

# Saint-Brieuc / Erquy

La Vélomaritime / EuroVelo 4



**Départ**  
Saint-Brieuc

**Arrivée**  
Erquy

**Durée**  
2 h 36 min

**Distance**  
39,01 Km

**Niveau**  
I cycle often

**Thématique**  
Seaside

From Saint-Brieuc, you join the bay named after the city to then enjoy a lovely trip through its nature reserve. Cycling beside the strand, the Bay of Saint-Brieuc reveals a multitude of varied atmospheres, depending on time and tide. On the way to Erquy, enjoy the delights of the resort of Pléneuf-Val-André and the little port of Dahouët tucked away beside it. This stage proves quite challengingly hilly, with all its ups and downs. We're sure local man Bernard Hinault, a true cycling champion and icon, five times winner of the Tour de France, would concur!

## The route

A mix of quiet country roads and greenways along compacted natural earth tracks. The level of difficulty is high, with lots of slopes to tackle. Dangerous stretch with busy traffic on the road from Pléneuf Val André, before arriving at the port of Dahouët.

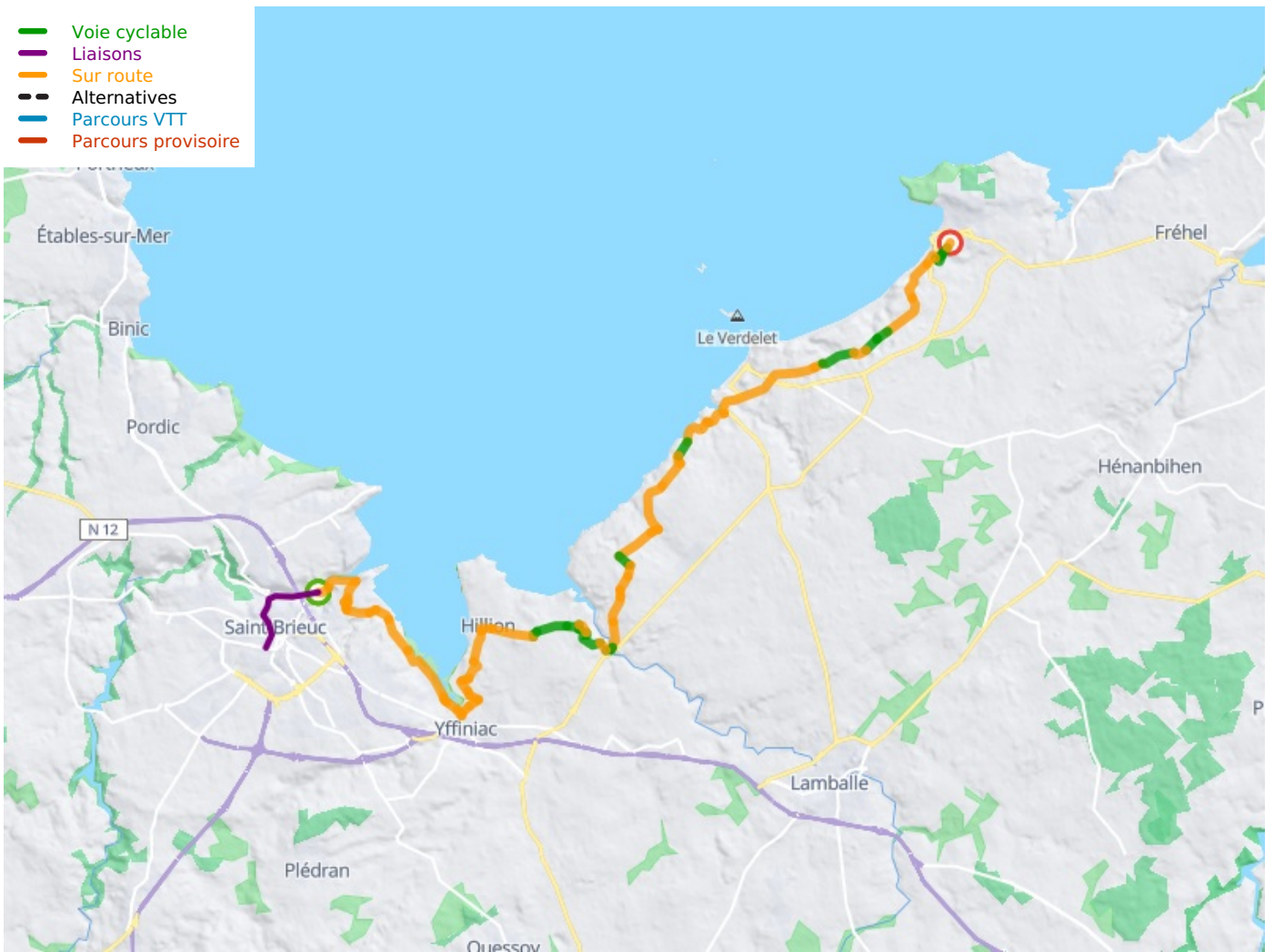
## Link

from the Port du Légué, a signposted link just 4km in length can lead you to or from Saint-Brieuc train station."

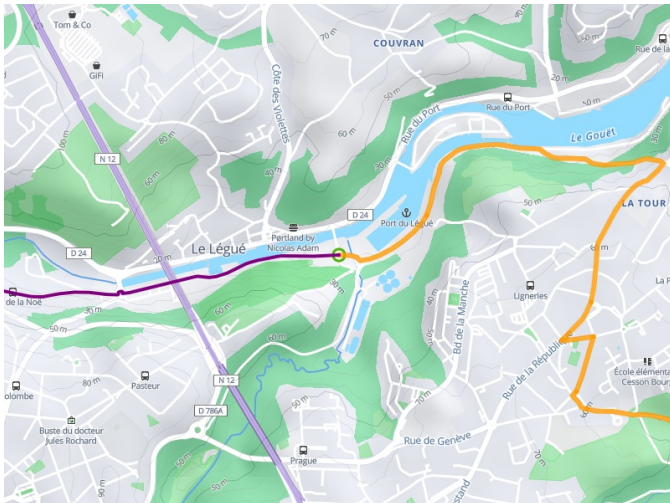
## SNCF

- Nearby station St-Brieuc station (TGV, TER): Paris/Rennes/Saint-Brieuc/Morlaix/Brest line

- Voie cyclable
- Liaisons
- Sur route
- Alternatives
- Parcours VTT
- Parcours provisoire



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