

# Roscoff / Goulven

## The Coastal cycle path in Brittany



**Départ**  
Roscoff

**Arrivée**  
Plouescat

**Durée**  
2 h 56 min

**Distance**  
32,38 Km

**Niveau**  
I cycle often

**Thématique**  
Seaside, Nature & small heritage

From the port of Roscoff, let yourself be tempted by a coastal escape to Goulven. A bicycle tour that makes you want to go out to sea and offers a beautiful variety of views: coves, coves, granite chaos, cultivated fields, stone villages... it smells like authentic Brittany!

### The route

The east-west direction from Roscoff allows you to make the most of the proximity to the sea. A route marked only on shared low-traffic roads, with two passages on agricultural roads and a section of bicycle path.

Relief pronounced before Guillec Cove in Créac'h Bihan.

Bicycle path in Plouescat going down towards Kernic cove.

Strong relief around Lochrist where the road is otherwise narrow. It will therefore be necessary to be vigilant here.

### Liaison

Links between the V5 coastal cycle route and the Brest harbour

From the coastal cycle route, cycle links connect the Channel coast to the bay of Brest:

- From Goulven, a link leads up to Lesneven and then to Landerneau, Drennec, Brest or the Abers region. Mainly on shared roads with occasional relief.

- From the port of Aber Wrac'h, the Abers cycle route (35 km) provides a quiet link between Brest, via Landéda, Lannilis, Plouvien, Plabennec, Le Drennec, Gouesnou and Brest.

Old railway, alternating asphalt roads and developed roads, very little relief, easy.

In the 19th century, a railway occupied the area and saw daily shipments of vegetables, shellfish and other goods passing between Brest and the port of Aber Wrac'h. The so-called "potato train" also took the people of Brest to the beaches on the north coast at weekends, before the railway was finally dismantled at the end of the Second World War.

## SNCF - TER

### Roscoff Station

TER Roscoff > Morlaix accepting bicycles.

At certain times of the year, on the Morlaix-Roscoff coach line, the Brittany Region and the SNCF offer a system for taking care of bicycles at the back of TER coaches.

- Free service with reservation strongly recommended, the number of hooks being limited.

