Villecomtal / Espalion

Lot Valley Cycle Route

Départ
Villecomtal

Arrivée
Espalion

Durée
2 h 32 min

Distance
38,08 Km

Niveau
I cycle a lot

Thématique
Canals & intimate rivers

We cross the "rougier" lands, dotted with colorful villages and castles scattered across the countryside. It's a winding climb through wild woods that refresh the increasingly intimate Dourdou valley as you approach the picturesque village of Rodelle. Although the cyclist's calves are put to the test, the landscapes are grandiose, particularly those of the Bozouls canyon, which leave a lasting impression. Before cycling down the old railroad line that joins the Lot at Espalion.

The cycle route

Signposted La vallée du Lot à vélo - voie de Conques (V 86).

From Villecomtal to Bozouls: D904 on the right bank of the Dourdou, with moderate traffic along the river and a moderate, gradual gradient to the outskirts of Rodelle. D68, D27 and D581 to Bozouls. Short sections with gradients >10% on the outskirts of Rodelle, then a steady climb with many false flats to Bozouls.
Difference in altitude: + 474 m / - 241 m.

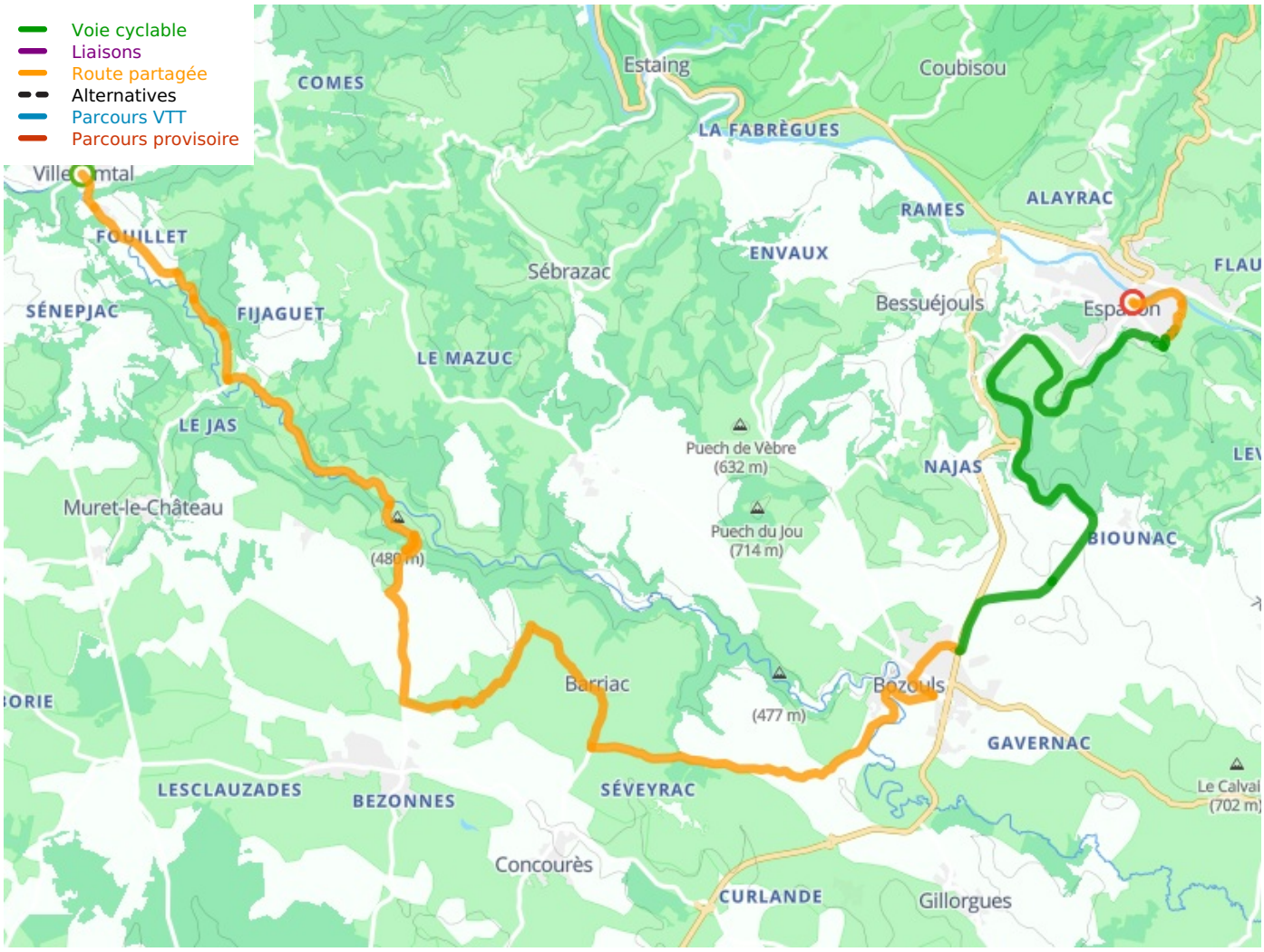
From Bozouls to Espalion: former railroad line converted into a rustic hiking trail with a moderate gradient and numerous engineering structures. Difference in altitude: + 140 m / - 342. From Bozouls, you can reach Rodez via Bertholène (approx. 35 km, not signposted).

