

Vélocéan from Pénestin to St-Molf

Vélocéan cycle route



Départ
Pénestin

Arrivée
St-Molf

Durée
1 h 36 min

Distance
22,59 Km

Niveau
I cycle often

Thématique
Seaside

This stage, heading south from the Vilaine Estuary, is classed as being for expert cyclists, with a lot of stretches going along the water's edge. The Pointe du Bile Headland is a great spot at which to stop and appreciate the maritime atmosphere. As to the Bay of Pont-Mahé, with its gently sloping beach, you'll see how it's a favourite for learner windsurfers.

Cycle route

This stage going on small roads through built-up areas and past old-style coastal villas.

Be careful not to be misled by signs for local cycle trails that can easily make you take a wrong route.

In holiday season, traffic can be heavy heading for the beaches.

At Pont-Mahé, there's a rough stretch of track.

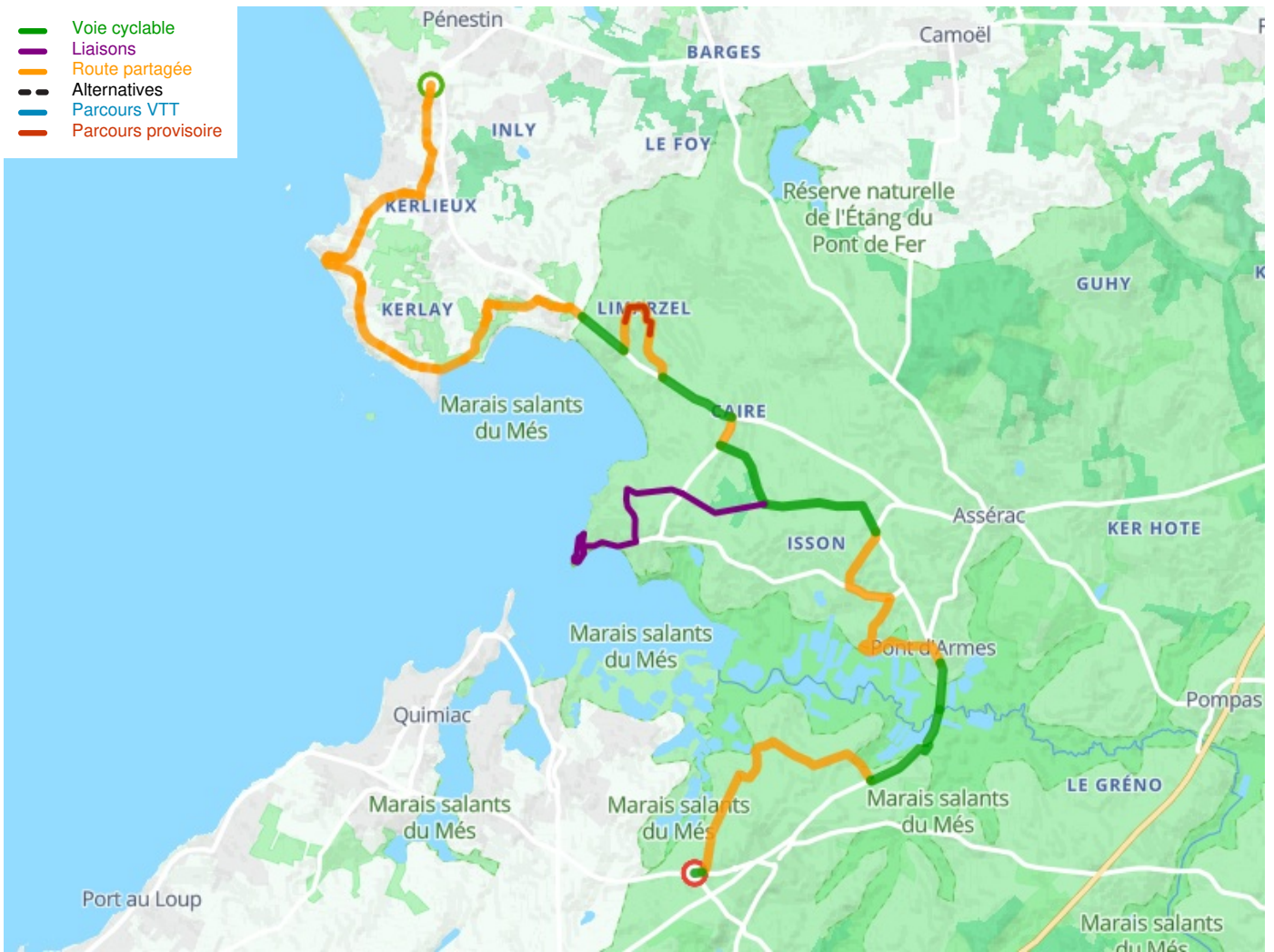
Tourist offices

- [Pénestin](#) : 02 99 90 37 74
- [St-Molf](#) : 02 40 62 58 99

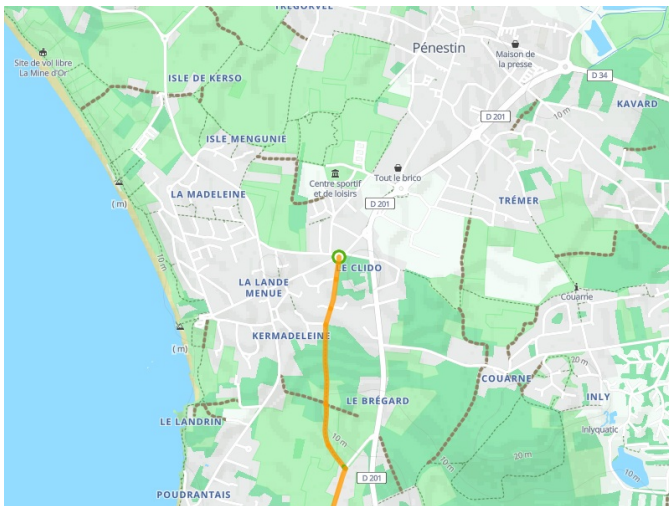
Don't miss

La Mine d'Or Beach; La Pointe du Bile Headland; Pont-Mahé Bay

- Voie cyclable
- Liaisons
- Route partagée
- - - Alternatives
- Parcours VTT
- Parcours provisoire



**Départ
Pénestin**



**Arrivée
St-Molf**