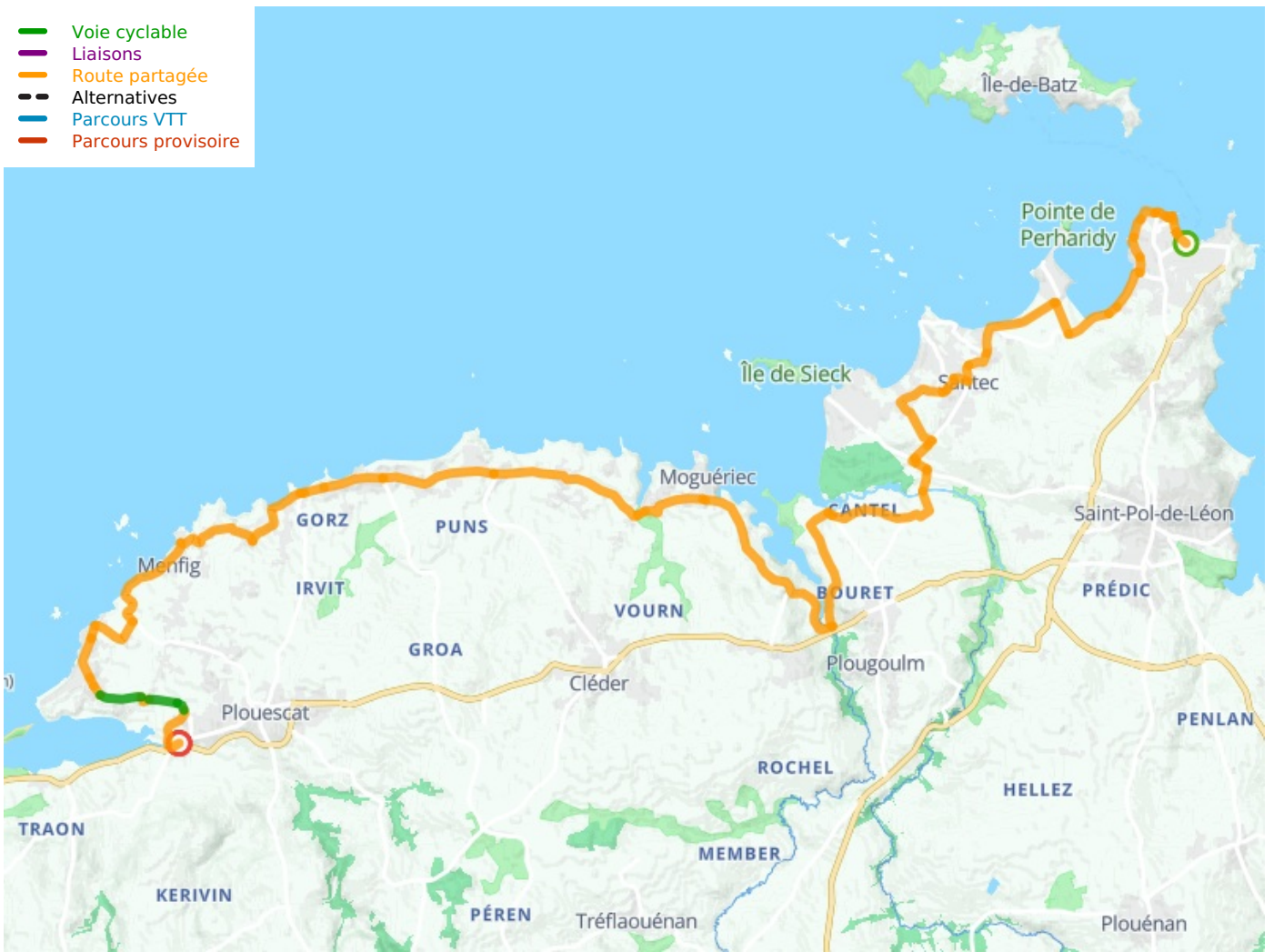
- To book, 48 hours before departure, it's simple: call 0 800 880 562 from Monday to Friday from 7am to 8pm, Saturday from 10am to 5pm.

Maritime connections

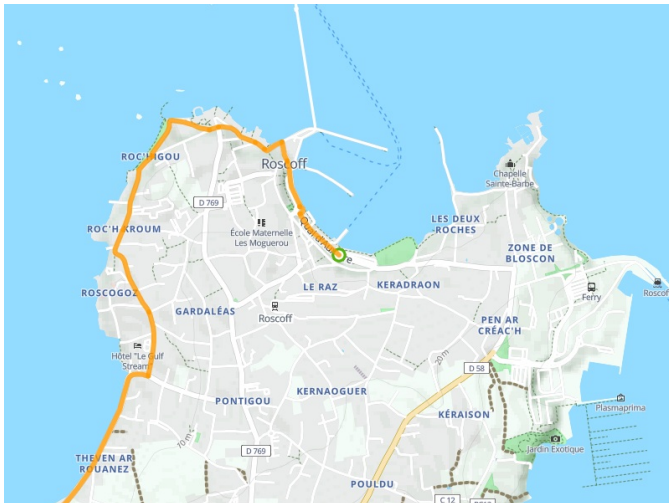
From Roscoff:

- with Vedettes Armor, 15 minutes of crossing to reach the island of Batz.
- with Brittany Ferries, board for Plymouth (England), Cork (Ireland) and Bilbao (Spain).

- Voie cyclable
- Liaisons
- Route partagée
- - - Alternatives
- Parcours VTT
- Parcours provisoire



**Départ  
Roscoff**



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