

Vannes / Port Navalo

The Coastal cycle path in Brittany



From Vannes to Port-Navalo, enjoy the maritime atmosphere of the Golfe du Morbihan by bike. Thanks to its network of cycle paths, you can discover the Rhuys peninsula at your own pace. Its many islands and coves shape this picture-postcard setting. Depending on the season and the tides, you'll be treated to a different spectacle every time.

The cycle route

From Vannes to Theix, the itinerary is provisional, starting at Theix and continuing to Port-Navalo.

After Noyal, follow the V5 greenway along the D780 to Saint-Armel, then follow the small signposted roads to Saint Colombier.

Between Saint Colombier and Sarzeau, the itinerary follows paths. Join the cycle path in Sarzeau to reach the town center, then continue on small, low-traffic roads to the Kerpont pond, where the route follows a greenway to Arzon and Port Navalo.

Alternatives

- At Saint Colombier, cycle along the Marais de Duer, then up to Kerhouët (path).
- The Presqu'île de Rhuys cycling network offers many possible variants and links:
- From Saint-Armel to le Tour-de-Parc
- From Sarzeau to pointe de Saint-Jacques
- From Etang de Kerpont, a greenway leads to Saint-Gildas-de-Rhuys.

SNCF stations

Vannes station

TGV line Paris Montparnasse -Vannes: 3h15 (10 daily connections)

TER: Rennes and Nantes - Redon - Vannes - Lorient - Quimper

Maritime connections

If you wish, ferrymen can take you (on foot or by bike) from one side of the Gulf to the other: Locmariaquer, Damgan, Séné and the islands. Your tour will be enhanced by a short boat trip...

Départ
Vannes

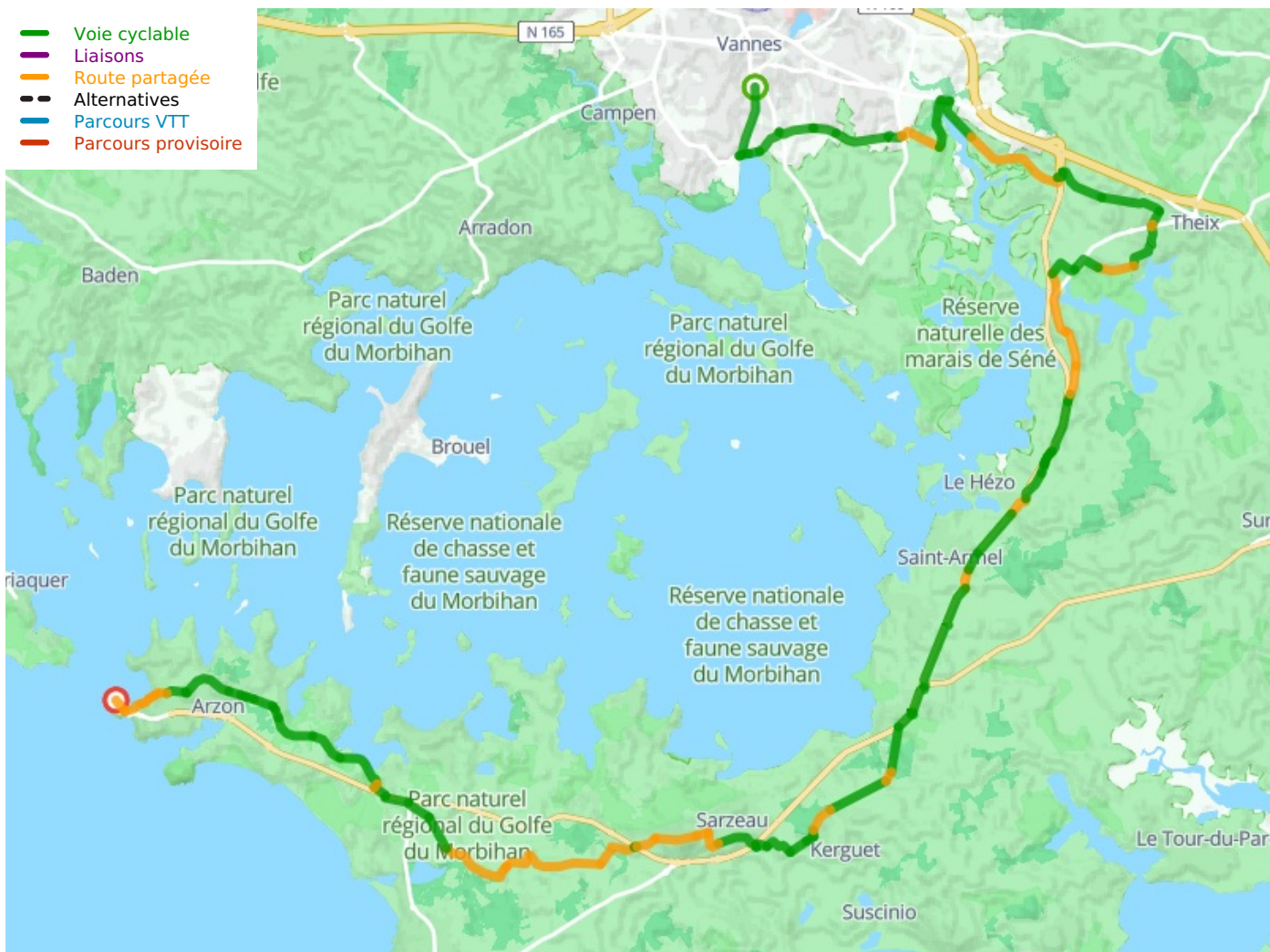
Arrivée
Port Navalo

Durée
1 h 56 min

Distance
44,26 Km

Niveau
I cycle often

Thématique
Seaside



A detailed map of the Vannes urban area, centered on the Loire-Normandie Canal. The canal is highlighted in blue and runs vertically through the center. To the left of the canal, the districts of FROMENTIN, TRUSSAC, and KERCADO are labeled. To the right, SAINT-PATERN, LE JOINTO, TOHANNIC, and CALMONT are shown. The map includes numerous streets, such as Rue Jérôme d'Arradon, Rue de Bonnes, Rue Winston Churchill, Rue de la Rabine, Rue Jean Martin, and Rue Jean-Baptiste de La Salle. Key landmarks like the Stade Jean-Marie Bécé, Collège Sacré-Cœur, Lycée général et technologique privé Saint-Paul, and the Université de Bretagne Occidentale are marked. The map also shows the 'Quartier de la Madeleine' and 'Vannes Place de la Libération'. The canal is bordered by green spaces and parks, including the 'Parc de la Rabine' and 'Parc de la Brise'. The map is oriented with North at the top.