

Flagnac / Entraygues-sur-Truyère

Lot Valley Cycle Route



Départ Flagnac Arrivée Entraygues-sur-Truyère

Durée 2 h 20 min Distance 35,08 Km

Niveau I cycle often Thématique Canals & intimate rivers This is where the unique character of the Lot Valley really comes into its own. Pleasant villages clinging to the banks, ancient river ports, provide a distraction from the ribbon of liquid that flows, peaceful or impetuous, between the shale hills and the Fel hillsides, offering a cameo of green or gold depending on the time of day and the season. A peaceful playground, shared with fishermen and kayakers, all the way to the confluence with the mighty Truyère! From Grand-Vabre, you can take the Voie de Conques, a variant that winds its way up the Dourdou valley.

The cycle route

Signposted La vallée du Lot à vélo (V 86). D 42 on the right bank of the Lot with moderate traffic on winding road along the river with gentle gradients. Camper vans and canoe-kayak transport vehicles are present during the tourist season. Follow the D601, D141 and D107, still on the right bank of the Lot, then the Truyère as far as the old Entraygues bridge. Quiet lanes on the left bank of the Truyère to the center of Entraygues.

From **Grand-Vabre**, you can take the easier "Voie de Conques" route up the Dourdou valley.





