

Châteaulin / Châteauneuf-du-Faou

Le Canal de Nantes à Brest



Départ
Châteaulin

Arrivée
Châteauneuf-du-Faou

Durée
2 h 32 min

Distance
42,60 Km

Thématique
Canals & intimate rivers

From Châteaulin, take the towpath into the green corridor of central Brittany: the Canal de Nantes à Brest. Wind your way along the wide Aulne River, punctuated by flower-filled locks. When you reach Pleyben, take heart and climb up to visit the parish enclosure. Continuing on to Ty Men, you'll come across the "Victor", a Nantes barge rescued from the waters and a vestige of Breton inland navigation. Your cycling tour ends in Châteauneuf, at the foot of the chapel on its rocky outcrop.

The cycle route

The towpath of the Canal de Nantes à Brest is relatively flat and not particularly difficult to cycle. If you'd like to reach the higher villages on either side of the canal, there are signposted connecting routes. You're best off with a mountain bike or VTC.

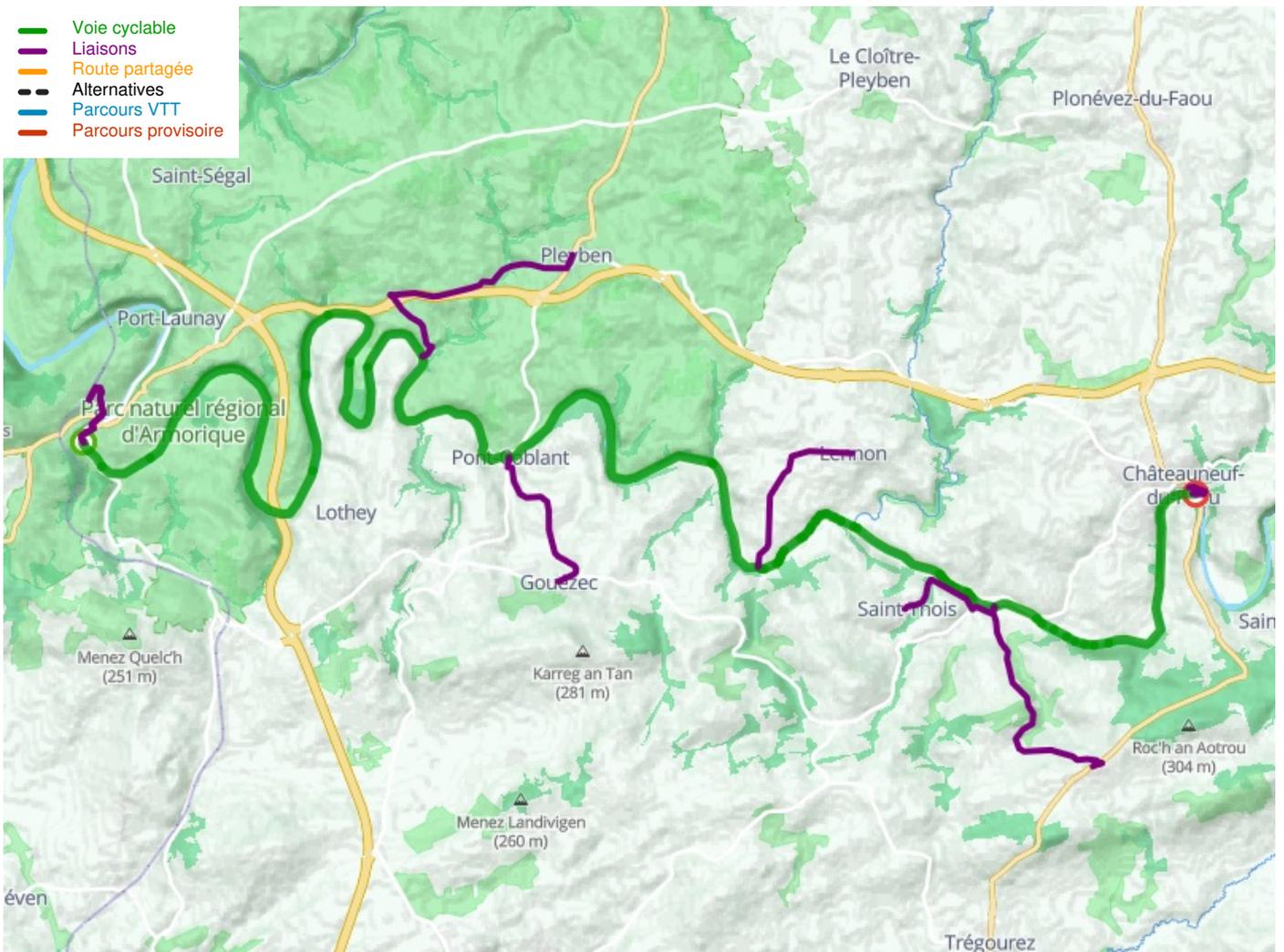
Bus (with bike loading)

You can take your bike on the [BreizhGo buses](#) to and from Châteaulin and Carhaix (you can also stop at Pont-Triffen).

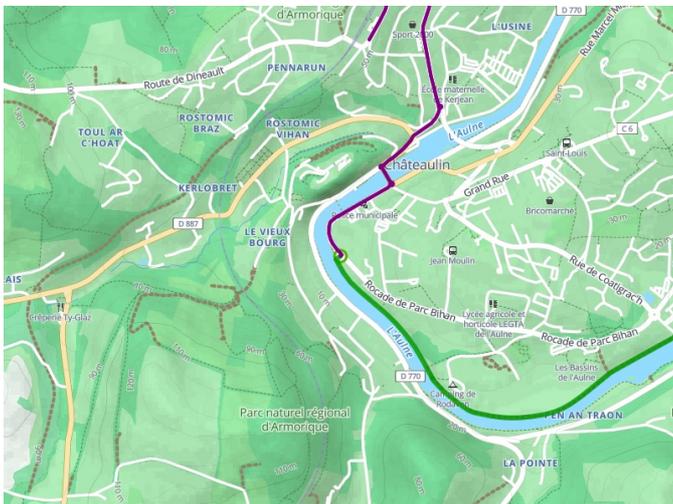
Don't miss

- **Port Launay**: charming village near Châteaulin
- **Pleyben**: the parish enclosure
- **Ty Men**: remains of the Nantes barge "Victor"

- Voie cyclable
- Liaisons
- Route partagée
- - - Alternatives
- Parcours VTT
- Parcours provisoire



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