

Paimpol / Tréguier

La Vélo maritime - EuroVelo 4



Départ
Paimpol

Arrivée
Tréguier

Durée
1 h 21 min

Distance
20,61 Km

Niveau
I cycle often

Thématique
Seaside, Nature & small
heritage

The atmosphere is deeply rural on this stage of the Tour de Manche. You only see the sea at Paimpol, but enjoy splendid vistas onto the Trieux Valley, nr. Lézardrieux, and onto the Jaudy Valley, nr. Tréguier. The last, designated a Petite Cité de Caractère, is the charming historic capital of the Trégor area. A stage for intermediate-level cyclists.

The Route

Mainly along small country roads.

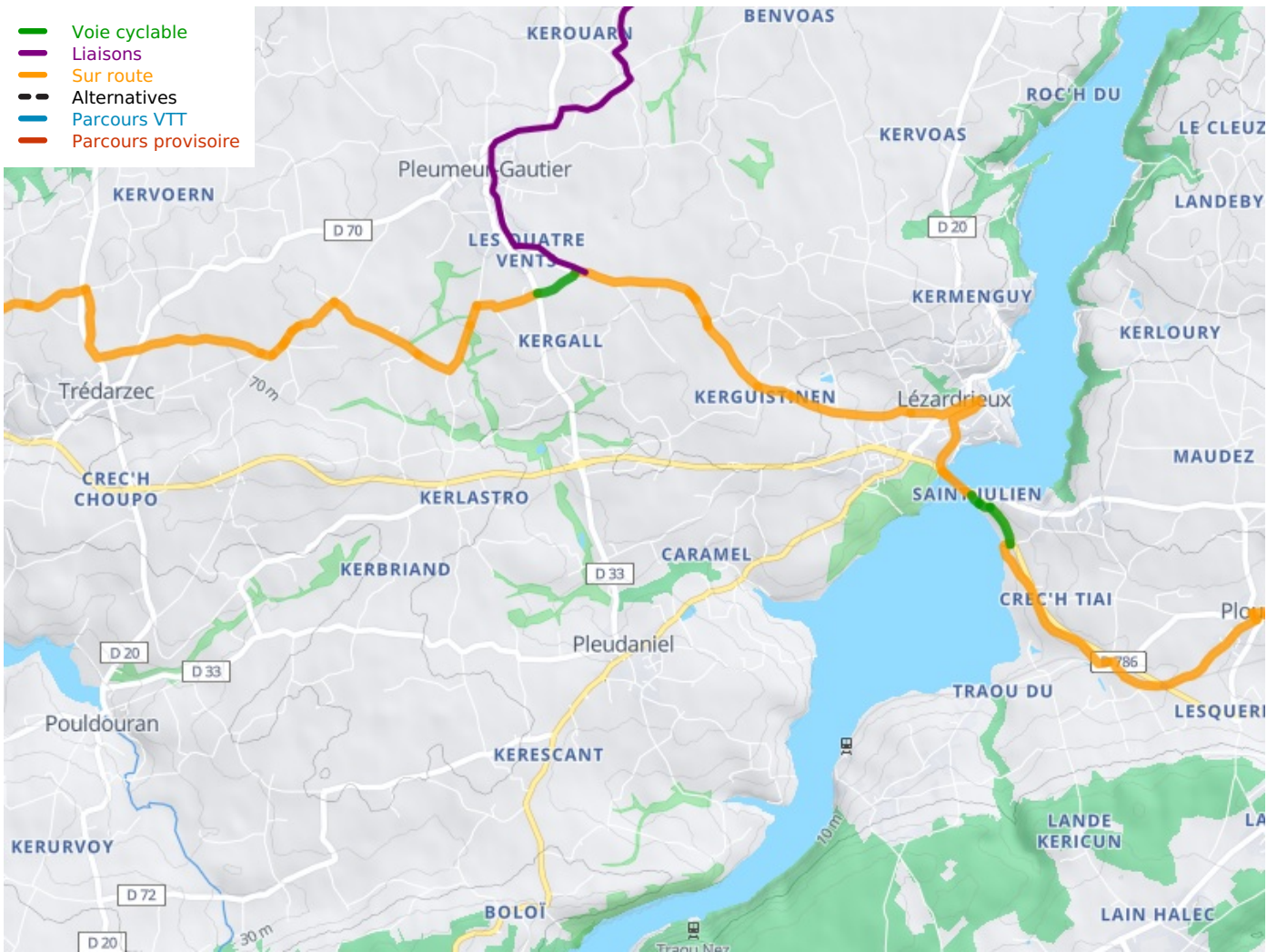
Note some significant safety issues crossing the RD786 road on north and south sides of Lézardrieux's bridge over the Trieux; also take care crossing the Pleumeur-Gautier road at the level of the calvary cross in the hamlet of Kerdavid.

SNCF

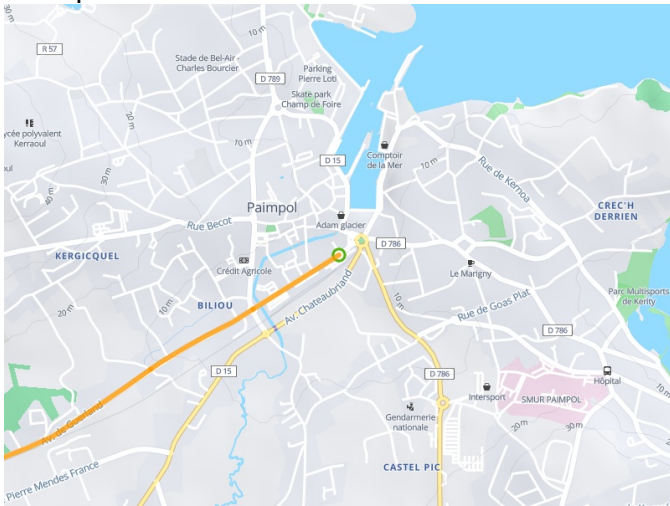
Paimpol train station (TER - regional train services): Guingamp/Paimpol line

Historic steam train, [La Vapeur du Trieux](#), from Paimpol to Pontrieux.

- Voie cyclable
- Liaisons
- Sur route
- - - Alternatives
- Parcours VTT
- Parcours provisoire



Départ Paimpol



Arrivée Tréguier

