

# Plestin-les-Grèves / Lannion

## La Vélo maritime / EuroVelo 4

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<b>Départ</b> Plestin-les-Grèves	<b>Arrivée</b> Lannion
<b>Durée</b> 1 h 38 min	<b>Distance</b> 24,74 Km
<b>Niveau</b> I cycle often	<b>Thématique</b> Seaside

The Vélo maritime heads for Lannion, with a delightful warm-up for you, cycling beside the Bay of Saint-Michel-en-Grève. Bolder cyclists will enjoy tackling the detour to the port of Locquémeau via Trédrez's cliffs. A greenway leads you gently to Ploumilliau, then you climb away from the coast, heading a bit inland to reach the historic town of Lannion.

### The route

Mainly along minor roads, with a stretch of greenway between Plestin-les-Grèves and St-Efflam, plus a long section of coastal greenway from St Michel-en-Grève to Ploumilliau.

There are several extremely steep slopes: at the Quinquis mill, crossing under a railway line; and, south of Lannion, in the hamlet of Keranroux (where cyclists not used to such gradients may need to dismount).

Take care along the RD786 road, which is often busy with lorries at Le Grand Rocher, along St Michel-en-Grève Beach, as well as along the RD11 road south of Lannion, which can be very busy with traffic and only has a cycle lane in place on one side of the road.

Links:

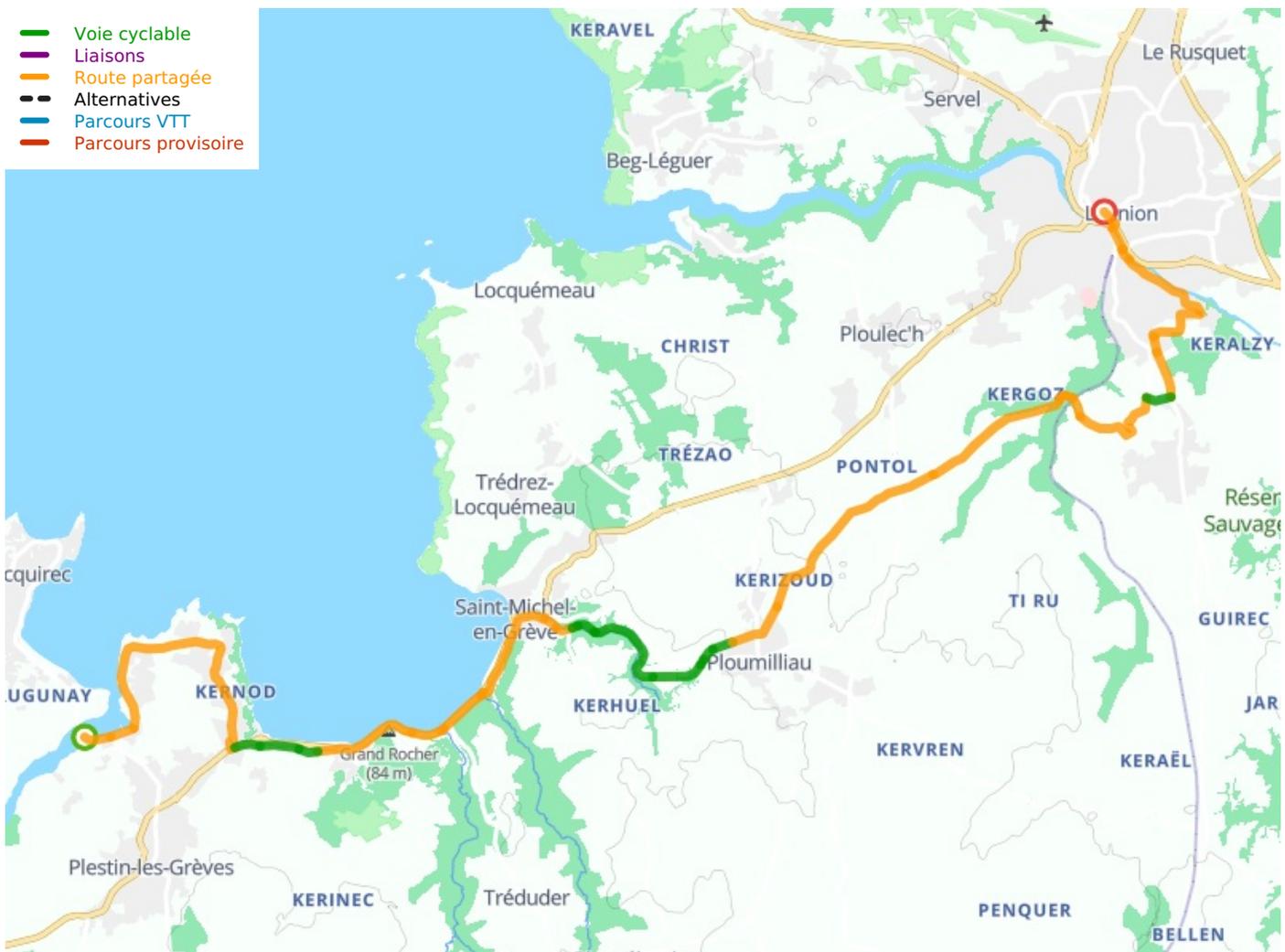
After the village of Saint-Michel-en-Grève, a signposted 6km link allows you to reach the port of Locquémeau and the Pointe du Dourven headland, cycling via Trédrez's cliffs.

South of Lannion, a signposted 8km link takes you to the beautiful port of Le Yaudet, the area around it protected as an espace naturel sensible (a fragile natural area).

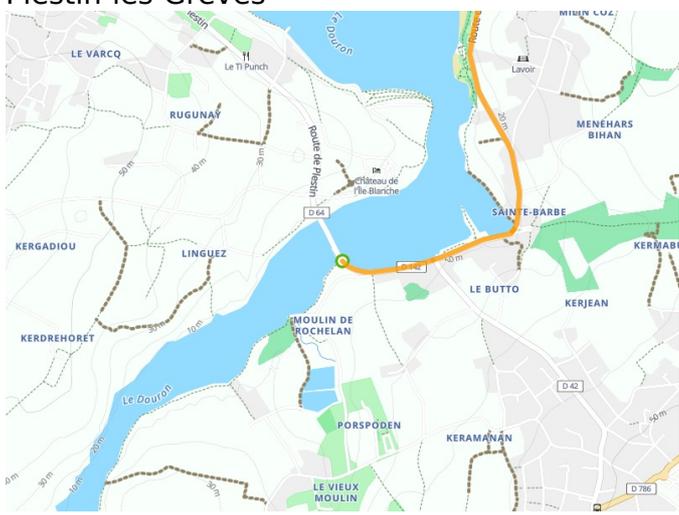
### SNCF

- Nearby station Lannion station (TGV, TER): Lannion/Morlaix/Brest line Lannion/Guingamp/St-Brieuc/Rennes/Paris

- Voie cyclable
- Liaisons
- Route partagée
- - - Alternatives
- Parcours VTT
- Parcours provisoire



**Départ**  
Plestin-les-Grèves



**Arrivée**  
Lannion

