

# Aigues-Mortes / Palavas-les-Flots

## ViaRhône



**Départ**  
Aigues-Mortes

**Arrivée**  
Palavas-les-Flots

**Durée**  
1 h 49 min

**Distance**  
27,34 Km

**Niveau**  
I cycle often

**Thématique**  
Seaside

This stage marks the end of the whole ViaRhône route, with the Mediterranean and its beaches beckoning, and very easily accessed by bike. First you need to cycle alongside the Canal du Rhône à Sète between Aigues-Mortes and Le Grau-du-Roi. Then you ride alongside the Mediterranean and its beaches, with lively resorts and activities all around. ViaRhône takes you meandering along the beachfront, between the sea and the salt lagoons behind. Have your swimsuits and towels at the ready!

### The route

From the centre of Aigues-Mortes, cross the canal via the D 718 road, then take the Rue du Port street on your left. It leads you on to the Canal du Rhône à Sète, which you ride alongside up to the entrance to Le Grau-du-Roi. Take care crossing through Le Grau-du-Roi, which is a bit complicated, especially as the way is not signposted for the time being. Then use the cycle track along the D 255 taking you to the Pont des Abîmes bridge. Next you continue along the seafront in the resort of La Grande-Motte, along a path shared with pedestrians, so take care. Lastly, join the lovely Lido cycle track linking La Grande-Motte to the resort of Carnon-Plage.

### Link

A cycle track leads right to the Plage de l'Espiguette, a huge, magnificent beach beyond Le Grau-du-Roi. From the centre of this port-resort, head to Place de la Fête Foraine, the square where the cycle track begins, leading you safely right to the Plage de l'Espiguette.

### SNCF train services

#### Aigues-Mortes train station

#### Grau du Roi train station

Line TER Nîme > Le Grau du Roi

