

# The Quiberon Peninsula by bike

## The Coastal cycle path in Brittany



**Départ**  
Penmarc'h

**Arrivée**  
Pont-Labbé

**Durée**  
2 h 10 min

**Distance**  
32,71 Km

**Niveau**  
I begin / Family

**Thématique**  
Seaside

Enjoy cycling down the Quiberon Peninsula in peace, leaving from the wide dunes at Erdeven just to the northwest. You follow the western, Côte Sauvage down the peninsula to call in at the salty port of Quiberon, its bay swept by southwesterly winds, islands beckoning on the horizon. In summer, you can return up the peninsula on board the traditional 'Tire-bouchon' ('Corkscrew') train, going up to the town of Auray.

### The route

To reach Quiberon Peninsula from Erdeven, small, maintained country paths lead you through big dunes via the historic village of Sainte-Barbe, Le Bêgo Dunes and the Fort of Penthièvre.

There is a cycle track along the D 768 road between Penthièvre Fort and Penthièvre village.

Do take great care cycling down the Penthièvre Isthmus along the D 768 road.

At the end of the cycle track, at the entrance to Penthièvre, follow a stretch of road along the seafront.

At Kerhostin village, get onto the greenway alongside the 'Tire-Bouchon' railway track, then, after 1km, you join the Côte Sauvage coast, following it via a mix of stretches of road shared with traffic and of greenways leading into Quiberon town.

### SNCF train services

Auray train station

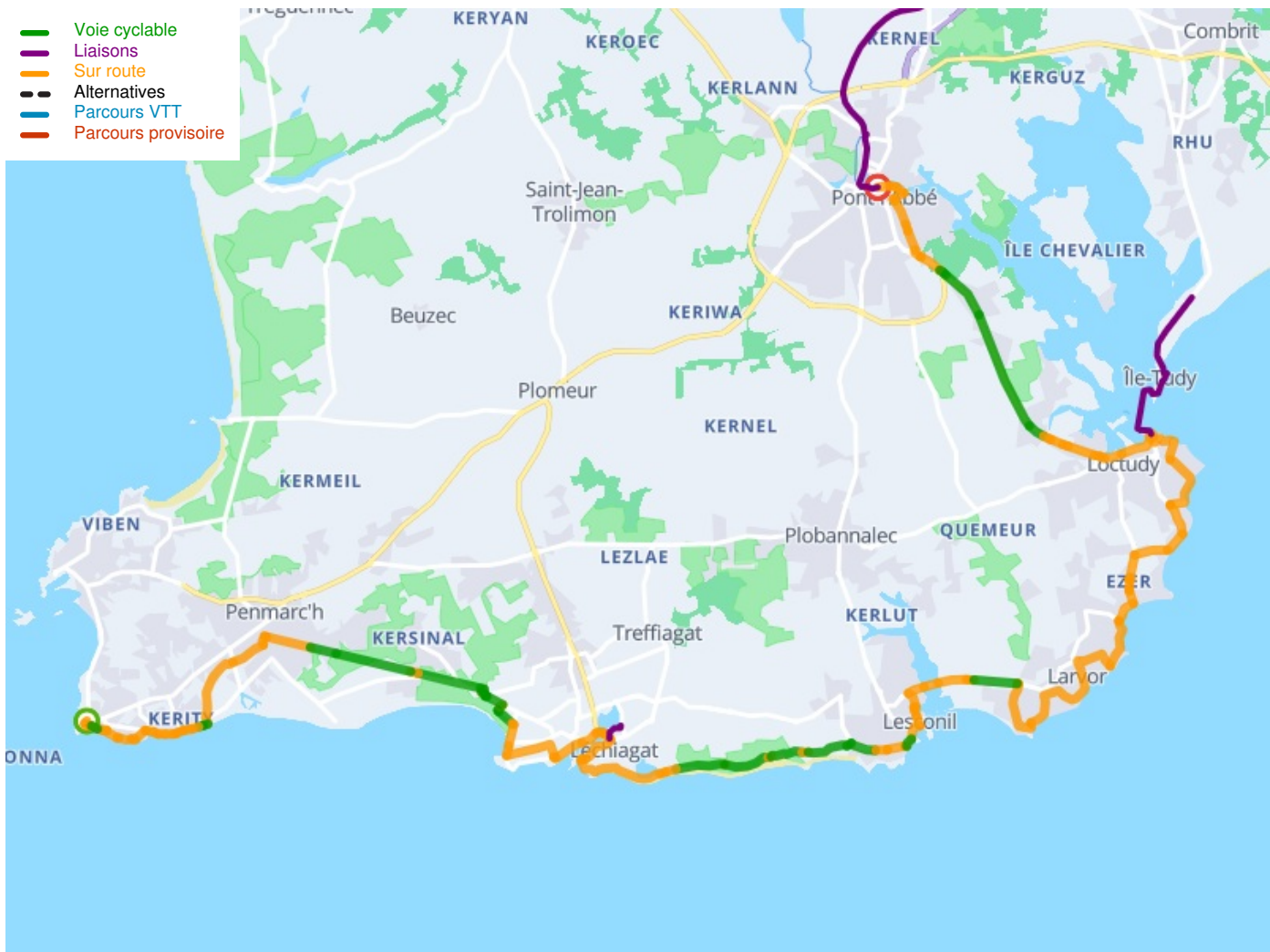
Line Rennes – Redon - Vannes - Auray - Lorient – Quimper

Line Nantes – Brest

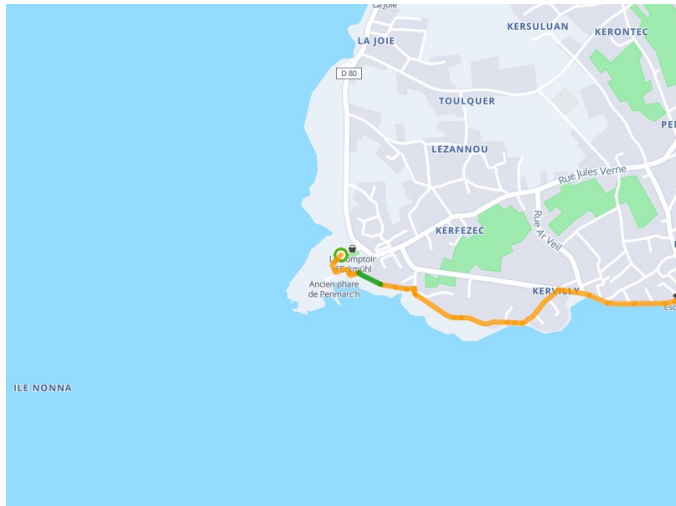
### The 'Tire Bouchon' Summer Train between Auray and Quiberon

This traditional summer holiday train serves all the SNCF train stations between Auray and Quiberon. In July and August, it operates every day. During the second half of June and first half of September, it operates on weekends only. Bikes can be taken on board. You can hire bikes at Plouharnel Tourist Office (above the north end of the Quiberon Peninsula): 02 97 52 32 93

[For further information, see this website](#)



Départ  
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