

Goulven / Lampaul /Ploudalmézeau

The Coastal cycle path in Brittany



After Goulven and its bay, it is the coast of Legends that is open to you, where at high tide and low tide, the maritime landscape is of a changing and surprising natural beauty. After the lighthouse of Pontusval, covered in black, you will discover the village of Ménéham. Nestled behind huge blocks of stone with strange shapes, it has kept its mysterious charm of yesteryear.

Départ
Plouescat

Arrivée
Brignogan-Plages

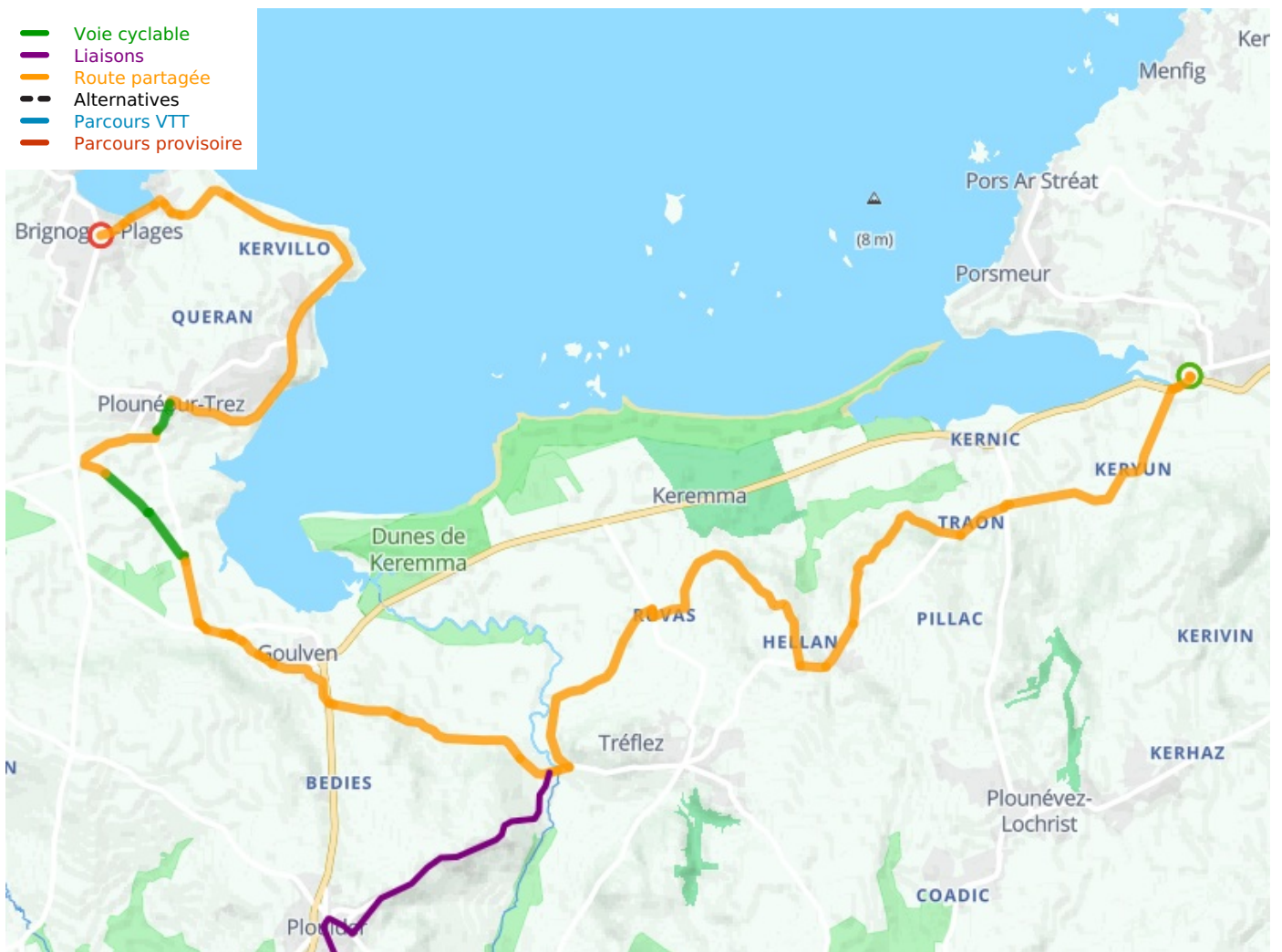
Durée
1 h 55 min

Distance
22,02 Km

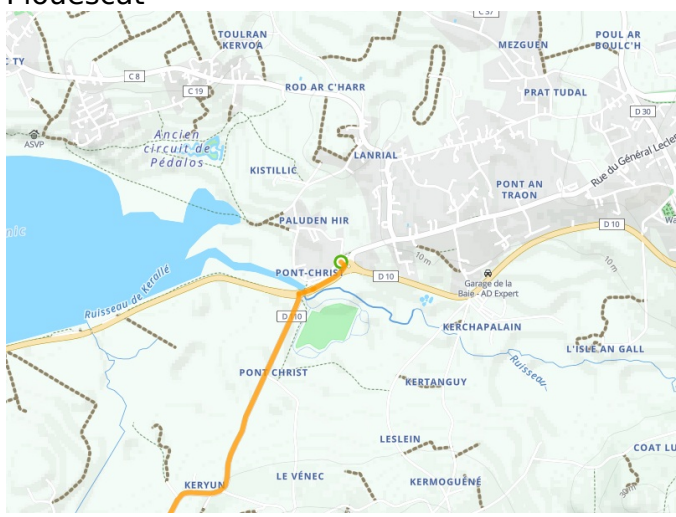
Niveau
I cycle often

Thématique
Seaside

- Voie cyclable
- Liaisons
- Route partagée
- - - Alternatives
- Parcours VTT
- Parcours provisoire



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