

# Poligny / Chaumergy

## Tour du Jura Vélo - Loisirs

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**Départ**  
Poligny

**Arrivée**  
Chaumergy

**Durée**  
2 h 21 min

**Distance**  
40,45 Km

**Niveau**  
I cycle often

**Thématique**  
In the vineyards

This stage, setting out from Poligny, is the longest on the Tour du Jura Vélo Loisirs cycle route, cyclists notching up 42km. Given that the shift in altitude isn't too marked, you can tackle this stage without any particular difficulties in just a few hours. Riding out from the town known as the Capitale du Comté, you meander along the old Route des Vins du Jura, crossing several wine villages boasting typical regional stone-built houses. Cycling up gentle slopes, you climb rapidly to the Château de Frontenay, with its imposing 12th-century square towers, before heading on to Domblans, very close to the highly picturesque village of Château-Chalon, reputed for its distinctive Vin Jaune. Before leaving the vineyards behind, you cross the village of Arlay, site of one of the Jura's most beautiful castles, combining an 11th-century medieval fort with an 18th-century château. Next, you reach the area known as the Bresse Jurassienne, following the cycle route named after it, which guides you along a former stretch of railway line now transformed for cycling. You pass many lakes, a feature of the Bresse, taking in the villages of Villevieux, Bletterans, Desnes, Commenailles and, finally, Chaumergy, at the end of this stage.

## The Route

From Poligny, following the old Route des Vins du Jura on roads shared with motorized traffic, ride along the D259 road in the direction of Miéry, then turn right onto the D194 towards Saint-Lothain. Next, join the D57 for Passenans, followed by Frontenay and, finally, Domblans. Leaving the village of Domblans, turn left for La Muyre to take you to Saint-Germain-les-Arlay via a very small country road. Then you reach Arlay riding along the D120, which is fairly busy, so take good care. Leaving Arlay, follow signs for Juhans, cycling along a small road, continuing on to Ruffey-sur-Seille and Villevieux. There, join the Voie de la Bresse Jurassienne cycle route, sticking to it up to Chaumergy.

### Option Domblans > Baume les Messieurs (16km return journey - 112m + elevation)

Do you have time on your hands and are you keen to unearth one of the Jura's great gems? With this short additional option, you can ride just 16km to Baume-les-Messieurs and back to discover a splendid member of the association Les Plus Beaux Villages de France. Nestling at the back of a spectacular steephead valley (or reculée), the place may only boast around 200 souls now, but it remains one of the Jura's architectural jewels. Explore its Cluniac abbey dating back to the 11th century and its twisting lanes, then follow the path to the tufa limestone waterfall and natural caverns the size of cathedrals. On this cycling detour, also go and admire the village of Château-Chalon, another member of the association Les Plus Beaux Villages de France, looking down on the Haute-Seille Valley from its rocky outcrop.

