

Saint-Cirq-Lapopie / Cajarc

Lot Valley Cycle Route



Départ
Saint-Cirq-Lapopie

Arrivée
Cajarc

Durée
1 h 30 min

Distance
22,73 Km

Niveau
I cycle a lot

Thématique
Canals & intimate rivers

The heart of the Lot valley stretches between the cliffs and hills of the Causse du Quercy. A beautiful cycling route on the left bank of the river, winding at the foot of white cliffs from which emerge all the shades of green of a wild vegetation. There are many tourist attractions, such as Cénevières and its castle perched above a meander, and Larnagol, another castle with a moving church on the banks of the Lot, before disembarking in the medieval circulate of old Cajarc.

The cycle route

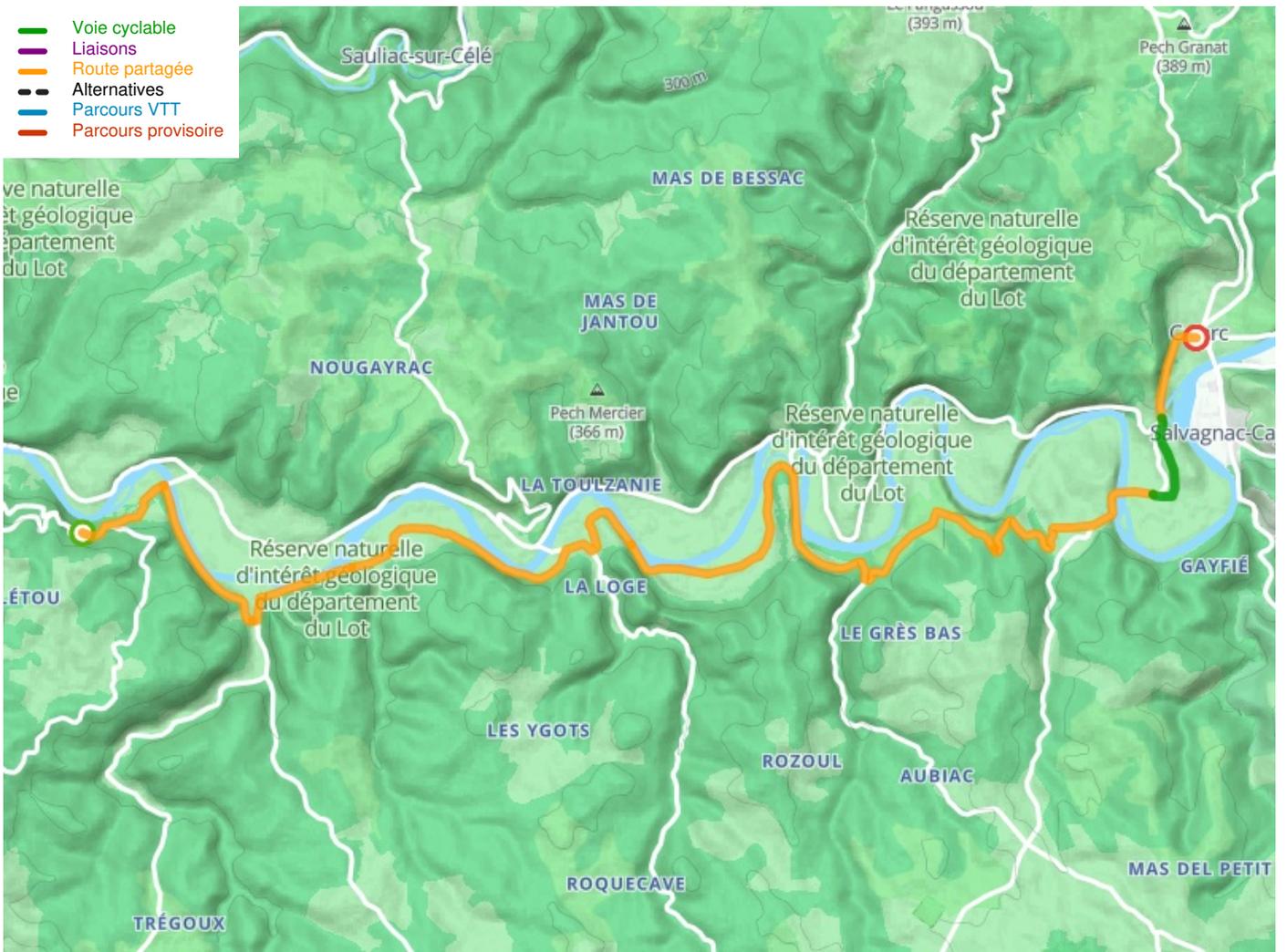
Provisional, unmarked route. From Saint-Cirq-Lapopie, we take the D8, a winding road with moderate traffic that follows the Lot at the foot of the cliffs to Gaillac, with a few good climbs at the end. Take care on the D19 after Calvignac and on the D662 at the entrance to Cajarc. Eventually, this route will become a greenway on the old railroad line.

No trains on this route.

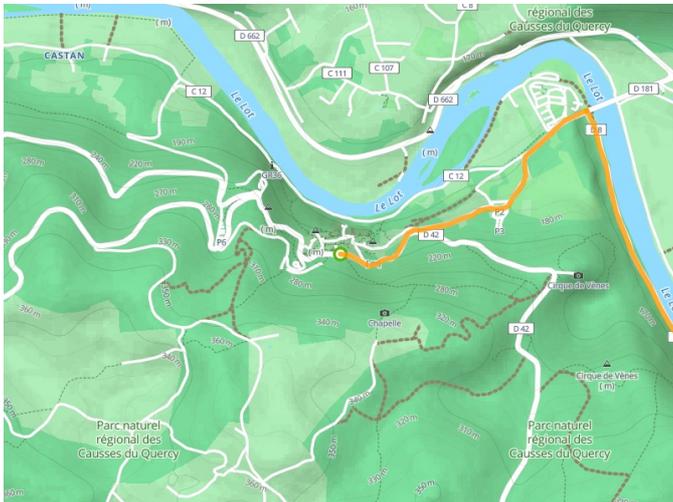
Buses

- [Car LIO](#) : Cahors - Saint-Cirq-Lapopie – Cajarc – Capdenac with space for bikes in the cabin in a dedicated area or in the baggage hold.

- Voie cyclable
- Liaisons
- Route partagée
- Alternatives
- Parcours VTT
- Parcours provisoire



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