'Armor provides plunging views from the cliff above St-Michel-en-Grève, then takes you down along vast St-Michel Beach. Beyond Plestin-les-Grèves, entering the neighbouring county of Finistère, the route isn't laid out yet - return to Lannion for a train to Morlaix, or follow small roads west.

The Route

Mostly on small roads, but with a long section of coastal greenway around St-Michel-en-Grève, plus a stretch of greenway from St-Efflam to Plestin-les-Grèves.

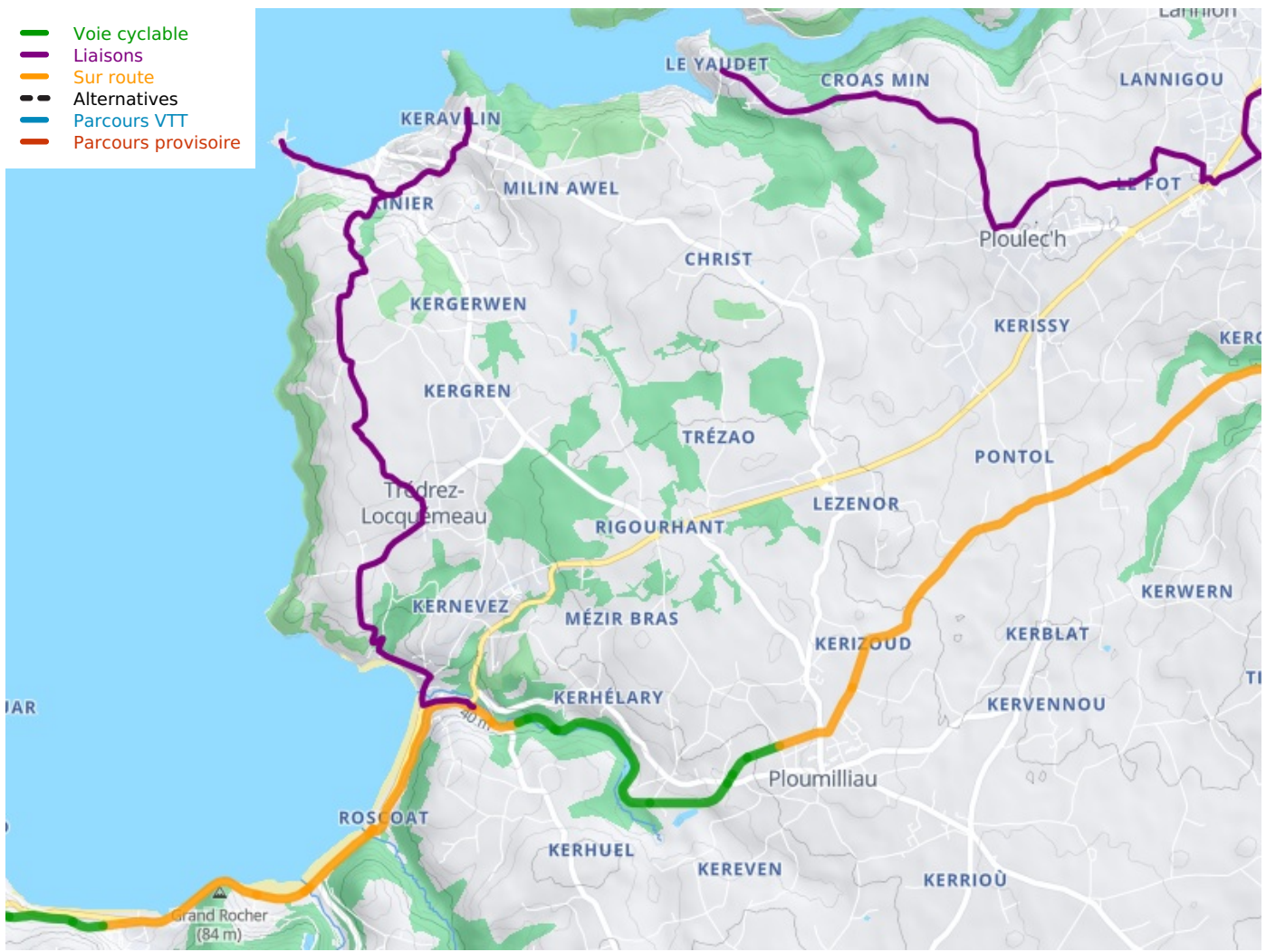
Note that there are a few very steep slopes: south of Lannion, at the hamlet of Keranroux (where many cyclists prefer to dismount); at Quinquis Mill, by the railway-line crossing.

Major safety issues: the RD11 road south of Lannion is often very busy, with a cycle path only serving one direction; crossing the RD786, used by many lorries, at Le Grand Rocher, along St-Michel-en-Grève Beach.

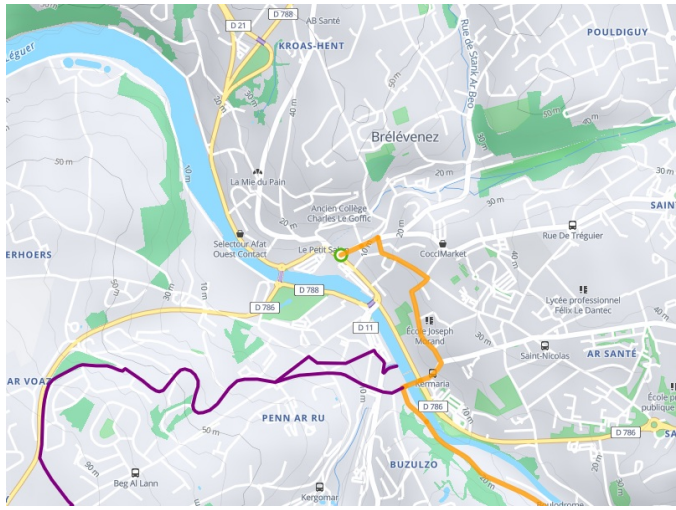
SNCF

Lannion train station (TGV and TER - high-speed and regional train services): Lannion/Morlaix/Brest and Lannion/Guingamp/St-Brieuc/Rennes/Paris lines

- Voie cyclable
- Liaisons
- Sur route
- - - Alternatives
- Parcours VTT
- Parcours provisoire



Départ
Lannion



Arrivée
Plestin-les-Grèves