From Bozouls to Bertholène: track on old railroad line with moderate gradients.

From Bertholène to Rodez: D 27, D 56 from Montrozier, then D 12, low-traffic but narrow and winding. Steep gradients in the Palanges forest and in the Sainte-Radegonde area.
Difference in altitude + 500 m / - 524 m.

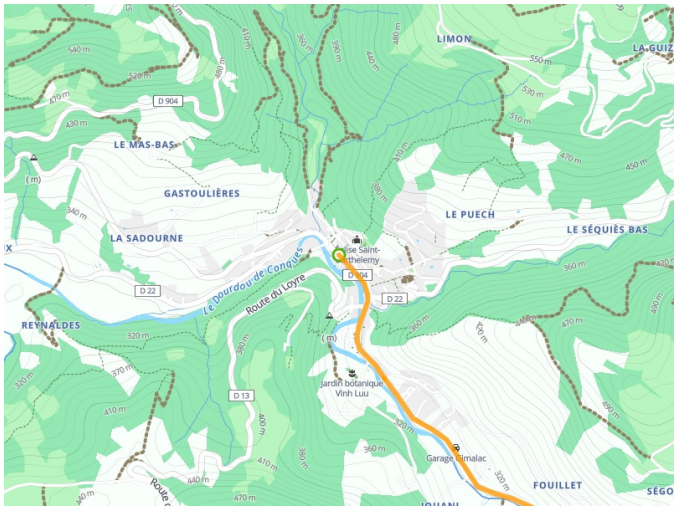
Train station

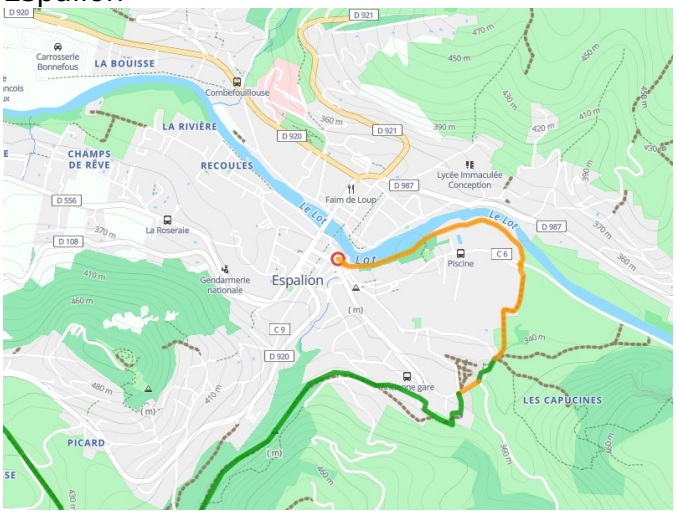
- Rodez train station: TER LIO Rodez - Saint-Christophe - Figeac – Brives & bus to Toulouse



Départ

Villecomtal



Arrivée

Espalion