

Montoire-sur-le-Loir / Ruillé-sur-Loir

The Vallée du Loir by bike



Back in the saddle, head to the intriguingly named village of Trôo, right by the Loir. Climbing from the waterside, discover troglodytic homes concealed in the riverbank. Next, after hugging the Loir for a time, the route moves furtively away from it at Couture-sur-Loir, where the birthplace of splendid 16th-century poet Ronsard stands out. Then comes the intense Jasnières wine area, before you enter the county of Sarthe at Ruillé-sur-Loir.

The route

Stage entirely along small country roads signposted "Vallée du Loir V47".

At Montoire, the way parts from the Saint-Jacques à Vélo route (which heads for Tours).

SNCF

[TIS network line 16 Ruillé-sur-Loir - Le Mans](#)

Tourist offices

- [Tourist information center of Montoire-sur-le-Loire](#) Tél. +33 (0)2 54 77 05 07
- [Tourist office of Trôo](#) Tél. +33 (0)2 54 72 87 50

Départ

Montoire-sur-le-Loir

Arrivée

Ruillé-sur-Loir

Durée

1 h 36 min

Distance

24,10 Km

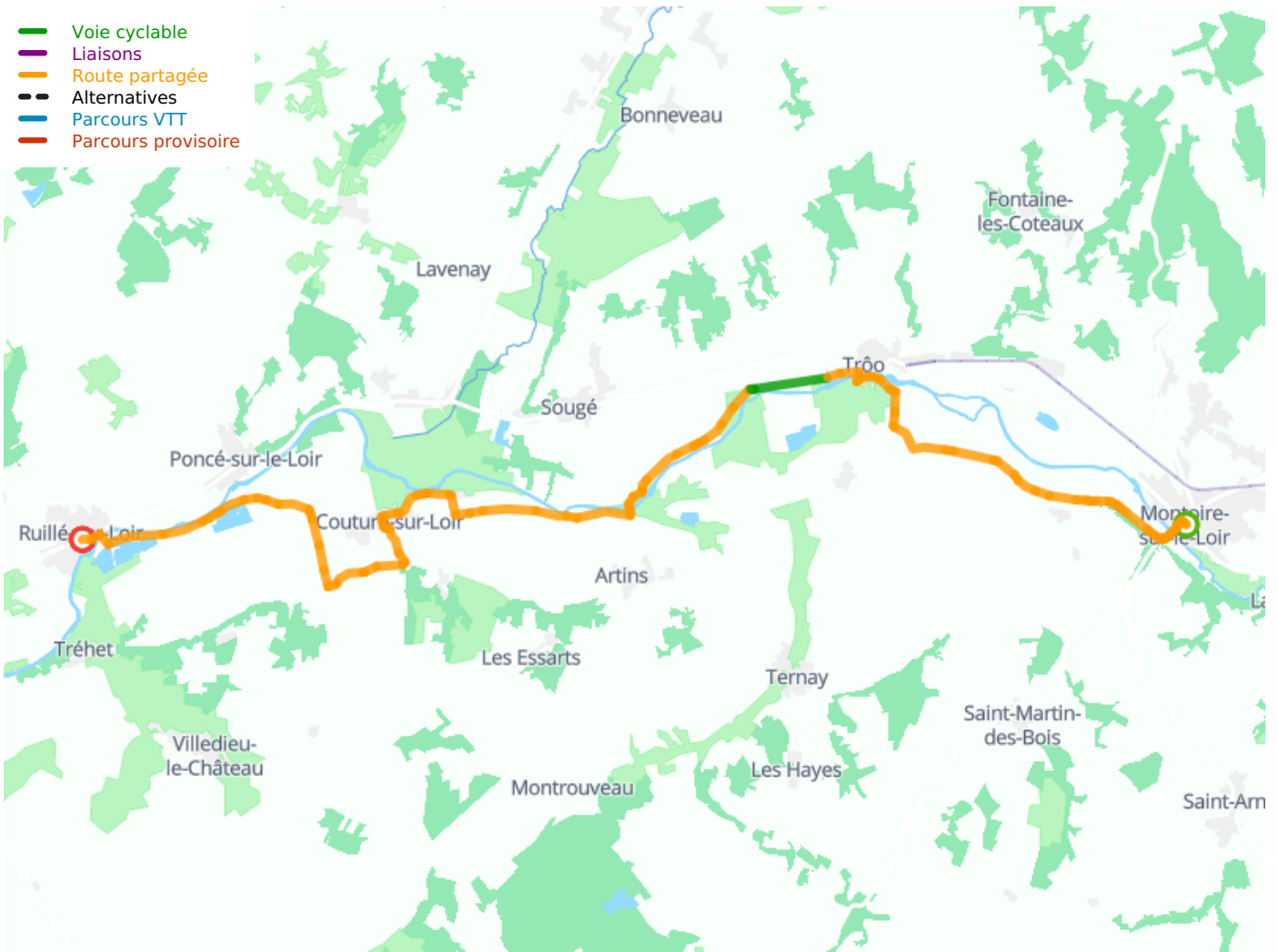
Niveau

I cycle often

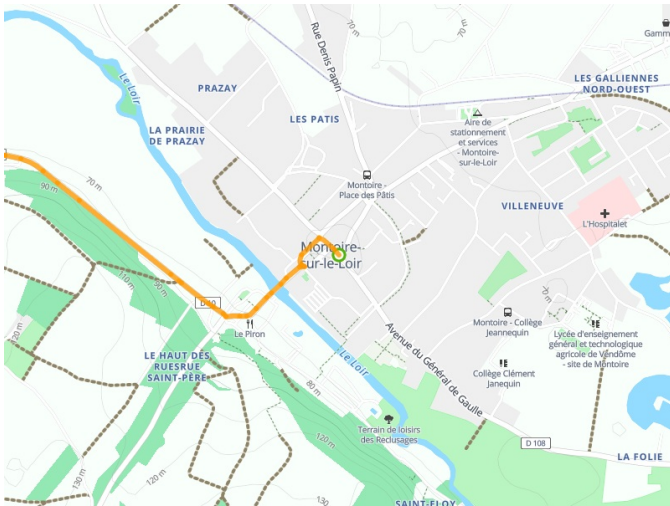
Thématique

Nature & small heritage

- Voie cyclable
- Liaisons
- Route partagée
- - - Alternatives
- Parcours VTT
- Parcours provisoire



Départ
Montoire-sur-le-Loir



Arrivée
Ruillé-sur-Loir

