

Pénestin / St-Molf

The Coastal cycle path in Brittany



Départ
Concarneau

Arrivée
Pont-Aven

Durée
1 h 36 min

Distance
31,24 Km

Niveau
I cycle often

Thématique
Seaside, Nature & small
heritage

This stage, heading south from the Vilaine Estuary, is classed as being for expert cyclists, with a lot of stretches going along the water's edge. The Pointe du Bile Headland is a great spot at which to stop and appreciate the maritime atmosphere. As to the Bay of Pont-Mahé, with its gently sloping beach, you'll see how it's a favourite for learner windsurfers.

Cycle route

This stage is provisional, going on small roads through built-up areas and past old-style coastal villas. Note that the way is not signposted and not laid out between Pont-Mahé and Pont d'Arm (on the D 33 road).

Be careful not to be misled by signs for local cycle trails that can easily make you take a wrong route.

In holiday season, traffic can be heavy heading for the beaches.

At Pont-Mahé, there's a rough stretch of track.

Take care on the stretch on the D 33 road at the level of Pont d'Arm as it is not set up for cyclists.

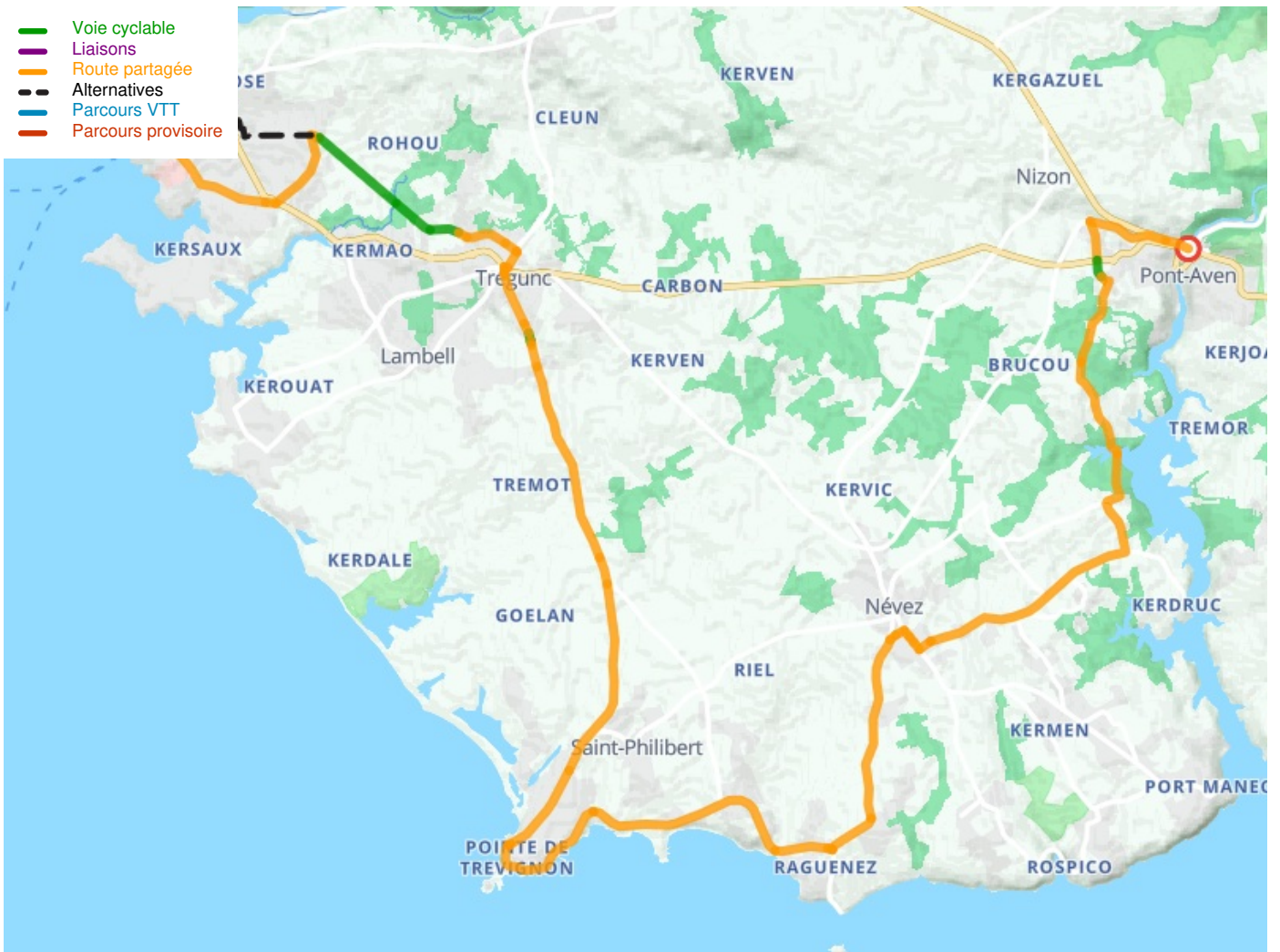
Tourist offices

- [Pénestin](#) : 02 99 90 37 74
- [St-Molf](#) : 02 40 62 58 99

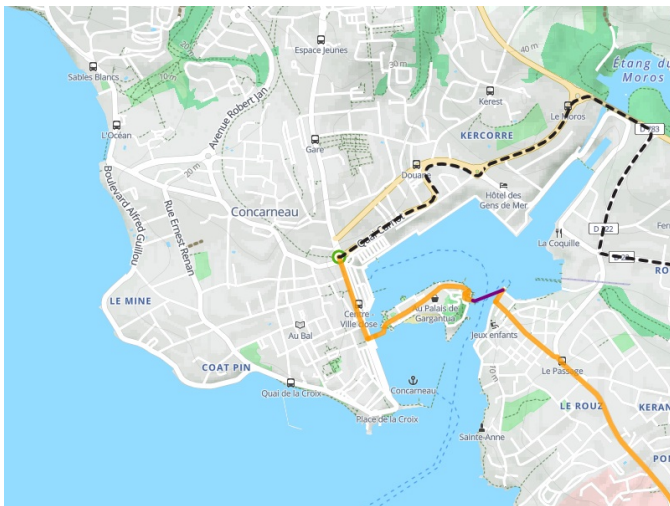
Don't miss

La Mine d'Or Beach; La Pointe du Bile Headland; Pont-Mahé Bay

- Voie cyclable
- Liaisons
- Route partagée
- - - Alternatives
- Parcours VTT
- Parcours provisoire



**Départ
Concarneau**



**Arrivée
Pont-Aven**

