

La Tranche-sur-Mer / Saint-Michel-en-l'Herm

Vendée Vélo Tour

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Départ La Tranche-sur-Mer	Arrivée Saint-Michel-en-l'Herm
Durée 2 h 00 min	Distance 23,81 Km
Niveau I begin / Family	Thématique Seaside

La Tranche-sur-Mer is the starting point for an enchanting cycling stage alongside the Atlantic. You ride through pine and holm oak forests beside the fine sandy beaches lining La Faute Peninsula to reach the picturesque port of L'Aiguillon. You might be tempted, especially if you're a foodie, to visit one of the oyster farms along the way. Next, cycle on beside the Lay River up to its estuary, from where the views are marvellous, before heading inland to Saint-Michel-en-l'Herm. A stop on the surprising Île de la Dive provides unique views over the Baie de l'Aiguillon.

The route

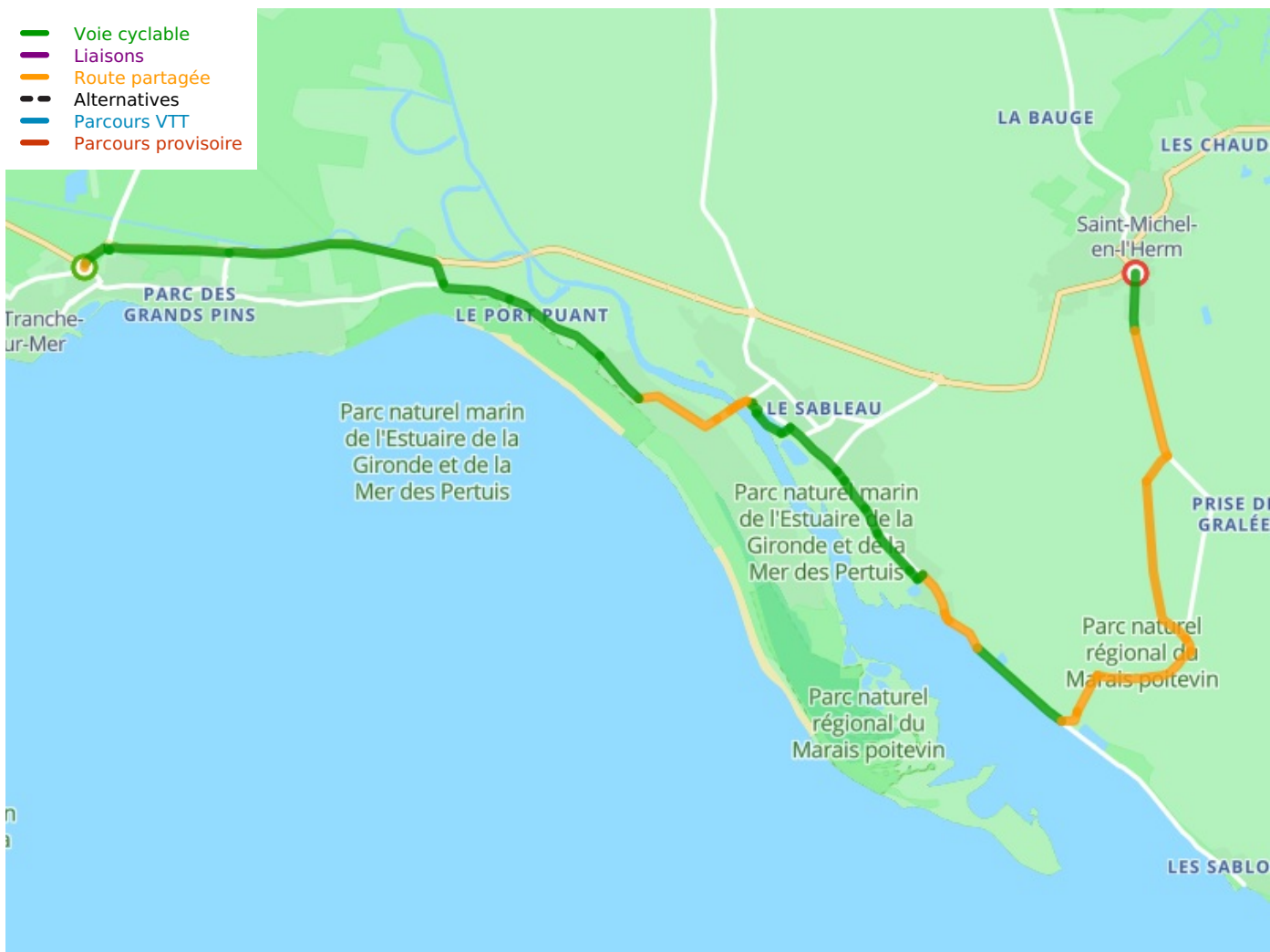
On this Vendée Vélo Tour stage, simply follow signs either for Vendée Vélo cycling network or for La Vélodyssée cycle route. The waymarking leads you right up to Saint-Michel-en-l'Herm. To join the route from the centre of the resort of La Tranche-sur-Mer, you need to get to the round-about, the Rond-point du Forcin. A safe cycle path guides you on as far as L'Aiguillon-la-Presqu'île. After the little bridge over the Lay River reserved for pedestrians and cyclists, you then cross the village of L'Aiguillon, heading in the direction of the Pointe de l'Aiguillon.

Don't miss

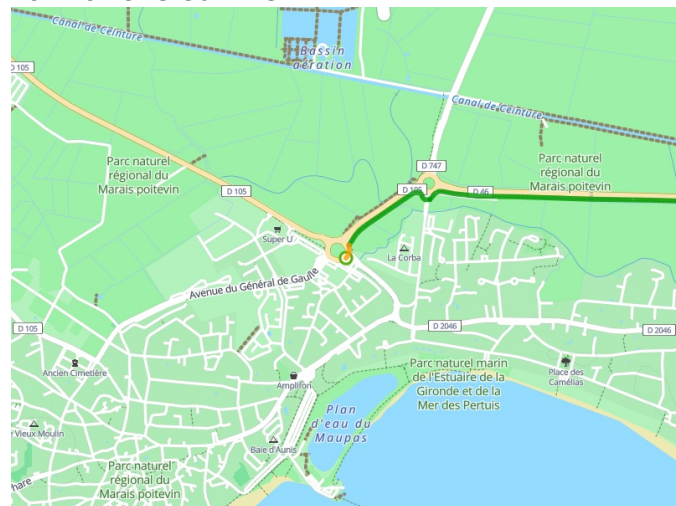
- **Réserve Naturelle Nationale de la Belle Henriette:** the lagoon here has created a rare natural environment, in unique landscapes set between land and sea. The way the area has been revived means it now sustains rich, important ecological functions that make the place of national and European interest. Discover this exceptional site to the full by making the most of the boardwalks, educational panels and online hiking commentary available.
- **L'Aiguillon-la-Presqu'île:** Aire d'Accueil et de Services vélos du Parc de La Presqu'île, a shaded area set up especially for cyclists, equipped with repair tool-kit if needed and offering a place for you to enjoy a well-deserved rest.

SNCF trains stations

- Note that there are no train stations along this stage.
- The closest train station is at the town of Luçon.



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Arrivée Saint-Michel-en-l'Herm