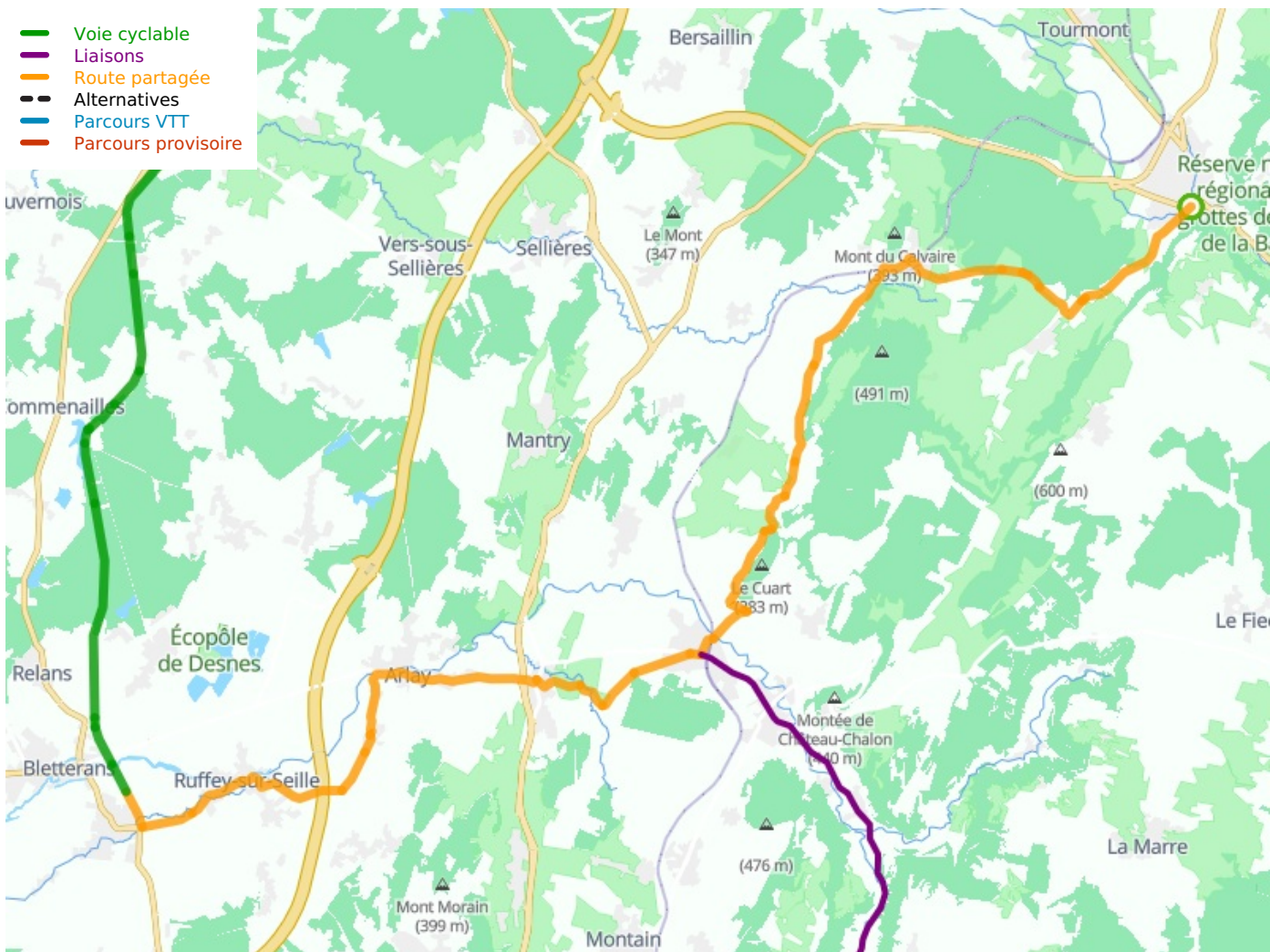
### Practical information

- Wide range of services in Domblans and Voiteur
- Train station at Domblans
- Accommodation available at Domblans, Voiteur,

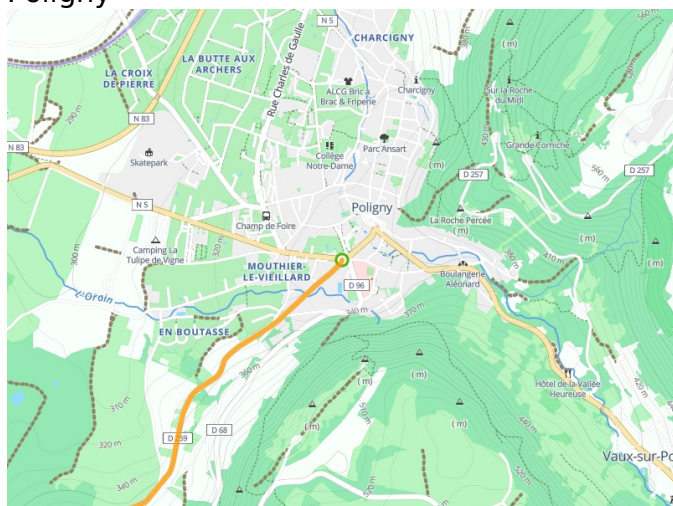
- Nevy-sur-Seille and Baume-les-Messieurs
- Bicycle hire possible at Voiteur (from the Tourist Office)

### **Don't miss**

- **Château-Chalon:** [Capital of Vin Jaune](#) and member of the association Les Plus Beaux Villages de France
- **Baume-les-Messieurs:** a member of the association Les Plus Beaux Villages de France, [Abbaye impériale de Baume-les-Messieurs](#), Reculée de Baume-les-Messieurs (an exceptional steephead valley), [Cascade de Baume-les-Messieurs](#) (a waterfall), [Grotte de Baume-les-Messieurs](#) (natural cavern)



## Départ Poligny



## Arrivée Chaumergy

