

# Yffiniac / Allineuc

## Saint-Brieuc to Lorient - Cycle Route 8 in Brittany

---

□

**Départ**  
Yffiniac**Arrivée**  
Allineuc**Durée**  
2 h 50 min**Distance**  
42,71 Km**Niveau**  
I cycle a lot**Thématique**  
Nature & small heritage

Starting at Yffiniac, at the bottom of the Bay of Saint-Brieuc, strike south into the green countryside of inland Brittany. The route, along small roads, leads to the village of Allineuc and Bosméléac Reservoir, which used to provide the water for the Rigole d'Hilvern Channel, built to supply water to the Canal de Nantes à Brest.

### The route

The route takes you along quiet hilly roads up to the Rigole d'Hilvern Channel.  
At the bottom of the Bay of St-Brieuc, leave Véloroute EV4 / Tour de Manche and follow signs for Les Grèves. Go as far as the entrance to Yffiniac village and branch off for the cemetery 200m to the right. Continue straight on, beside the N 12, before crossing this road via a bridge and continuing in the direction of Le Prest. At the crossroads with the D 1, follow signs for La Fontaine.  
Follow the V8 green and white panels up until you join the Rigole d'Hilvern Channel.

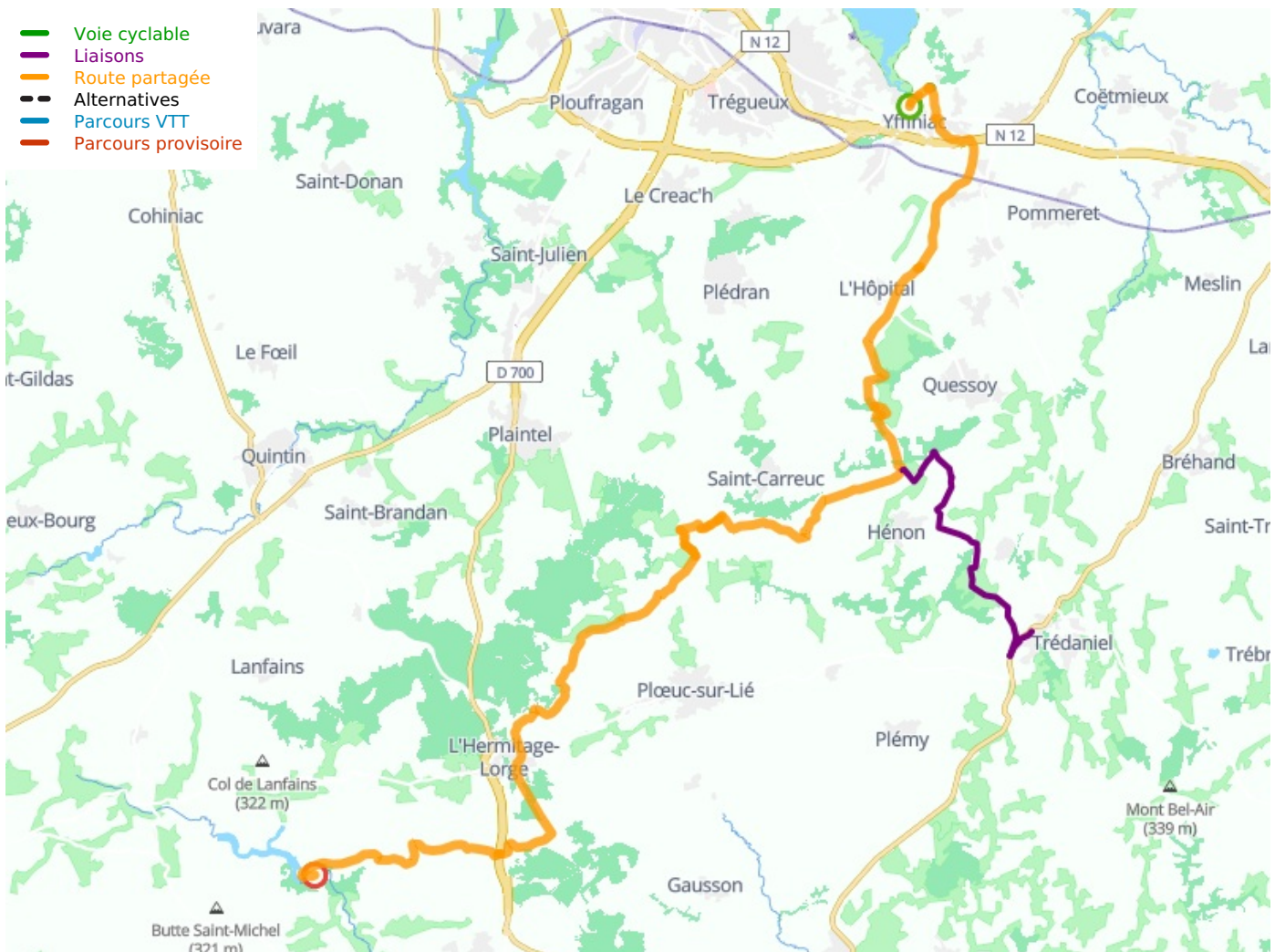
**Take special care** on the D 28 road (after Le Beau Chêne), at the crossroads with the D 25 road and at the crossroads with the D 44 road at Bel-Orient.

### SNCF Train Services

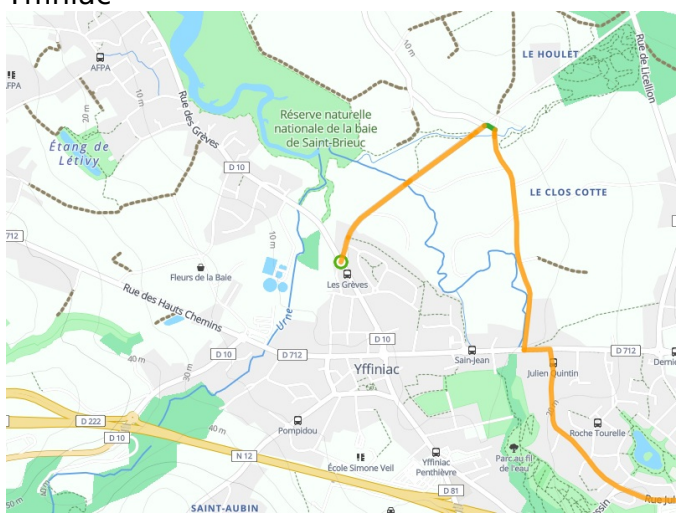
Saint-Brieuc TGV and TER train station (for high-speed and regional services): on the line Paris/Rennes/Saint-Brieuc/Morlaix/Brest  
Yffiniac TER regional train station: on the line Rennes/La Brohinière/Saint-Brieuc and the line Saint-Brieuc/Lamballe/Dinan

### BUS

Tibus Line N°4 Loudéac - Carhaix (also stopping at Saint-Caradec)  
Contact: Tibus 0 810 22 22 22 [www.tibus.fr](http://www.tibus.fr). Up to 3 bikes can be carried in the hold by prior reservation. You must reserve by 5pm the day before at the latest. For further information, telephone 0 810 22 22 22.



**Départ**  
Yffiniac



**Arrivée**  
Allineuc

