

# Ruillé-sur-Loir / Château-du-Loir

## Vallée du Loir à vélo

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**Départ**  
Ruillé-sur-Loir

**Arrivée**  
Château-du-Loir

**Durée**  
1 h 33 min

**Distance**  
23,28 Km

**Niveau**  
1 cycle often

**Thématique**  
In the vineyards, Nature &  
small heritage

The Vallée du Loir à Vélo starts its part in the county of Sarthe at Ruillé-sur-Loir, then goes to Château-du-Loir via La Chartre-sur-le-Loir and the wine-producing Coteaux du Loir slopes. Wine-lovers can enjoy discovering the rare Jasnières wines and Marçon vineyards. If you enjoy swimming, try Les Varennes Lake and its outdoor sports centre.

### The route

Along quiet roads signposted 'Vallée du Loir V47'. There are slopes to negotiate from Ruillé-sur-Loir to Marçon. Leaving Marçon, you cycle along beside Les Varennes Lake.

### Bus service

[TIS network Line 16 La Chartre sur Le Loir - Le Mans](#)

### [Vallée du Loir Tourist Information](#)

Tel. + 33 (0)2 43 94 02 53

### Don't miss

Ruillé-sur-Loir - Marçon - Poncé sur le Loir - La Chartre sur Le Loir - Château du Loir

— Voie cyclable

— Liaisons

Départ Sur route

Route Alternative

— Parcours VTT

— Parcours provisoire

Arrivée

Château-du-Loir