

# Matignon / Pleslin-Trigavou

La Vélomaritime / EuroVelo 4



**Départ**  
Matignon

**Arrivée**  
Pleslin-Trigavou

**Durée**  
1 h 40 min

**Distance**  
25,19 Km

**Niveau**  
I cycle often

**Thématique**  
Seaside

Should you have time on your hands, head up first to the seaside resort of Saint-Cast-le-Guildo to make the most of its beaches. The Vélomaritime route then takes you on smoothly via minor roads to Pleslin-Trigavou, which you reach riding along a stretch of the Dinan-Dinard greenway. On the way, stop at the Château du Guildo, enjoying exceptional views of the Arguenon Estuary.

## The route

Mainly on minor roads, with a stretch at the end of the stage along a greenway, from Trémereuc to Pleslin-Trigavou. To avoid crossing the Rance Dam, that way proving too dangerous for cyclists, the route leads you along the Rance Valley.

**Take care** crossing the Arguenon River via the Pont René Pléven bridge along the RD786 road.

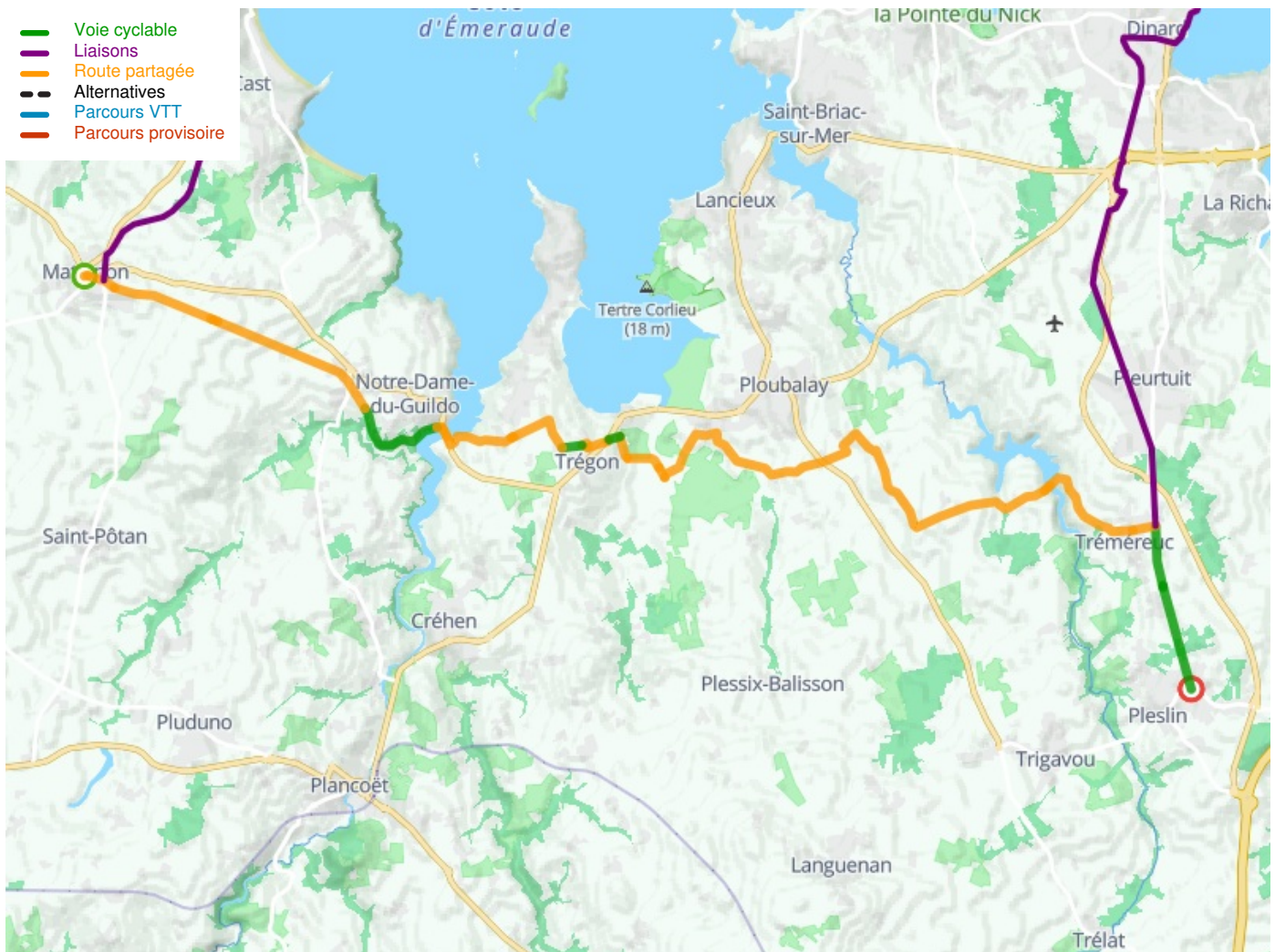
## Links

From the village of Matignon, a 3km link allows you to reach the seaside resort of Saint-Cast-le-Guildo.

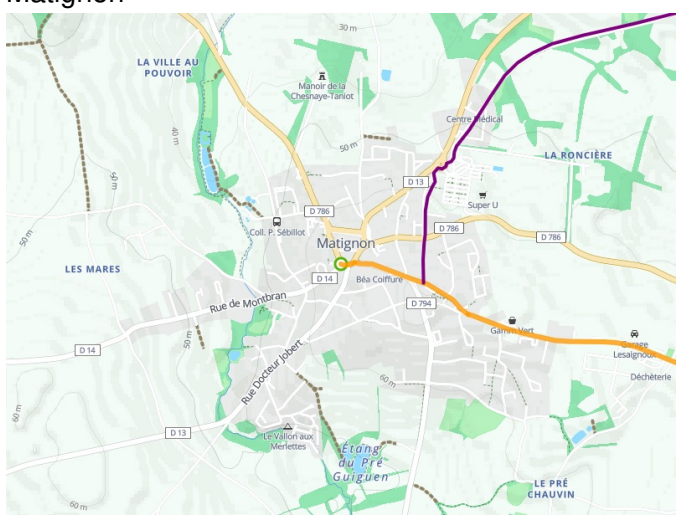
Leaving Trémereuc, there's a 9km link via a former railway line taking you to Dinard.

## SNCF

- Nearby station Saint-Malo station: TGV and TER to Rennes, Paris, TER to Dol-de-Bretagne



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