

Mouthe / Frasne

P'tite GTJ by bike



Départ
Mouthe

Arrivée
Frasne

Durée
2 h 43 min

Distance
40,90 Km

Niveau
I cycle often

Thématique
Mountains

Your cycling trip along La P'tite GTJ continues along quiet roads leading to Remoray Lake, followed by Lac Saint-Point, the largest natural lake in the département of Jura, and France's fourth-largest. Over 7km long, Saint-Point Lake boasts several beaches and is particularly appreciated by summer visitors when temperatures rise. After passing via Vaux-et-Chantegrue, you cross a stretch of forest at Bonnevaux to reach the peat bogs of Frasne Bouverans, classified as a regional nature reserve. These peat bogs present a wide variety of humid zones, from low marshes to living marshes to wooded marshes. They also play a significant role in capturing greenhouse gases, their conservation important in limiting the impact of climate change. So, while exploring this ecosystem, make sure you leave it untouched!

The Route

There are some steep slopes between Vaux-et-Chantegrue and Bonnevaux. Do take care on the descents, remembering that there are cattle grids to cross!

Starting out along a quiet road shared with just light motorized traffic up to Saint-Point Lake, then on a stretch with even lighter traffic up to Bonnevaux, the stage finishes along a cycle track leading from Bonnevaux to Frasne.

Practical information

Services available: tourist offices at Mouthe and Frasne; shops; fruitière à comté for Comté cheese ageing; cafés/restaurants; pharmacy

SNCF train services

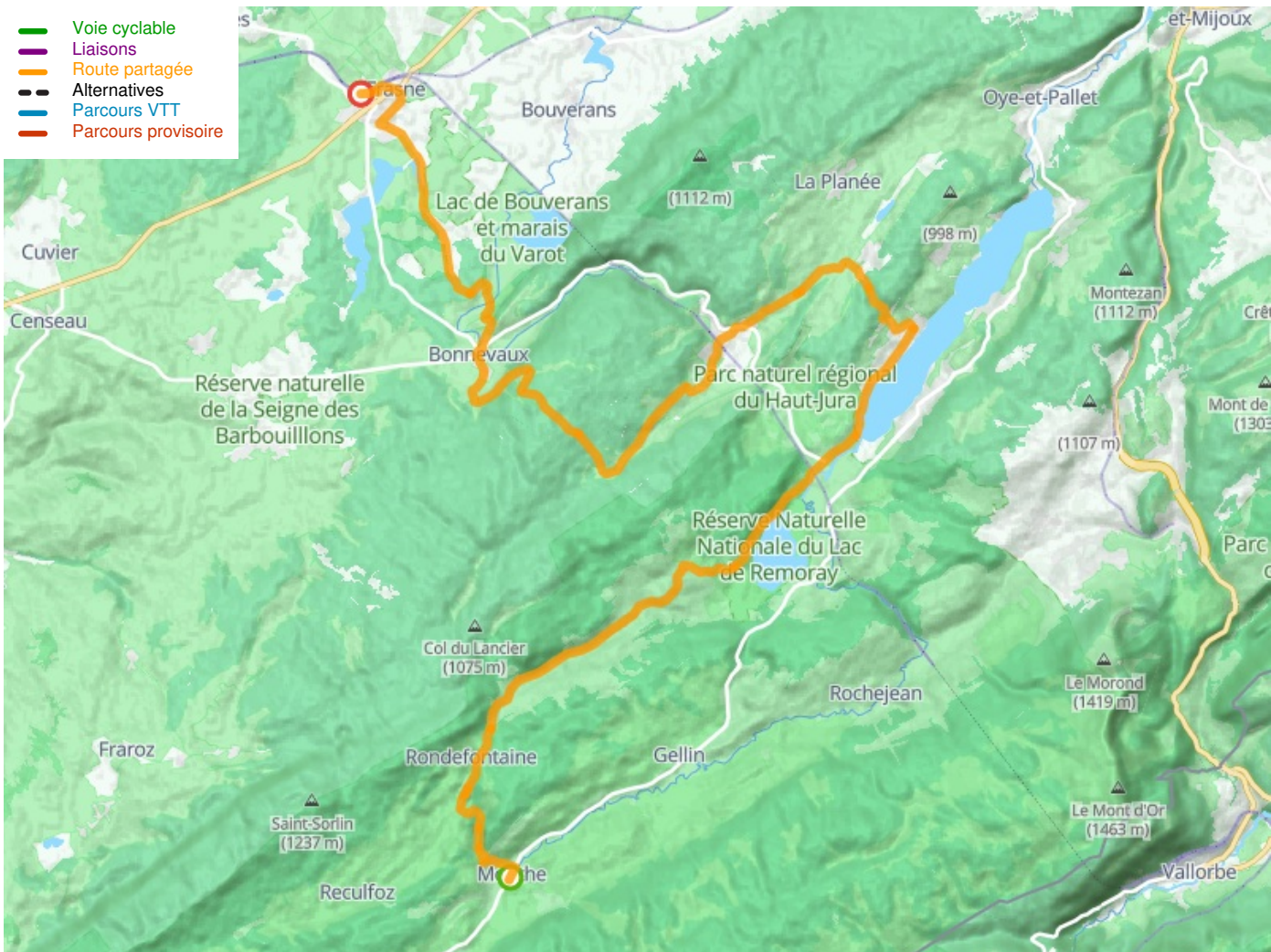
- gare de Pontarlier
- gare TGV de Frasne (for high-speed train connections)

Don't miss

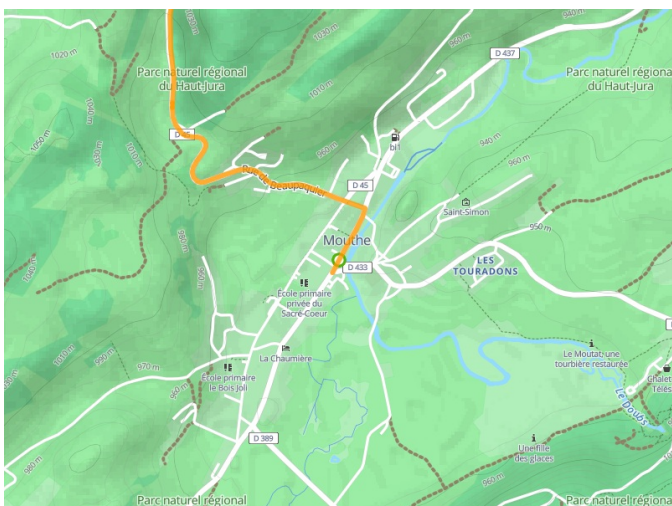
- **Mouthe**: the source of the Doubs River
- **Labergement Sainte-Marie**: Lac de Remoray
- **Malbuisson**: Lac Saint Point
- **Frasne**: tourbières (peat bogs)

Nearby:

- **Pontarlier** : Château de Joux and Fort Mahler; Route des Abolitions de l'Escalavage (a tourist route recalling the strong historic connections here with the campaign to abolish slavery in France); museum



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